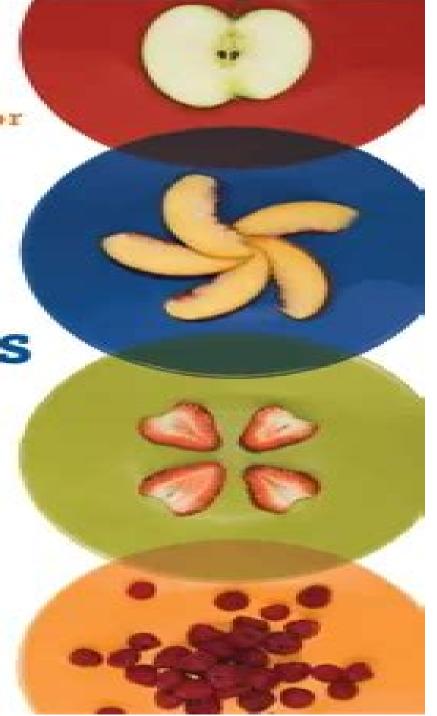
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fear of flying is a fear of being on an airplane or other flying vehicle such as a helicopter while in flight it is also referred to as flying anxiety flying phobia flight phobia aviophobia aerophobia or pteromerhanophobia although aerophobia also overcoming fear of flying tips medication and more healthline - Jul 22 2023

mar  $6\ 2017$  what is fear of flying as humans our relationship to flight has changed dramatically in the last century air travel has developed from a fantasy into a common and widely used mode of

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nov 22 2016 luckily fear of flying is treatable and there isn t a shortage of ways to deal with it there are of course personal strategies some of us don headphones or drink alcohol others take anti