COPING WITH YOUR



A Christian Guide Andrew D. Lester

Coping With Your Anger A Christian Guide

James Leehan

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Coping with Your Anger Andrew D. Lester, 1983-01-01 Argues that Christians should not suppress their anger but learn to deal with it and examines what the scriptures say about anger The Angry Christian Andrew D. Lester, 2003-04-30 In this work respected scholar Andrew Lester discusses and incorporates the newest behavioral research models contemporary biblical and theological scholarship constructivist philosophy and narrative theory into a comprehensive pastoral theology of anger In revisiting through the lens of theological anthropology the very subject that brought him to the forefront of scholarship in pastoral care Lester presents engaging new material and innovative new methods of interventions for dealing Reckoning with Aggression Kathleen J. Greider, 1997-01-01 Aggression is with this often confusing human emotion ambiguous in our society according to Kathleen Greider While giving us strength to fight the world s social ills or to create vital and powerful lives aggression can also lead to rage and violence Thus society has often viewed aggression as evil or sinful Greider wants Christians to repair their view of aggression and realize that aggression is what can spur them to make the world better In exploring aggression from feminist pastoral and theological perspectives Greider examines the relationships between violence and vitality passion and aggression and finds that Christians can be strong without being destructive Practical Psychology for Pastors, 2nd Edition William R. Miller, Kathleen A. Jackson, 2010-05-01 This practical handbook takes a totally fresh approach to the work of pastoral counselors by drawing on recent research and developments in the health and behavioral sciences Thoroughly revised and updated this edition incorporates new or expanded coverage of topics such as a new chapter on Pastoral Self Care which offers advice on maintaining psychological health avoiding crisis and preventing personal and occupational burnout the integration of counseling with other pastoral roles and functions pastoral counseling ethics how to help people build personal motivation for change grief counseling and crisis intervention post traumatic stress physical and sexual abuse and personality disorders A Tale Of Two Perspectives Dr. Kenneth R. Norris, 2010-09-09 Siblings will rival Relatives will drop in and stay too long Children will demand to know Why Interpersonal conflict is seldom as intense as two gunslingers glaring at each other from ten paces at High Noon It is seldom as colorful as a red faced husband and wife standing in their kitchen shouting insults It is more often a tale of two perspectives demanding to be heard Conflict is one of those peculiar concepts few people can define without a dictionary but most people know it when they see it We also want it resolved promptly and to our personal satisfaction How should Christians resolve interpersonal conflict Should we simply give in to someone with whom we disagree just to avoid conflict What are the rules when Christians become petty insensitive or argumentative If we love our neighbor as we love ourselves how do we confront conflict without compromising our values The solution is to understand and learn to confront the behavior not the people we love A Tale of Two Perspectives explores the dynamics of interpersonal conflict from a Christian point of view It blends business conflict resolution strategies with biblical narratives to demonstrate a compelling and innovative point of view Dr

Norris uses his background as a pastor chaplain business executive husband and father to embroider his work with contemporary examples that may sound uncomfortably familiar He examines how our communication style personality attitudes emotions frame of reference and spiritual values influence our capacity to resolve conflict effectively Letter to a Conflicted Church Richard P. Olson, 2010-01-01 The book is organized into three divisions and as the title implies there is a brief letter in the form of a New Testament epistle to the contemporary church a portion of which begins each chapter The first division reexamines the gifts and redemptive possibilities of anger and conflict The barriers to healthy anger conflict are considered and addressed In the second attention is given to conflicts surrounding the Bible There is a chapter on conflict and reconciliation in the Bible followed by suggestions on how people who read the Bible differently from each other can resolve some of those differences Consideration is also given to discovering biblical priorities for the contemporary church The third division offers vistas of change and reconciliation Parables of hope and promise are provided Insights from the studies of persons and communities as well as ethics and theology are summarized There is reflection on those unresolved conflicts that continue in spite of our best efforts Then moral imagination is engaged to visualize the opportunities for a church that moves beyond its present stalemates Behind the Masks Wayne Edward Oates, 1987-01-01 Describes eight common personality disorders presents Biblical guidelines for dealing with difficult people and explains how Christian faith can help their real personalities to emerge Pastoral Care for Survivors of Family Abuse James Leehan, 1989-01-01 In this important book James Leehan emphasizes the use of the religious communities spiritual physical and financial resources to alleviate the problem of family abuse He sees ministers and their congregations as a source of support that no other sector of society can provide This book will be an asset to anyone involved in helping the survivor of abuse Pastoral Care with Children in Crisis Andrew D. Lester, 1985-01-01 Argues that children do not often receive the pastoral care they deserve and explains how to use puppets games art storytelling or writing to help them express their concerns **Defiant Hope** James Leehan, 1993-01-01 Based on fifteen years of experience treating survivors of family violence James Leehan provides this excellent resource to aid all individuals trying to overcome the effects of abusive behavior behavior that is often supported by religion and generates spiritual conflicts for survivors He helps survivors identify their feelings and behaviors and examines Jewish and Christian religious resources that can promote healing and spiritual growth Leehan also reviews the spiritual dimension of the pain that survivors of family violence confront daily and the special skills they developed to survive in a hostile environment **Counseling Depressed Women** Susan J. Dunlap, 1997-01-01 Why do women suffer depression twice as often as men Susan Dunlap integrates findings from biology psychology sociology and theology to discover that powerlessness is a cause of depression Based on this understanding she develops a pastoral theological response to bring hope to depressed women The purpose of the Counseling and Pastoral Theology series is to address clinical issues that arise among particular populations currently neglected in the literature on

pastoral care and counseling This series is committed to enhancing both the theoretical base and the clinical expertise of pastoral caregivers by providing a pastoral theological paradigm that will inform both assessment and intervention with persons in these specific populations When Children Suffer Andrew D. Lester, 1987-04-15 When Children Suffer is a collection of essays designed to help pastors Christian educators and other care givers work effectively with children in crisis This illuminating book includes background in child development and psychology as well as specific guidance for helping children who are facing difficult situations such as their parent s divorce or their own illness It Takes Two Andrew D. Lester, Judith L. Lester, 1998-06-01 In this book the authors discuss how increasing intimacy in marriage allows both partners to approach issues of communication power anger and faith more creatively and effectively With exercises tested by dozens of couples in marriage and family therapy and a clear discussion of contemporary perspectives on marriage this book is an indispensable resource for couples The Gift of Anger Carroll Saussy, 1995-01-01 This book provides a biblical basis and a very practical and viable methodology for using and expressing anger in a healthy and redemptive way **Companionship** Diana R. Garland, David E. Garland, 2003-01-14 In Beyond Companionship Christians In Marriage Diana and David Garland examine some of the prevailing ideas about marriage that are held by many church leaders social scientists counselors and therapists Among the myths they dispel There is a pattern for Christian married life applicable in all times and places Couples can have a good marriage if they work at it hard enough Marriage is the most important relationship in life In an ideal marriage the partners talk continuously about their relationship Beyond discussion of the marriage myths the authors look at current biblical interpretations of marriage being married in America a good marriage and the need for a sense of task the role of anger and conflict sexuality and finally the unresolved differences that can lead to divorce Diana and David Garland bring to this book special insights from their respective fields social work and biblical studies and the experience gained from being married to each other The Living Church ,1980 **Genesis** Celia Brewer Marshall, 2005-02-15 Originally published Louisville Ky Geneva Press 1999 **Hope in Pastoral Care and Counseling** Andrew D. Lester, 1995-01-01 In this ground breaking book pastoral counselor Andrew Lester demonstrates that pastoral theology as well as social and behavioral sciences has neglected to address effectively the predominant cause of human suffering a lack of hope a sense of futurelessness Lester examines the reasons that pastoral theology and other social and behavioral sciences have overlooked the importance of hope and despair in the past He then offers a starting point for the development of addressing these significant dimensions of human life He provides clinical theories and methods for pastoral assessment of and intervention with those who despair He also puts forth strategies for assessing the future stories of those who despair and offers a corrective to these stories through deconstruction reframing and reconstruction This book will be invaluable to pastoral caregivers who are looking for a vantage point from which to provide care and to pastoral theologians who are seeking to develop a theological lens through which to understand the human condition Books in Print ,1994

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whole when writing a medical hardship letter you explain to the hospital or entity controlling your debt that you are unable to pay your medical debts once you have written this letter you will send it to the hospital or entity requesting a reasonable accommodation with template letter - Dec 27 2021

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web the purpose of this letter is to formally request a settlement for the medical bills i owe your hospital i regret that i am unable to pay the bill in full at this time because my monthly income has been greatly reduced after the accident type in which i broke both of my legs hands describe in your own words

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