



Aging And Cognition

**Roberto Cabeza, Lars Nyberg, Denise
Park**



Aging And Cognition:

The Handbook of Aging and Cognition Fergus I.M. Craik, Timothy A. Salthouse, 2011-03-15 Cognitive aging is a flourishing area of research. A significant amount of new data, a number of new theoretical notions and many new research issues have been generated in the past ten years. This new edition reviews new findings and theories, enables the reader to assess where the field is today and evaluates its points of growth. The chapters are organized to run from reviews of current work on neuroimaging, neuropsychology, genetics, and the concept of brain reserve through the mainstream topics of attention, memory, knowledge, and language to a consideration of individual differences and of cognitive aging in a lifespan context. This edition continues to feature the broad range of its predecessors while also providing critical assessments of current theories and findings.

Cognitive Neuroscience of Aging Roberto Cabeza, Lars Nyberg, Denise Park, 2009-04-24 Until very recently, our knowledge about the neural basis of cognitive aging was based on two disciplines that had very little contact with each other. Whereas the neuroscience of aging investigated the effects of aging on the brain independently of age-related changes in cognition, the cognitive psychology of aging investigated the effects of aging on cognition independently of age-related changes in the brain. The lack of communication between these two disciplines is currently being addressed by an increasing number of studies that focus on the relationships between cognitive aging and cerebral aging. This rapidly growing body of research has come to constitute a new discipline which may be called cognitive neuroscience of aging. The goal of Cognitive Neuroscience of Aging is to introduce the reader to this new discipline at a level that is useful to both professionals and students in the domains of cognitive neuroscience, cognitive psychology, neuroscience, neuropsychology, neurology, and other related areas. This book is divided into four main sections. The first section describes noninvasive measures of cerebral aging, including structural (e.g., volumetric MRI), chemical (e.g., dopamine PET), electrophysiological (e.g., ERPs) and hemodynamic (e.g., fMRI) and discusses how they can be linked to behavioral measures of cognitive aging. The second section reviews evidence for the effects of aging on neural activity during different cognitive functions, including perception and attention, imagery, working memory, long-term memory, and prospective memory. The third section focuses on clinical and applied topics, such as the distinction between healthy aging and Alzheimer's disease and the use of cognitive training to ameliorate age-related cognitive decline. The last section describes theories that relate cognitive and cerebral aging, including models accounting for functional neuroimaging evidence and models supported by computer simulations. Taken together, the chapters in this volume provide the first unified and comprehensive overview of the new discipline of cognitive neuroscience of aging.

The Handbook of Aging and Cognition Fergus I. M. Craik, Timothy A. Salthouse, 1992 The study of age-related changes in cognitive processes is flourishing as never before, making the area an exciting one for a growing number of researchers. In addition, cognitive aging research is moving out from its traditional roots in experimental and developmental psychology, creating increased contact with cognitive neuropsychology and cognitive neuroscience. To reflect these changes in the field

this volume includes chapters on abnormal aging the neuroscience of aging and applied cognitive psychology along with the core section on basic cognitive processes While other recent compilations of research in this area have given relatively brief overviews of the literature the contributors were given space to review each topic in depth asked to evaluate the field not simply their own contributions and to provide critical commentaries from their personal perspectives Couched most often in terms of cognitive or information processing models the general perspective of the contributors is a biologically based account of aging This shared viewpoint gives the volume particular coherence in its treatment of theories and data Topics covered include age differences in attention perception memory knowledge representation reasoning and language as well as their neuropsychological and neurological correlates and practical implications *Cognitive Aging* Denise Park, Nobert Schwarz, 2012-12-06 As our society ages the topic of cognitive aging is becoming increasingly important This volume provides an accessible overview of how the cognitive system changes as a function of normal aging Building on the successful first edition this volume provide an even more comprehensive coverage of the major issues affecting memory attention language speech and other aspects of cognitive functioning The essential chapters from the first edition have been thoroughly revised and updated and new chapters have been introduced which draw in neuroscience studies and more applied topics In addition contributors were encouraged to ensure their chapters are accessible to students studying the topic for the first time This therefore makes the volume appealing as a textbook on senior undergraduate and graduate courses

Aging and Cognition E.A. Lovelace, 1990-12-11 Presented in this volume is a discussion of current literature and theoretical issues relating to three aspects of late life age related cognitive change Firstly evidence regarding aging and the basic mental processes of attention motor control memory language problem solving and intelligence are presented Secondly the role of personal traits such as personality and self efficacy in the aging of cognitive function are developed along with self awareness of cognitive processes and age changes in the monitoring of these processes Thirdly consideration is given to the study of interventions to delay or remediate the cognitive declines of aging *Multiple Pathways of Cognitive Aging* Grzegorz Sedek, Thomas M. Hess, Dayna R. Touron, 2022 *Multiple Pathways of Cognitive Aging* explores adaptive functioning in later life It considers both the factors underlying individual differences in late life cognitive change as well as the nature of the compensatory mechanisms developed by most successful and active middle aged and older adults

Health and Cognition in Old Age Anja K. Leist, Jenni Kulmala, Fredrica Nyqvist, 2014-07-14 In recent years the aim of research on aging has shifted from prolonging life to fostering healthy and cognitively robust old age In order to improve the quality of life of older people we need to better understand cognitive aging as well as bodily aging *Health and Cognition in Old Age* assembles the cream of research across varied medical mental health and social disciplines and demonstrates how this knowledge can lead to improved outcomes for older people The first half of this expert volume discusses biomedical and life course factors in aging particularly as they affect cognition and well being in later life From there effective solutions are the focus

interventions and care programs to improve mental functioning and general quality of life and current policy and practice ideas in promoting healthy active and cognitively robust aging Together these diverse chapters offer a multi faceted approach to understanding and modifying what was formerly the inevitable course of growing old A sampling of the coverage How the aging process affects the immune system Occupational gerontology work related determinants of old age health and functioning Social behavioral and contextual influences on cognitive function and decline Lifestyle factors in the prevention of dementia Understanding long term care outcomes conventional and behavioral economics Social capital mental well being and loneliness in older people For gerontologists sociologists social workers health psychologists and others working to improve older people s lives Health and Cognition in Old Age brings expertise versatility and confidence to the table

Aging and Cognition T.M. Hess,1990-10-09 During the past two decades there has been a dramatic increase in interest in the study of aging related changes in cognitive abilities In this volume researchers from a variety of theoretical perspectives discuss adult age differences in a wide range of cognitive skills Of special interest is the extent to which aging effects on performance are related to variations in the representation organization and utilization of knowledge broadly defined Recent research and theory in the field of aging has emphasized the need to examine such processes more closely in order to provide a more complete understanding of aging effects on cognitive behavior **Aging and Cognition** Hayden B. Bosworth,Christopher K. Hertzog,2009 As the world s population ages the study of aging and its effects on cognition becomes increasingly important Aging and Cognition Research Methodologies and Empirical Advances takes an interdisciplinary look at cognitive aginghow it happens and how to study it The first part of the book explores methods for measuring cognitive change including how to study cohort effects How can we account for differences in cognitive performance from one cohort to another Should we assume factor invariance across cohorts or time These issues are treated in the context of new and existing empirical research making the discussion of methodological issues more concrete and accessible The second part of the book explores the social and psychological factors associated with cognitive aging For example to what extent do socioeconomic status optimism and personal sense of control affect aging Is the controversial use it or lose it theory of cognition valid Finally the concluding section explores how to use research findings to improve the everyday functioning of adults a challenging task because everyday functioning relies on complex cognitive tasks and most cognitive research measures only basic cognitive tasks The chapter in this final section uses medication adherence as an example of deriving real world solutions from cognitive research results With its emphasis on social and contextual factors that influence aging this book showcases both substantive and methodological developments in the field It will be useful to everyone who studies aging and cognition Jacket PsycINFO Database Record c 2009 APA all rights reserved *Cognitive Aging* Institute of Medicine,Board on Health Sciences Policy,Committee on the Public Health Dimensions of Cognitive Aging,2015-07-21 For most Americans staying mentally sharp as they age is a very high priority Declines in memory and

decision making abilities may trigger fears of Alzheimer's disease or other neurodegenerative diseases. However, cognitive aging is a natural process that can have both positive and negative effects on cognitive function in older adults, effects that vary widely among individuals. At this point in time when the older population is rapidly growing in the United States and across the globe, it is important to examine what is known about cognitive aging and to identify and promote actions that individuals, organizations, communities, and society can take to help older adults maintain and improve their cognitive health.

Cognitive Aging assesses the public health dimensions of cognitive aging with an emphasis on definitions and terminology, epidemiology, and surveillance, prevention, and intervention, education of health professionals, and public awareness and education. This report makes specific recommendations for individuals to reduce the risks of cognitive decline with aging. Aging is inevitable, but there are actions that can be taken by individuals, families, communities, and society that may help to prevent or ameliorate the impact of aging on the brain, understand more about its impact, and help older adults live more fully and independent lives. Cognitive aging is not just an individual or a family or a health care system challenge. It is an issue that affects the fabric of society and requires actions by many and varied stakeholders. Cognitive Aging offers clear steps that individuals, families, communities, health care providers, and systems, financial organizations, community groups, public health agencies, and others can take to promote cognitive health and to help older adults live fuller and more independent lives. Ultimately, this report calls for a societal commitment to cognitive aging as a public health issue that requires prompt action across many sectors.

Theoretical Perspectives on Cognitive Aging Timothy A. Salthouse, 1991. First Published in 1991. Routledge is an imprint of Taylor Francis, an informa company. *Perspectives on Cognitive Change in Adulthood and Aging* Fredda Blanchard-Fields, Thomas M. Hess, 1996. This upper level text for advanced undergraduate students addresses cognitive and intellectual changes in adulthood and ageing. Chapters cover such topics as foundations, intelligence, information processing, memory, and cognition in context.

Adult Cognition Timothy A. Salthouse, 2012-12-06. For some time now, the study of cognitive development has been far and away the most active discipline within developmental psychology. Although there would be much disagreement as to the exact proportion of papers published in developmental journals that could be considered cognitive, 50% seems like a conservative estimate. Hence, a series of scholarly books devoted to work in cognitive development is especially appropriate at this time. The Springer Series in Cognitive Development contains two basic types of books: namely, edited collections of original chapters by several authors and original volumes written by one author or a small group of authors. The flagship for the Springer Series is a serial publication of the advances type, carrying the subtitle *Progress in Cognitive Development Research*. Volumes in the Progress sequence are strongly thematic in that each is limited to some well-defined domain of cognitive developmental research, e.g., logical and mathematical development, semantic development. All Progress volumes are edited collections. Editors of such books, upon consultation with the Series Editor, may elect to have their works published either as contributions to the Progress sequence or as separate

volumes All books written by one author or a small group of authors will be published as separate volumes within the series A fairly broad definition of cognitive development is being used in the selection of books for this series

Cognition, Aging and Self-Reports Norbert Schwarz, Denise Park, Barbel Knauper, Seymour Sudman, 1998-09-28 This text provides an overview of age related changes in cognitive functioning and explores the implications of these changes for the self report of attitudes and behaviours

New Frontiers in Cognitive Aging Roger A. Dixon, Lars Bäckman, Lars-Göran Nilsson, 2004 With an ever increasing population of aging people in the western world it is more crucial than ever that we try to understand how and why cognitive competence breaks down with advancing age why do some people follow normal patterns of cognitive change while others follow a path of progressive decline with neurodegenerative diseases such as Alzheimer's What can be done to prevent cognitive decline or to avoid neurodegenerative diseases The answers if they come will not emerge from research within one discipline but from work being done across a range of scientific and medical specialities This volume brings together leading experts from a range of fields studying cognitive aging including neuroscience pharmacology health genetics sensory biology and epidemiology Unlike other books in this area this book is more about new frontiers than past research and accomplishments Recently cognitive aging research has taken several new directions linking with and benefiting from rapid technological and theoretical advances in these neighbouring disciplines This book provides unique interdisciplinary coverage of the topic With each chapter including commentaries from specialists in related fields the book provides an integrative study of the topic For those within the fields of psychology cognitive neuroscience and geriatrics this volume will make an important contribution in furthering our understanding of a problem that affects us all

Cognition, Language and Aging Heather Harris Wright, 2016-03-16 Age related changes in cognitive and language functions have been extensively researched over the past half century The older adult represents a unique population for studying cognition and language because of the many challenges that are presented with investigating this population including individual differences in education life experiences health issues social identity as well as gender The purpose of this book is to provide an advanced text that considers these unique challenges and assembles in one source current information regarding a language in the aging population and b current theories accounting for age related changes in language function A thoughtful and comprehensive review of current research spanning different disciplines that study aging will achieve this purpose Such disciplines include linguistics psychology sociolinguistics neurosciences cognitive sciences and communication sciences As of January 2019 this e book is freely available thanks to the support of libraries working with Knowledge Unlatched

Cognitive Neuroscience of Aging: Linking Cognitive and Cerebral Aging Roberto Cabeza, Lars Nyberg, Denise Park, 2004-11-18 Until very recently our knowledge about the neural basis of cognitive aging was based on two disciplines that had very little contact with each other Whereas the neuroscience of aging investigated the effects of aging on the brain independently of age related changes in cognition the cognitive psychology of aging investigated the effects of aging on

cognition independently of age related changes in the brain The lack of communication between these two disciplines is currently being addressed by an increasing number of studies that focus on the relationships between cognitive aging and cerebral aging This rapidly growing body of research has come to constitute a new discipline which may be called cognitive neuroscience of aging The goal of Cognitive Neuroscience of Aging is to introduce the reader to this new discipline at a level that is useful to both professionals and students in the domains of cognitive neuroscience cognitive psychology neuroscience neuropsychology neurology and other related areas This book is divided into four main sections The first section describes noninvasive measures of cerebral aging including structural e g volumetric MRI chemical e g dopamine PET electrophysiological e g ERPs and hemodynamic e g fMRI and discusses how they can be linked to behavioral measures of cognitive aging The second section reviews evidence for the effects of aging on neural activity during different cognitive functions including perception and attention imagery working memory long term memory and prospective memory The third section focuses on clinical and applied topics such as the distinction between healthy aging and Alzheimers disease and the use of cognitive training to ameliorate age related cognitive decline The last section describes theories that relate cognitive and cerebral aging including models accounting for functional neuroimaging evidence and models supported by computer simulations Taken together the chapters in this volume provide the first unified and comprehensive overview of the new discipline of cognitive neuroscience of aging

Perception and Cognition: Interactions in the Aging Brain Harriet A. Allen, Katherine L. Roberts, 2016-09-13 Healthy ageing can lead to declines in both perceptual and cognitive functions Impaired perception such as that resulting from hearing loss or reduced visual or tactile resolution increases demands on higher level cognitive functions to cope or compensate It is possible for example to use focused attention to overcome perceptual limitations Unfortunately cognitive functions also decline in old age This can mean that perceptual impairments are exacerbated by cognitive decline and vice versa but also means that interventions aimed at one type of decline can lead to improvements in the other Just as improved cognition can ameliorate perceptual deficits improving the stimulus can help offset cognitive deficits For example making directions and routes easy to follow can help compensate for declines in navigation abilities In this Topic we bring together papers from both auditory and visual researchers that address the interaction between perception and cognition in the ageing brain Many of the studies demonstrate that a broadening of representations or increased reliance on gist underlie perceptual and cognitive age related declines There is also clear evidence that impaired perception is associated with poor cognition although encouragingly it can also be seen that good perception is associated with better cognition Compensatory cognitive strategies were less successful in improving perception than might be expected We also present papers which highlight important methodological considerations that are required when studying the older brain

Neurodevelopment, Aging and Cognition KNEZEVIC, KOSTOVIC, WISNIEWSKI, SPILICH, 2012-12-06 It was Oscar Wilde who defined the tragedy of old age by saying

that as soon as you are old enough to know better you don't know anything at all. As improvements in the quality of health care bring about longer life, our attention has turned from the prolonging of life to the maintenance of involvement in life. In developed nations a full 100% increase in the ranks of the elderly has appeared and with the benefits of this prolongation have come new and greater needs of the elderly cohort. Our interest is in those processes that may lead to dementia among the elderly. For in dementia we see a thief that robs victims of their memories and their place in life. This text was conceived and developed from an international conference on neurodevelopment, aging and cognition. The purpose of this few days a group of experts in these fields from around the world was to bring together for a dialog on common themes and unresolved problems. Our hope was that by keeping the meeting small and informal we could break through barriers of terminology unique to the areas of developmental neurobiology, neuroscience, cognitive science and clinical medicine and have a meaningful discussion on processes that affect the biological integrity and cognitive performance of the aging nervous system.

Working Memory and Ageing Robert H. Logie, Robin G. Morris, 2014-06-20

The rapid growth in the numbers of older people worldwide has led to an equally rapid growth in research on the changes across age in cognitive function including the processes of moment to moment cognition known as working memory. This book brings together international research leaders who address major questions about how age affects working memory. Why is working memory function much better preserved in some people than others? In all healthy adults which aspects of working memory are retained in later years and which aspects start declining in early adulthood? Can cognitive training help slow cognitive decline with age? How are changes in brain structures, connectivity and activation patterns related to important changes in working memory function? Impairments of cognition and particularly of working memory can be major barriers to independent living. The chapters of this book dispel some popular myths about cognitive ageing while presenting the state of the science on how and why working memory functions as it does throughout the adult lifespan. *Working Memory and Ageing* is the first volume to provide an overview of the burgeoning literature on changes in working memory function across healthy and pathological ageing and it will be of great interest to advanced undergraduates, postgraduates and researchers in psychology and related subject areas concerned with the effects of human ageing including several areas of medicine.

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