

My Story

I had just turned 18 a couple of weeks before. I was in the middle of my A-levels and had just started seeing someone. I was naive and when the condom split, I didn't really know what to or where to go and so just left it. With hindsight that was a mistake!

I never told my parents as I didn't think they would understand and I thought they would make me keep it. But having an abortion was one of the best decisions of my life.

I now have a successful career and the opportunity to make a difference. I have the most amazing fiancé and I'm pregnant again and excited for the future.

I can't know what life would have been like if I hadn't had that opportunity 15 years ago. But it wouldn't have been the life I wanted. I never doubted that an abortion was the right choice for me and the person I was seeing at that time.

I passionately believe it's a choice all should be entitled to make.



15 Minutes The Story Of My Abortion

Rachel Sandford



15 Minutes The Story Of My Abortion:

Fifteen Minutes, the Story of My Abortion Tanya Hughson, 1988* **Grim Tale of Hypochondriac Heart** Nalinaksha Mutsuddi, 2019-07-02 Hypochondria It s an imaginary illness Illness is a physical condition How can it be unreal There are cases in actual life when a person obsessively believes that he or she is suffering from certain specific symptoms of a disease which do not exist Yes it can happen It happened to me a tragic victim of the adverse impact of ubiquitous ads This book is the story of how it began and how I passed through three long agonizing decades of suffering from acute chest pain and survived another forty plus years to recount the dour narrative **New Books on Women and Feminism** ,1989 **Scope and Myths of Roe V. Wade** United States. Congress. House. Committee on the Judiciary. Subcommittee on the Constitution, 2006 Quill & Quire ,1987 Small Press Record of Books in Print ,1986 **The wounded childhood** Sebastián León, 2024-10-01 1 We all carry the burden of childhood emotional wounds 2 Some of these wounds are circumstantial and minor whereas others are deep and chronic such as those that respond to experience of childhood mistreatment physical violence psychological violence sexual abuse parental negligence abandonment 3 These childhood emotional wounds by being open and not sufficiently healed tend to affect obstacle or interrupt adult life 4 Psychotherapy with adults can very well be understood from its roots as the joint process of healing the childhood emotional wounds 5 Speaking of the wounded childhood is acknowledging childhood as the most important period in the emotional construction of an individual 6 This does not imply ceasing to consider the emotional wounds whose origin comes from adolescence or adulthood 7 Childhood emotional wounds tend to occur in the context of early relationships with parents or caregivers as well as with siblings or other figures of the nuclear family It is also necessary to add the school environment 8 The wounded childhood refers especially to the complex relational trauma i e the intolerable and chronic suffering or pain that happens every day during development and frequently in the context of significant and close interpersonal relationships 9 If the wounded childhood is a mistreated childhood then its opposite is a well treated childhood 10 An upbringing based on good treatment and on an education for non violence are fundamental pillars of mental health *Dramatherapy with Families, Groups and Individuals* Sue Jennings, 1992-01-01 This book by one of the leaders in this exciting and relatively new field is the first to present a working framework for dramatherapists social workers family and marital therapists and others conducting groups This framework primarily deals with dramatherapy in the non clinical setting such as family centres residential children s homes social services resources and intermediate treatment centres Separate chapters cover current theory methodology and application in specific client areas including child abuse The author addresses work with children and adults both individually and in groups illustrated by case history examples A final chapter concentrates on the needs of the therapist and shows how dramatherapy can be used as a personal resource New York Magazine ,1993-02-15 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself

as the trusted resource for readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine s consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea

Voices of the Korean Comfort Women Chungmoo Choi,Hyunah Yang,2023-01-17 An innumerable number of young women were taken from Korea during the Pacific War to provide sexual services to Japanese soldiers These women including teenagers euphemistically referred to in Japanese documents as Comfort Women were shipped to the vastly expanded battlefronts throughout the Japan occupied territories covering Northern China to Myanmar and to the South Pacific Islands Many of these girls died were killed or abandoned during and after the war but a small percentage of them returned only to face yet another devastating war at home and lasting social stigma In *Voices of the Korean Comfort Women* nine survivors tell their traumatic life stories as to how they were taken how they had been treated with atrocities at the Comfort Stations and how they had survived through not only the Pacific War but also the Korean War and beyond These often harrowing personal testimonies are each expanded by the interviewer s observational notes thereby providing poignant contextual information This English translation of vital oral history underpinned with theoretically informed guides will be invaluable to students and scholars of Asian history the Pacific War and wartime sexual violence against women as well as those interested in historical trauma and human rights

Canadian Books in Print ,1988 *Bowker's Complete Video Directory* ,2000 *Congressional Record* United States. Congress,2017-06-08 *Unborn Victims of Violence Act of 2003 Or Laci and Conner's Law* United States. Congress. House. Committee on the Judiciary. Subcommittee on the Constitution,2003 *Bygone Binghamton* Jack Edward Shay,2012-06-27 Not Applicable A wraparound cover is being provided by the author

Scope and Myths of Roe V. Wade, Serial No. 109-84, Vol. 2, March 2, 2006, 109-2 Hearing, *,2006 *Weekly Medical Review* ,1887 **Live, Love, Forgive** Trudie Noah Clem,2011-09-30 Having overcome a shameful past Samantha called Sam yielded to premarital sex Gods mercy changed her life with a crisis pregnancy freeing her from shame Now a graphic artist she encounters a new client named David David adopted as a baby has his own emotional baggage of perfectionism and a performance centered life Sam is pushed into a business relationship designing a promotional portfolio for his entrepreneurial venture She finds herself physically and emotionally drawn struggling to keep herself centered in Gods purpose for her life How can Samantha help David realize his need to forgive his biological mother Will her honesty and strong faith help Sam stabilize her own boundaries and will David be able to become the man God has for Samantha

Pain-Capable Unborn Child Protection Act United States. Congress. House. Committee on the Judiciary,2013 *NICEM Update of Nonbook Media* National Information Center for Educational Media,1975

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