

PSYCHOSOCIAL FACTORS OF SUCCESSFUL AGING IN THE WORKPLACE – CURRENT PSYCHOLOGICAL ISSUE

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***Abstract.** Bulgaria has one of the most rapidly ageing populations in the EU with half of the labour force over age 40. Study aim is to analyze the scarce research findings on psychosocial issues, mental functional capacity and wellbeing of aging workforce in Bulgaria as base for proper intervention.*

Design is analysis of over 650 published national research data and documents on population age dynamics reflecting work strain and psychosomatic health, obtained for various occupations and living conditions. Extracted, summarized and briefly presented are representative relationships and evidence based age trends, pointing to how to strengthen the role of occupational health professionals to preserve work ability and health of aging workers. Proposed are number of activities related to aging workforce to maintain their work capacity and health and to overcome the negative consequences of population aging according to National strategy on demographic development. Primary focus is revealed to be on planning and implementation of multidimensional measures to eliminate lacks of work flow, control and organisation interactions accompanied from adequate social support, dissemination of good practices

***Keywords:** aging models, mental capacity and health, work strain, burnout, aging policy, health promotion.*

1. Introduction

1.1. Global trends in aging issues and their studies

In European countries, the labor force is rapidly becoming older, a trend which spreading eastward and which calls for particular attention to be paid to the health and wellbeing of persons aged 50 and above or in the last years of their working life. Bulgaria has one of the most rapidly ageing populations in the EU with half of the labour force aged > 40. The age structure of the population is estimated to change from 1990 to 2030 as follows: aged 40-59 - from 26,7% to 29,1%, and >60 -from 20,4% to 26,6% [1]. It reflects the worldwide population aging trend for increase of people >60 in the period 1960-2005 from 17,4% to 24,9% with >2 Millions annually, with demographic structure more and more spindly as shown in Fig.1 [2]. In few years' time the number of people aged 65 or older will outnumber children under age 5 driven by falling fertility rates and remarkable increases in life expectancy, population aging will even accelerate.

Aging In The Nineteeneighties Psychological Issue

M Powell Lawton, Timothy A. Salthouse

Aging In The Nineteeneighties Psychological Issue:

Essential Papers on the Psychology of Aging M Powell Lawton, Timothy A. Salthouse, 1998-06 *Essential Papers on the Psychology of Aging* contains the classic papers on the period of human development that begins with young adulthood and ends with old age and death Including material on theory and methodology basic psychological processes personality and social psychology and clinical applied and health psychology the volume presents the best work published in the field from classic papers to cutting edge research Contributors to the volume include P B Baltes J E Birren W E Henry K F Riegel K W Schaie D Arenberg H P Bahrick L K Hall D B Bromley D M Burke L L Light N Charness F I M Craik J McDowd J C Foster G A Taylor J G Gilbert J L Horn R B Cattrell H E Jones H S Conrad H C Lehman C C Miles W R Miles A E D Schonfield E A Robertson K Sward A T Welford P T Costa R R McCrae B L Frederickson L L Carstensen D Gutmann J S Jackson L M Chatters R J Taylor R Kastenbaum N Kogan M E Lachman G Bavouvie Vief M De Voe D Bulka M F Lowenthal C Haven R Schulz M M Baltes S Honn E M Barton M Orzech D Lago F M Carp M F Elias N R Schultz M A Robbins P K Elias R L Kahn S H Zarit N M Hilbert G Niederehe J K Kiecolt Glaser R Glaser E C Shuttleworth C S Cyer P Ogrocki C E Speicher B Simon M A Lieberman S S Tobin V N Prock G M McEvoy W F Cascio S A Murrell S Himmelbarb B L Neugarten R J Havighurst C D Ryff K W Schaie S L Willis F Scogin L McElreth and L W Thompson

Human Factors Interventions for the Health Care of Older Adults Wendy A. Rogers, Arthur D. Fisk, 2001-08-01 Written by experts in the field this book explores the relevance and contributions of the field of human factors to health care It begins with overviews of the field of human factors and the primary research methodologies of that field and goes on to review the cognitive issues that must be considered in the context of the health care environment and the potential for exercises to improve such cognitive functions The remaining chapters cover a range of cutting edge topics including care giving telecommunication issues design of medical devices computer monitoring of patients automated communication systems computer interface issues in general and the use of the Web as a source for health information

Memory Jackie Andrade, 2008 **Aging Femininities** Josephine Dolan, 2020-05-15 Older women have never been so visible or so problematised in popular media culture as now but what kinds of representations are being offered and how can we make sense of them in the context of post feminism and global economic change *Aging Femininities Troubling Representations* offers a timely intervention into the hiatus between the visibility of aging femininity in contemporary circuits of culture and its marginalisation in cultural theory From graceful agers and Saga subscribers to make over models and pop divas each of the essays in this collection interrogates the different manifestations of aging femininity in terms of both its historic invisibility and its new visibility The book forges links between contemporary lived experience and feminist cultural theory and research often through the direct and autobiographical knowledge of the writers themselves Divided into four sections Cultural Herstories Regulations and Transgressions Problematic Postfeminists and Divas and Dolls plus a thought provoking photo essay it wrests the discourse of aging away

from the twin hegemonies of consumer culture and gerontology to present a diverse selection of essays and positions Aging Femininities Troubling Representations establishes the long overlooked richness and the complexity of this field of study

Associations' Publications in Print ,1984 1981 in 2 v v 1 Subject index v 2 Title index Publisher title index Association name index Acronym index Key to publishers and distributors abbreviations The Coping Capacity Avery D. Weisman,1984

Medical and Health Care Books and Serials in Print ,1997 **Medical Books and Serials in Print** ,1984

Subject Guide to Books in Print ,1993 **Books in Print** ,1987 **Books in Print Supplement** ,1988 **Disturbed**

Behavior in the Elderly A.G. Awad, Henry Durost, H.M. Rosemary Meier, 2013-10-22 Disturbed Behavior in the Elderly provides information pertinent to the needs of those giving care as well as of the elderly themselves This book presents relevant topics of contemporary psychiatric importance Organized into four parts encompassing 11 chapters this book begins with an overview of the clinical administrative and interpersonal problems posed by the elderly patient with disturbed behavior This text then examines the rational management of disturbing behavior among the elderly in health care and other residential settings Other chapters consider the use of medications and psychotropic drugs in old age This book discusses as well the great value of drug therapy in alleviating the sufferings of the elderly and helping them restore the equilibrium that has been disturbed by aging physical disability and shrinking socio economic network around them The final chapter deals with staff burnout job stress and low morale in dealing with the elderly This book is a valuable resource for geriatric psychiatrists and caregivers **Perspectives on the provision of counselling for women in Ireland** , **Women's**

mental health: promoting a gendered approach to policy and service provision The Women's Health Council, 2004

Books Out-of-print ,1986 Readings in Aging and Death Steven H. Zarit, 1982 □□□□□□□□□□□□□□□□-□□, □□-□-□

□□□□□ ,1995 **Population and Economic Development in Nigeria in the Nineteen Eighties** Helena Chojnacka, P. Olufemi Olusanya, Folayan Ojo, 1981 *Growing Old in Young India* Usha Bambawale, 1993 *Post-Jungian Psychology and the Short Stories of Ray Bradbury and Kurt Vonnegut* Steve Gronert Ellerhoff, 2016-02-22 In this book Steve Gronert Ellerhoff explores short stories by Ray Bradbury and Kurt Vonnegut written between 1943 and 1968 with a post Jungian approach Drawing upon archetypal theories of myth from Joseph Campbell James Hillman and their forbearer C G Jung Ellerhoff demonstrates how short fiction follows archetypal patterns that can illuminate our understanding of the authors their times and their culture In practice a post Jungian mythodology is shown to yield great insights for the literary criticism of short fiction Chapters in this volume carefully contextualise and historicize each story including Bradbury and Vonnegut s earliest and most imaginatively fantastic works The archetypal constellations shaping Vonnegut s early works are shown to be war and fragmentation while those in Bradbury s are family and the wholeness of the sun Analysis is complemented by the explored significance of illustrations that featured alongside the stories in their first publications By uncovering the ways these popular writers redressed old myths in new tropes and coined new narrative elements for hopes and fears born of their

era the book reveals a fresh method which can be applied to all imaginative short stories increasing understanding and critical engagement Post Jungian Psychology and the Short Stories of Ray Bradbury and Kurt Vonnegut is an important text for a number of fields from Jungian and Post Jungian studies to short story theories and American studies to Bradbury and Vonnegut studies Scholars and students of literature will come away with a renewed appreciation for an archetypal approach to criticism while the book will also be of great interest to practising depth psychologists seeking to incorporate short stories into therapy

The Enigmatic Realm of **Aging In The Nineteeneighties Psychological Issue**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Aging In The Nineteeneighties Psychological Issue** a literary masterpiece penned by way of a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of people who partake in its reading experience.

<https://abp-london.co.uk/book/Resources/HomePages/Campus%20Challenge%20Student%20Activism%20In%20Perspective.pdf>

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