

*Arnould-Taylor's Principles and Practice of*

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4TH EDITION

This fourth edition of the hugely popular *Principles and Practice of Physical Therapy* expands and develops all the themes so successfully addressed in previous editions, and features additional sections to meet the growing demands on the physical therapist. New chapters on stress management, nutrition, fitness, aerobic exercise, resistance training, gym instruction and complementary therapies provide the reader with the most comprehensive overview of the physical therapies currently available.

William Arnould-Taylor MSc PhD (Physiology) has a distinguished record in the field of physiology, especially as applied to physical therapy. His contributions to the promotion of education have been considerable, as an international examiner, author and broadcaster. He is Founder of the International Therapy Examinations Council (ITEC).

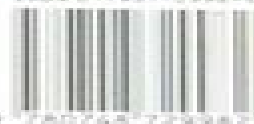
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# Arnold Taylors Principles And Praticice Of Physical Therapy

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