

Alternatives to alcohol abuse: A social learning model

Miller, Peter M

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Alternatives To Alcohol Abuse A Social Learning Model

Nick Heather, Tim Stockwell



Alternatives To Alcohol Abuse A Social Learning Model:

Alternatives to Alcohol Abuse Peter Michael Miller, Marie A. Mastria, 1977 This book represents a practical therapy manual that can be used as an adjunct to such training It is aimed at therapists and counselors who are treating alcoholics in mental health centers hospitals alcoholism treatment centers and half way houses The book is a basic how to do it handbook that does not require sophisticated knowledge of psychological theory or treatment Social learning is the general orientation of the approach presented in the book Treatment techniques based on learning principles are of growing interest not only in the field of alcoholism but also in the whole area of mental health These techniques offer the alcoholism counselor a structured problem oriented approach to clients

Therapist's Guide to Substance Abuse Intervention Sharon L. Johnson, 2003-04-28 Author of AP's bestselling *Therapist's Guide to Clinical Intervention* now turns her attention to substance abuse intervention The book will follow a similar format to her previous book presenting information in easy to read outline form with relevant forms patient questionnaires checklists business documents etc Part I discusses the social impact of substance abuse and provides a general overview of the physiological and psychological characteristics of abuse DSM IV definition of abuse and classifications of the varying types of drugs Part II is the main section of the book and covers assessment different stages of abuse recovery and treatment choices Coverage includes the discussion of myriad self help choices e g AA group therapy brief therapy and more Discussion will also include making a determination of treatment as inpatient or outpatient and issues relevant to special populations teenagers geriatrics comorbidity patients etc Part III presents skill building resources Part IV covers prevention quality assurance and also includes a glossary Outlines treatment goals and objectives Outlines for assessing special circumstances Offers skill building resources to supplement treatment

A Guide for Physician Training in Substance Abuse United States. Veterans Administration. Office of Academic Affairs, 1983 NIAAA Information and Feature Service, 1974-05 **Handbook of Evidence-Based Practice in Clinical Psychology, Adult Disorders** Michel Hersen, Peter Sturmey, 2012-08-02 Handbook of Evidence Based Practice in Clinical Psychology Volume 2 covers the evidence based practices now identified for treating adults with a wide range of DSM disorders Topics include fundamental issues adult cognitive disorders substance related disorders psychotic mood and anxiety disorders and sexual disorders Each chapter provides a comprehensive review of the evidence based practice literature for each disorder and then covers several different treatment types for clinical implementation Edited by the renowned Peter Sturmey and Michel Hersen and featuring contributions from experts in the field this reference is ideal for academics researchers and libraries Research on Alcoholism Treatment Marc Galanter, 2006-04-11 From the President of the Research Society on Alcoholism The sixteenth volume of *Recent Developments in Alcoholism* contains the latest information on the field of alcoholism treatment research This scholarly volume includes comprehensive reviews of the methodologies available to evaluate treatment outcome state of the art psychosocial interventions and recent advances in

pharmacological adjuncts to treatment that are currently available and those on the brink of application Other sections of the book address special issues in the treatment of alcohol dependence including the treatment of the adolescents and other unique populations the management of tobacco dependence and the role of spirituality in recovery among others The clinician will find these reviews an important resource for learning about evidence based treatments for alcoholism and the researcher will find the synthesis of recent developments informative and forward looking The research agenda for the future rests soundly on the progress to date and additional advances in the treatment of alcoholism can be predicted in the near future Stephanie O Malley Ph D President Research Society on Alcoholism xi Preface From the President of the American Society of Addiction Medicine This excellent volume presents investigations covering a wide spectrum of scientific issues It is also evident that many of these articles have clinical significance ranging from assessments of disorder monitoring clinical progress and behavioral and pharmacological interventions

Evaluation of the Alcoholic, 1981 *Substance Abuse Treatment and the Stages of Change, Second Edition* Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan, 2015-09-28 A widely adopted practitioner resource and course text this book shows how to apply knowledge about behavior change in general and the stages of change model in particular to make substance abuse treatment more effective The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change They draw on cutting edge theory and research on the transtheoretical model to explain what works and what doesn't work at different stages of change Rich clinical examples illustrate the what's why's and how to's of using the stages of change model to inform treatment planning and intervention for individuals couples and families New to This Edition Reflects the ongoing development of the stages of change model and research advances over the past decade Chapter on stage based brief interventions in health care social service and community settings Group treatment chapter has been significantly revised Expanded coverage of the change processes relevant to each stage See also Group Treatment for Substance Abuse Second Edition by Mary Marden Velasquez et al a manual for a group based approach grounded in the transtheoretical model

International Handbook of Behavior Modification and Therapy Alan S. Bellack, Michel Hersen, Alan E. Kazdin, 2012-12-06 The rapid growth of behavior therapy over the past 20 years has been well documented Yet the geometric expansion of the field has been so great that it deserves to be recounted We all received our graduate training in the mid to late 1960s Courses in behavior therapy were then a rarity Behavioral training was based more on informal tutorials than on systematic programs of study The behavioral literature was so circumscribed that it could be easily mastered in a few months of study A mere half dozen books by Wolpe Lazarus Eysenck Ullmann and Krasner more or less comprised the behavioral library in the mid 1960s Seminal works by Ayllon and Azrin Bandura Franks and Kanfer in 1968 and 1969 made it only slightly more difficult to survey the field Keeping abreast of new developments was not very difficult as Behaviour Research and Therapy and the Journal of Applied Behavior Analysis were the only regular outlets for

behavioral articles until the end of the decade when Behavior Therapy and Behavior Therapy and Experimental Psychiatry first appeared. We are too young to be maudlin but Oh for the good old days. One of us did a quick survey of his bookshelves and stopped counting books with behavior or behavioral in the titles when he reached 100. There were at least half again as many behavioral books without those words in the title.

Problems of Drug Dependence, 1983 Committee on Problems of Drug Dependence (U.S.). Scientific Meeting, 1984

NIAAA Information & Feature Service National Institute on Alcohol Abuse and Alcoholism (U.S.), 1974

Assessing Alcohol Problems John P. Allen, Veronica B. Wilson, 2003

The Essential Handbook of Treatment and Prevention of Alcohol Problems Nick Heather, Tim Stockwell, 2004-02-06

The last three decades have seen an explosion of social psychological and clinical research to identify effective strategies to prevent and treat alcohol related problems. This Essential Handbook contains an updated selection of reviews of what works drawn from the critically acclaimed International Handbook of Alcohol Dependence and Problems. Selected specifically for health and other professionals who need to provide effective responses in their work, these authoritative science based reviews are a distillation of the more practical elements designed to save time for the busy practitioner.

Current Catalog National Library of Medicine (U.S.), First multi year cumulation covers six years 1965-70

Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office, 1979

Problems of Drug Dependence Committee on Problems of Drug Dependence (U.S.). Scientific Meeting, 1984

Anxiety and Substance Use Disorders Sherry H. Stewart, Patricia Conrod, 2007-12-03

It takes my worries away, it helps me unwind when I'm tense. Those with an anxiety disorder are at two to five times greater risk of having an alcohol or drug use disorder than those without an anxiety disorder. And although anxiety disorders are among the most common co-occurring conditions affecting people with substance issues, mainstream methods often fail to treat both halves of the picture. Anxiety and Substance Use Disorders: The Vicious Cycle of Comorbidity addresses this gap with dispatches from the frontlines of research and treatment. Thirty-four international experts offer findings, theories, and intervention strategies for this common form of dual disorder, both across types of substances (alcohol, tobacco, street and prescription drugs) and the range of anxiety disorders (PTSD, social phobia, panic disorder, OCD) to give the reader comprehensive knowledge in a practical format. Informed by the reciprocal relationship between the two types of disorders, such as the contributions of substance abuse to anxiety related symptoms, the book brings together neurobiological, psychosocial, and cognitive perspectives on its subject. Outlines theoretical models of co-occurring anxiety and substance abuse, its epidemiology and etiology. Offers up-to-date research findings on the nature, origins, and treatment of specific combinations of substance use and anxiety disorders. Presents detailed reviews of emerging, targeted treatment methods including cognitive behavioral, personality based, and medical interventions with latest data on their efficacy. Pinpoints future directions in understanding and treating the dually diagnosed. This integrative approach makes Anxiety and Substance Use Disorders: The Vicious Cycle of Comorbidity an important resource for all mental health professionals. It will also serve as an

excellent clinical text The first of its kind in providing a critical review of the emerging literature addressing such co morbid conditions this book is an excellent step in providing researchers and clinicians with guidance in the understanding and treatment of this complicated presentation Overall the current volume will likely be instrumental in further advancing the field of co occurring anxiety and substance use disorders Lindsay S Ham Florida International University Book Review Editor for Anxiety Disorders A Quarterly Report Association for Behavioral and Cognitive Therapies **Cognitive-Behavioral Interventions** Philip C. Kendall, Steven D. Hollon, 2013-10-02 Cognitive Behavioral Interventions Theory Research and Procedures surveys a variety of areas to which cognitive behavioral strategies have been applied The various contributors represent some of the major innovators in the field Each has developed and systematically evaluated programs which apply sound empirically based procedures to cognitive and behavioral phenomena The opening chapter traces the short developmental history and describes the current professional environment of the cognitive behavioral movement The chapters that follow represent major contributions by the leading investigators across a number of areas of intervention Each chapter describes a summary of research in the respective area a description of the actual intervention procedures with supporting empirical data and a consideration of the theoretical foundations and potential implications associated with the intervention The chapter contents vary across three dimensions First the interventions range from those that focus on the acquisition of new capacities to those that deal with the control and modification of existing processes Second several chapters focus on adult populations several on child populations and some on both Finally whereas a number of the chapters deal with problems that have been areas of traditional clinical concern several others explore new and interesting applications for cognitive behavioral interventions *Addictions* Barbara S. McCrady, Elizabeth E. Epstein, 2013-10-03 *Addictions* A Comprehensive Guidebook Second Edition features a roster of senior scientists covering the latest findings in the study of alcohol and other drug use abuse and dependence *DHHS Publication No. (ADM). ,1985*

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Experience Loveis Journey in **Alternatives To Alcohol Abuse A Social Learning Model** . This emotionally charged ebook, available for download in a PDF format (Download in PDF: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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