

# The Couples Psychotherapy

## PROGRESS NOTES PLANNER

This timesaving resource features:

- Progress notes components for 35 behaviorally based presenting problems that correlate with *The Couples Psychotherapy Treatment Planner, Second Edition*
- Over 1,000 prewritten progress notes describing client presentation and interventions implemented
- Prewritten progress notes that can be quickly adapted to fit a particular client need or treatment situation
- Incorporates new progress notes language consistent with evidence-based treatment interventions

**DAVID J. BERGHUIS AND ARTHUR E. JONGSMA, JR.**

# Couples Psychotherapy Progress Notes Planner

**James R. Finley, Brenda S. Lenz**



## **Couples Psychotherapy Progress Notes Planner:**

*The Couples Psychotherapy Progress Notes Planner* Arthur E. Jongsma, Jr., David J. Berghuis, 2011-04-06 The Couples Psychotherapy Progress Notes Planner Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Couples Psychotherapy Treatment Planner Second Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 35 behaviorally based presenting problems including loss of love and affection depression due to relationship problems jealousy job stress financial conflict sexual dysfunction blame and intimate partner violence Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR TM diagnostic categories in The Couples Psychotherapy Treatment Planner Second Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Presents new and updated information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA *The Adult Psychotherapy Progress Notes Planner* David J. Berghuis, Arthur E. Jongsma, Jr., 2004-05-07 The Adult Psychotherapy Progress Notes Planner Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner Third Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 42 main presenting problems including anger management chemical dependence depression financial stress low self esteem and Obsessive Compulsive Disorder OCD Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR TM diagnostic categories in The Complete Adult Psychotherapy Treatment Planner Third Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA *The Couples Psychotherapy Progress Notes Planner* David J. Berghuis, Arthur E. Jongsma, 2003-07-03 The Couples Psychotherapy Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Couples Psychotherapy Treatment Planner The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 31 main presenting problems that range from alcohol abuse anxiety and dependency to eating disorders and depression stemming from relationship problems Features over 1 000 prewritten progress notes summarizing patient presentation themes of sessions and treatment delivered Provides an array of

treatment approaches that correspond with the behavioral problems and DSM IV TR diagnostic categories in The Couples Psychotherapy Treatment Planner Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA

**The Complete Anxiety Treatment and Homework Planner** David J. Berghuis, 2004-05-10 Utilizing the methodology of the bestselling PracticePlanners series The Complete Anxiety Treatment and Homework Planner provides an all in one resource for treating anxiety and anxiety related disorders saving time and paperwork while allowing you the freedom to develop established and proven treatment plans for adults children adolescents and other subgroups and populations Includes a wide range of behavioral definition statements describing client symptoms as well as 25 customizable homework and activity assignments to be used during treatment Provides long term goals short term objectives and recommended interventions as well as DSM IV TR TM diagnostic suggestions associated with each presenting problem Ready to copy exercises cover the most common issues encountered by a wide range of client groups struggling with anxiety and anxiety related disorders A quick reference format the interactive assignments are grouped by patient type such as employee school based child adolescent addicted adult acute inpatient and more Expert guidance on how and when to make the most efficient use of the exercises Includes access to ancillary Web site with downloadable resources including sample treatment plans and customizable homework exercises

*The Family Therapy Progress Notes Planner* Arthur E. Jongsma, Jr., David J. Berghuis, 2010-07-06 The Bestselling treatment planning system for mental health professionals The Family Therapy Progress Notes Planner Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Family Therapy Treatment Planner Second Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 40 behaviorally based presenting problems including family of origin interference depression in family members divorce financial conflict adolescent and parent hostility friction within blended families traumatic life events and dependency issues Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR TM diagnostic categories in The Family Therapy Treatment Planner Second Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Presents new and updated information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA

**The Adult Psychotherapy Progress Notes Planner** Arthur E. Jongsma, Jr., Katy Pastoor, David J. Berghuis, 2021-05-11 The Adult Psychotherapy PROGRESS NOTES PLANNER PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS Fully revised and updated throughout The Adult Psychotherapy Progress Notes Planner Sixth Edition enables practitioners to

quickly and easily create progress notes that completely integrate with a client's treatment plan. Each of the more than 1,000 prewritten session and patient presentation descriptions directly link to the corresponding behavioral problem contained in The Complete Adult Psychotherapy Treatment Planner, Sixth Edition. Organized around 44 behaviorally based problems aligned with DSM-V diagnostic categories, the Progress Notes Planner covers an extensive range of treatment approaches for anxiety, bipolar disorders, attention deficit hyperactivity disorder, ADHD, dependency, trauma, cognitive deficiency, and more. Part of the market-leading Wiley PracticePlanners series, The Adult Psychotherapy Progress Notes Planner will save you hours of time by allowing you to rapidly adapt your notes to each individual patient's behavioral definitions, symptom presentations, or therapeutic interventions. An essential resource for psychologists, therapists, counselors, social workers, psychiatrists, and other mental health professionals working with adult clients, The Adult Psychotherapy Progress Notes Planner provides more than 8,000 prewritten, easy-to-modify progress notes summarizing patient presentation and the interventions implemented within the session. Features sample progress notes conforming to the requirements of most third-party health care payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA. Include a brand-new chapter that coordinates with the Treatment Planner's chapter on loneliness. Additional resources in the PracticePlanners series. Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-5 diagnoses. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners, including our full line of Treatment Planners, visit us on the Web at [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners).

**The Child Psychotherapy Progress Notes Planner** Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, David J. Berghuis, 2004-05-21. The Child Psychotherapy Progress Notes Planner, Second Edition, contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Child Psychotherapy Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes. Organized around 33 main presenting problems that range from blended family problems and children of divorce to ADHD, attachment disorder, academic problems, and speech and language disorders. Features over 1,000 prewritten progress notes summarizing patient presentation, themes of session, and treatment delivered. Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR diagnostic categories in The Child Psychotherapy Treatment Planner, Third Edition. Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA.

**The Child Psychotherapy Progress Notes Planner** Arthur E. Jongsma, Jr., Katy Pastoor, David J. Berghuis, Timothy J. Bruce, 2023-03-01. Create effective treatment plans for children quickly and efficiently. The newly revised sixth edition of the Child Psychotherapy Treatment Planner is a

timesaving easy to use reference for practitioners seeking to clarify simplify and accelerate the treatment planning process so you can spend less time on paperwork and more time with your clients Each chapter begins with a new evidence based Short Term Objective and two new Therapeutic Interventions emphasizing evidence based and empirically supported interventions likely to be effective and meaningful in therapy The latest edition also contains new and revised evidence based Objectives and Interventions more professional resources and best practice citations for the non EBT chapter content and more suggested homework assignments The book also offers Two entirely new chapters Bullying Victim and Disruptive Mood Dysregulation Disorder An updated self help book list in the Bibliotherapy Appendix A Integrated DSM 5 ICD 10 diagnostic labels and codes in the Diagnostic Suggestions section of each chapter Updated and expanded references to research supporting the evidence based content contained within An essential resource promoting the efficient use of practitioner time the Child Psychotherapy Treatment Planner belongs in the libraries of clinicians responsible for the development of treatment plans for children      **Adult Psychotherapy Homework Planner** Arthur E. Jongsma, Jr., Timothy J.

Bruce, 2021-12-09 Facilitate your client s involvement in change with 98 ready to print homework assignments The newly updated Sixth Edition of the Adult Psychotherapy Homework Planner offers practitioners a wide variety of ready to use assignments for adult clients in almost every therapeutic mode Designed to be used with the Complete Adult Psychotherapy Treatment Planner Sixth Edition this planner saves time and energy otherwise spent studying finding or writing custom assignments for each client The book is organized as a quick reference with assignments grouped by behavioral problems like depression anxiety eating disorders and more It includes expert guidance on how and when to make the most productive use of the exercises and is extensively cross referenced to the corresponding treatment planner This powerful resource includes 92 ready to copy customizable homework assignments that facilitate adult therapy Cross references for each homework assignment to presenting problems from the Complete Adult Psychotherapy Treatment Planner Sixth Edition New downloadable assignments from a supplementary online portal New homework assignments for opioid related disorders and clients experiencing loneliness Perfect for psychologists therapists counselors social workers and psychiatrists the latest edition of the Adult Psychotherapy Homework Planner is an indispensable resource for any mental health professional who works with adult clients      Adult Psychotherapy Homework Planner David J. Berghuis, 2011-03-01 PracticePlanners The Bestselling treatment planning system for mental health professionals Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Adult Psychotherapy Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 79 ready to copy exercises covering the most common issues encountered by adult clients including such problems as chemical dependence grief financial stress and low self esteem A quick reference format the interactive assignments are grouped by behavioral problems including anxiety sleep disturbance Posttraumatic Stress

Disorder Obsessive Compulsive Disorder dissociation and eating disorders Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Complete Adult Psychotherapy Treatment Planner Fourth Edition so you can quickly identify the right exercise for a given situation or problem A CD ROM that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs Additional resources in the PracticePlanners series Treatment Planners cover all the necessary elements for developing formal treatment plans including detailed problem definitions long term goals short term objectives therapeutic interventions and DSM diagnoses Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners For more information on our PracticePlanners products including our full line of Treatment Planners visit us on the Web at [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners) **The Adolescent Psychotherapy**

**Progress Notes Planner** Arthur E. Jongsma, Jr., Katy Pastoor, David J. Berghuis, Timothy J. Bruce, 2024-01-11 Save hours of time consuming paperwork with the bestselling planning system for mental health professionals The Adolescent Psychotherapy Progress Notes Planner Sixth Edition provides more than 1 000 complete prewritten session and patient descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner Sixth Edition Each customizable note can be quickly adapted to fit the needs of particular client or treatment situation An indispensable resource for psychologists therapists counselors social workers psychiatrists and other mental health professionals working with adolescent clients The Adolescent Psychotherapy Progresss Notes Planner Sixth Edition Provides over 1 000 prewritten progress notes describing client presentation and interventions implemented Covers a range of treatment options that correspond with the behavioral problems and current DSM TR diagnostic categories in the corresponding Adolescent Psychotherapy Treatment Planner Incorporates DSM 5 TR specifiers and progress notes language consistent with evidence based treatment interventions Addresses more than 35 behaviorally based presenting problems including social anxiety suicidal ideation conduct disorder chemical dependence bipolar disorder low self esteem ADHD eating disorders and unipolar depression Includes sample progress notes that satisfy the requirements of most third party payors and accrediting agencies including JCOA CARF and NCQA Features new and updated information on the role of evidence based practice in progress notes writing and the status of progress notes under HIPAA The Addiction Progress Notes Planner David J.

Berghuis, 2005-08-11 The Addiction Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Addiction Treatment Planner Third Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 41 main presenting problems that range from opioid dependence to new chapters in this edition covering such co occurring disorders as chronic pain dangerousness lethality and self care deficits Features over 1 000 prewritten progress notes summarizing patient

presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR diagnostic categories in The Addiction Treatment Planner Third Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA

**The Adolescent Psychotherapy Progress Notes Planner** David J. Berghuis, L. Mark Peterson, William P. McInnis, Arthur E. Jongsma, Jr., 2014-03-17 Save hours of time consuming paperwork with the bestselling therapist's resource The Adolescent Psychotherapy Progress Notes Planner Fifth Edition contains more than 1 000 complete prewritten session and patient descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner Fifth Edition The prewritten notes can be easily and quickly adapted to fit a particular client need or treatment situation The Fifth Edition Provides an array of treatment approaches that correspond with the behavioral problems and new DSM 5 diagnostic categories in the corresponding companion Treatment Planner Organizes treatment for over 30 main presenting problems including conduct disorder chemical dependence low self esteem suicidal ideation ADHD sexual acting out and eating disorders Provides over 1 000 prewritten progress notes summarizing patient presentation and treatment delivered Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including The Joint Commission COA CARF and NCQA Saves clinicians hours of time consuming paperwork yet offers the freedom to develop customized progress notes Presents new and update information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA

*The Addiction Progress Notes Planner* David J. Berghuis, Katy Pastoor, Arthur E. Jongsma, Jr., 2022-05-03 An invaluable practice resource for practitioners engaged in addictions treatment In The Addiction Progress Notes Planner Sixth Edition a team of distinguished mental health professionals delivers complete pre written session and patient presentation descriptions for every behavioral problem in the Addictions Treatment Planner Sixth Edition Each note can be simply and quickly adapted to fit a real world client need or treatment situation while remaining completely unified with the client's treatment plan This new edition offers new and revised evidence based objectives and interventions organized around 46 behavior based presentations including alcoholism nicotine dependence substance abuse problem gambling eating disorders and sexual addictions The resource also offers A wide array of treatment approaches that correspond to the behavioral problems and DSM V diagnostic categories included in the Addiction Treatment Planner Sixth Edition Sample progress notes conforming to the requirements of most third party payors and accrediting agencies including CARF TJC COA and the NCQA Brand new chapters on Opioid Use Disorder Panic Agoraphobia and Vocational Stress The Addiction Progress Notes Planner is an indispensable practice aid for addictions counselors mental health counselors social workers psychologists psychiatrists and anyone else treating clients suffering from addictions

**Addiction Treatment Homework Planner** James R. Finley, Brenda S. Lenz, 2009-06-03 Practice Planners The Bestselling treatment planning system for mental health professionals Help clients suffering from chemical and

nonchemical addictions develop the skills they need to work through problems The Addiction Treatment Homework Planner Fourth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features Revised homework assignments reflecting clients stages of readiness and change New appendices to help you select exercises based on American Society of Addiction Medicine ASAM criteria 88 ready to copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions such as anxiety impulsivity childhood trauma dependent traits and occupational problems A quick reference format the interactive assignments are grouped by behavioral problems including alcoholism nicotine dependence and substance abuse as well as those problems that do not involve psychoactive substances such as problem gambling eating disorders and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Addiction Treatment Planner Fourth Edition so you can quickly identify the right exercise for a given situation or problem A CD ROM that contains all the exercises in Microsoft Word format allowing you to customize them to suit you and your clients unique styles and needs Note CD ROM DVD and other supplementary materials are not included as part of eBook file *Group Therapy Homework Planner* Louis J. Bevilacqua, David J.

Berghuis, 2016-07-05 Help clients in group therapy develop the skills they need to work through problems Group Therapy Homework Planner provides you with an array of ready to use between session assignments designed to help clients in group therapy This easy to use sourcebook features 79 ready to copy exercises covering the most common issues encountered in group therapy A quick reference format the interactive assignments are grouped by behavioral problem such as anxiety bulimia chemical dependence and depression Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Group Therapy Treatment Planner so you can quickly identify the right exercise for a given situation or behavioral problem Downloadable content that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs **The Adolescent**

**Psychotherapy Treatment Planner** David J. Berghuis, L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2014-02-03 The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including conduct disorder substance use low self esteem suicidal ideation ADHD and eating disorders Organized around 36 behaviorally based presenting problems including peer sibling conflict school violence sexual abuse and others Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and

accrediting agencies including CARF The Joint Commission TJC COA and the NCQA      **The Child Psychotherapy Treatment Planner** David J. Berghuis, L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2014-01-28 A time saving resource fully revised to meet the changing needs of mental health professionals The Child Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including anxiety attachment disorder gender identity disorder and more Organized around 35 behaviorally based presenting problems including academic problems blended family problems children of divorce ADHD and more Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA      *The College Student Counseling Treatment Planner* Camille Helkowski, Chris E. Stout, David J. Berghuis, 2004-04-08 The College Student Counseling Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal review agencies Saves you hours of time consuming paperwork yet offers the freedom to develop customized treatment plans for young adult clients Organized around 28 main presenting problems from academic performance anxiety and financial stress to depression suicidal ideation and chemical dependence Over 1 000 well crafted clear statements describe the behavioral manifestations of each relational problem long term goals short term objectives and clinically tested treatment options Easy to use reference format helps locate treatment plan components by behavioral problem or DSM IV TR TM diagnosis Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including HCFA JCAHO and NCQA      *The Complete Adult Psychotherapy Treatment Planner* David J. Berghuis, L. Mark Peterson, Timothy J. Bruce, 2014-01-28 A time saving resource fully revised to meet the changing needs of mental health professionals The Complete Adult Psychotherapy Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions including anger control problems low self esteem phobias and social anxiety Organized around 43 behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and more Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem or DSM 5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC

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