

Table 5. Resources for Assistance in Long-Term Abstinence from Alcohol Use

Al-Anon Family Groups

<http://www.al-anon-alateen.org>

Alcoholics Anonymous

<http://www.alcoholics-anonymous.org>

American Council on Alcoholism

<http://www.aca-usa.com>

National Council on Alcoholism and Drug Dependence

<http://www.ncadd.org>

National Institute on Alcohol Abuse and Alcoholism

<http://www.niaaa.nih.gov>

<http://rethinkingdrinking.niaaa.nih.gov>

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov>

Alcohol And Drugs Programmes Of Abstinence For Wo

Padhraic Smyth



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