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HANDBOOK

100s of Solutions for Common Ailments



With John H. Renner, M.D., and the
Consumer Health Information
Research Institute

Consumer Guides Family Medical Reference Library

DP Hallahan



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National Library of Medicine Current Catalog National Library of Medicine (U.S.), Consumer Guide Family Medical Reference Library Publications International, Limited, 2005-03 *The Essential Patient Handbook* Alan B. Ettinger, Deborah M. Weisbrot, 2004-08-01 The Essential Patient Handbook was written for the millions of Americans who are dissatisfied with their medical care and are looking for a practical no nonsense way to get the help they need from their doctors It contains lessons learned by two doctors husband and wife who endured immense challenges on the patient side of the medical care system Here are the secrets to getting your doctor to listen preparing information your doctor needs to know understanding the reasoning behind your doctor s questions asking the essential questions about tests diagnoses medications surgery and second opinions checking for medication side effects and drug interactions dealing with confusing insurance and billing forms working with your doctor when considering alternative and complementary medicines handling difficult doctor patient interactions dealing with a hospital stay The Essential Patient Handbook will walk readers through the entire medical evaluation process from the first question to the last It gives them a guide to thoroughly prepare medical information BEFORE seeing a doctor and explains why each piece of information is crucial The information prepared with the aid of this book are symptom specific and will help physicians to arrive at a differential diagnosis Once a diagnosis is established it will help readers prepare further information that your doctors needs to learn to remain on top of your medical condition

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the critical importance of marketing and strategic partnerships such discussions round out this invaluable guide Patients today must be knowledgeable enough to participate in their health and well being Shorter hospital stays changing reimbursement patterns and the gradual shift towards focusing on proactively maintaining health and managing disease require patients to be informed and actively engaged Education information and understanding are important components of actively engaged patients Correspondingly in today s e world there is a glut of information resources available through the Internet from YouTube videos to Googling to blogs and Twitter feeds What is lacking in these information rich times is the relevance of meaning and context for those who ask Does this health and medical information apply to me and my unique clinical picture or How do I use this information As knowledge navigators information technology wizards and content experts librarians offer focused responses to individuals specific and highly personal health and medical information queries In a new healthcare world order of optimizing health and minimizing hospitalizations such a service is invaluable Sadly there still exists in our highly networked and technological age an information gap for those who struggle in obtaining meaningful health or medical information These individuals may be foreign born non English speaking poor rural aged or semi literate Whatever their status librarians must have the wherewith all to find germane resources and also help create responsive mechanisms to bridge that health information gap for vulnerable citizens The Medical Library Association Guide to Providing Consumer and Patient Health Information will guide you on the road to providing that response

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