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fear of flying is a fear of being on an airplane or other flying vehicle such as a helicopter while in flight it is also referred to as flying anxiety flying phobia flight phobia aviophobia aerophobia or pteromerhanophobia although aerophobia also

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mar 6 2017 what is fear of flying as humans our relationship to flight has changed dramatically in the last century air travel has developed from a fantasy into a common and widely used mode of

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nov 22 2016 luckily fear of flying is treatable and there isn't a shortage of ways to deal with it there are of course personal strategies some of us don headphones or drink alcohol others take anti