

CYCLING IN EAST ANGLIA



Cycling In East Anglia Cycling Guide S

Vincent Cassar, Sustrans (Organization)

Cycling In East Anglia Cycling Guide S:

Cycling in East Anglia Huw Hennessy, 2022 Illustrated cycling guide to East Anglia Norfolk Suffolk Cambridgeshire 21 handpicked routes aimed at keen cyclists and families alike including places such as Sandringham Wells Holkham Norwich the Norfolk Broads Bungay Thetford Forest Ixworth Diss Southwold Walberswick Orford Sutton Hoo Ely Newmarket and East Anglia Travel Guide Daniel Windsor, 2024-10-24 East Anglia a region in the eastern part of England is steeped in rich history picturesque landscapes and vibrant cultural offerings. The area comprises four counties Norfolk Suffolk Cambridgeshire and parts of Essex Often regarded as one of the most scenic regions in the UK it offers a diverse mix of coastal beauty rural charm and urban sophistication From the tranguil waters of the Norfolk Broads to the historic colleges of Cambridge East Anglia is a region that appeals to a wide range of visitors What truly sets East Anglia apart is its balance between history and modernity Medieval towns like Norwich and Bury St Edmunds offer a glimpse into England's past while cities like Cambridge and Ipswich pulse with innovation and contemporary culture Whether you are drawn to the ancient cathedrals the serene coastal paths or the lively art scenes East Anglia provides a perfect setting for exploration Notably East Anglia also plays a significant role in British agriculture contributing greatly to the country s farming output This aspect of its economy shapes not only the region s landscape but also its culinary culture The fresh produce local cheeses and freshly caught seafood found in East Anglia s markets and restaurants are a testament to the region s deep connection with the land and sea In this travel guide we will explore the many facets of East Anglia from its rich history to its modern day attractions Whether you re planning a weekend getaway or an extended stay this guide will help you discover the best East Anglia has to offer Insight Guides Great Breaks Norfolk & Suffolk Insight Guides, 2018-01-02 Insight Great Breaks Guides pocket sized books to inspire your customers on foot exploration of the best of the British Isles Practical pocket sized packed with inspirational insider information and a focus on walking tour itineraries this is an ideal on the move companion Newly updated edition of Insight Great Breaks Norfolk Suffolk Innovative extra incredible value and unique in the market All Insight Great Breaks Guides come with a free eBook unlike comparable competitors products High production values smart compact format and full colour throughout Exciting opportunities for bespoke promotions please contact your Account Manager for details Content overview Features over 10 detailed walking tour itineraries Overview section features concise insider information covering landscape location history and culinary highlights Top Ten section takes readers to the heart of their destination Rainy Day recommendations give travellers plenty of options whatever the weather Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration

Cycling in Northumbria Huw Hennessy, 2023-04-26 Bradt s new cycling guide to Northumbria offers 21 routes covering County Durham Tyne Wear and Northumberland Each ride includes comprehensive directions plus contextual features on history wildlife and culture Each links to OS Explorer maps and where relevant National Cycle Network routes

while QR codes connect with downloadable GPX maps via the komoot app enabling navigation by smartphone With a dedicated bike hire section so you have an alternative if your bicycle isn t suitable for a particular ride and accommodation suggestions this book is an indispensable travel companion for two wheeled adventures Northeast England is among the UK s most dramatic and unspoilt regions boasting long sandy beaches upland moors and forests Its history is rich too with Celtic Viking and Roman sites in this battleground for successive border wars between the English and Scots Majestic castles such as Bamburgh stand guard along its windswept coastline while Holy Island's Lindisfarne Castle once provided a haven to Christianity's earliest missionaries and Alnwick Castle served as Hogwarts School in two Harry Potter films Today the region is becoming increasingly popular for cyclists particularly off road mountain biking but is still a sleeping giant for its potential Collectively totalling 355 miles rides range from 9 26 miles and are typically suitable for half day outings Most are aimed at beginners and leisure cyclists with several longer or more adventurous routes including mountain bike trails for those craving greater challenge Many are loop circuits making travel hassle free Several follow established cycle routes including the Cathedrals Cycle Route Coast Castles Hadrian's Cycleway which broadly follows Hadrian's Wall and Pennine Cycleway and can be linked for longer excursions So whether you fancy exploring Northumberland National Park via six loop routes bouncing around roller coaster tracks in Kielder Forest freewheeling from Antony Gormley's Angel of the North statue to Newcastle's rejuvenated riverfront or enjoying wildlife by bike Northumbria is a superb cycling destination with something for everyone making Bradt's Cycling in Northumbria brim with inspiration for cyclists of all ages and energy levels

Cycling in the East of England Vincent Cassar, Sustrans (Organization), 2010 With clearly marked maps recommended rides details of what to see and do and practical advice on what to take and the route difficulty rating this cycling guide to East Anglia provides the information you need to see the best of the region The Rough Guide to Norfolk & Suffolk (Travel Guide eBook) Rough Guides, 2023-02-01 This practical travel guide to Norfolk The Broads and Northeast Norfolk The North Norfolk Coast King s Lynn and the Fens Central and South Norfolk Ipswich and Felixstowe The Suffolk Coast Inland Suffolk Inside this Norfolk Suffolk travel guide you ll find RECOMMENDATIONS FOR EVERY TYPE OF TRAVELLER Experiences selected for every kind of trip to Norfolk Suffolk from off the beaten track adventures in Orford Ness to family activities in child friendly places like East Ruston Vicarage Garden or chilled out breaks in popular tourist areas like Norwich Cathedral PRACTICAL TRAVEL TIPS Essential pre departure information including Norfolk Suffolk entry requirements getting around health information travelling with children sports and outdoor activities food and drink festivals culture and etiquette shopping tips for travellers with disabilities and more TIME SAVING ITINERARIES Includes carefully planned routes covering the best of Norfolk Suffolk which give a taste of the richness and diversity of the destination and have been created for different time frames or types of trip DETAILED REGIONAL COVERAGE Clear structure within each sightseeing chapter of this Norfolk Suffolk travel guide includes regional highlights brief history detailed sights and places ordered

geographically recommended restaurants hotels bars clubs and major shops or entertainment options INSIGHTS INTO GETTING AROUND LIKE A LOCAL Tips on how to beat the crowds save time and money and find the best local spots for seal spotting birdwatching sailing and canoeing HIGHLIGHTS OF THINGS NOT TO MISS Rough Guides rundown of Norwich Great Yarmouth Ipswich Lavenham's best sights and top experiences helps to make the most of each trip to Norfolk Suffolk even in a short time HONEST AND INDEPENDENT REVIEWS Written by Rough Guides expert authors with a trademark blend of humour honesty and expertise this Norfolk Suffolk guide book will help you find the best places matching different needs BACKGROUND INFORMATION Comprehensive Contexts chapter of this travel guide to Norfolk Suffolk features fascinating insights into Norfolk Suffolk with coverage of history religion ethnic groups environment wildlife and books plus a handy language section and glossary FABULOUS FULL COLOUR PHOTOGRAPHY Features inspirational colour photography including the stunning Thetford Forest and the spectacular St Helen's Ranworth COLOUR CODED MAPPING Practical full colour maps with clearly numbered colour coded keys for quick orientation in Thetford Bury St Edmunds and many more locations in Norfolk Suffolk reduce the need to go online USER FRIENDLY LAYOUT With helpful icons and organised by neighbourhood to help you pick the best spots to spend your time *Pocket Rough Guide Weekender Norfolk & Suffolk:* Travel Guide eBook Rough Guides, 2024-10-01 This compact pocket sized Norfolk Suffolk travel guidebook is ideal for travellers on weekend trips or shorter breaks in the UK It includes ready made walking and driving itineraries that allow you to organise your visit to Norfolk Suffolk without losing time planning The Norfolk Suffolk guide book covers Norwich The Brecks King's Lynn to Holkham Wells to Cromer Norfolk Broads Great Yarmouth Southwold and around Aldeburgh and around Bury St Edmunds and around Cambridge around Cambridge Colchester and Constable Country Inside this Norfolk Suffolk travel book you will find 12 ready made walks and tours easy to follow walking and driving tour itineraries featuring the best places to visit as well as what to do and where to eat along the way Walks and tour highlights short lists highlight the best of each walk or tour Things not to miss in Norfolk Suffolk boating birdwatching East Ruston Vicarage Garden Orford Ness St Helen's Framlingham seal spotting Winterton Beach Bury St Edmunds Thetford Forest Curated recommendations of places main attractions off the beaten track adventures child friendly family activities chilled out breaks in popular tourist areas Rainy day recommendations plenty of options whatever the British weather throws at you Insider recommendations tips on how to beat the crowds save time and money and find the best local spots Historical and cultural insights learn more about Norfolk Suffolk's rich history with fascinating cultural insights Trip tips outdoor activities and themed holidays Practical information how to get there and how to get around facts for visitors Handy mapping practical full colour maps with clearly numbered sights relating to major points of interest in the main text Fully updated post COVID 19 The Visitor's Guide to East Anglia Clive Tully,1990 The Rough Guide to England, 2004-03 This is a comprehensive and up to the minute handbook to England It includes recommendations of the best places to stay eat and drink in all budget ranges and in

all regions It also includes accounts of every type of attraction Norfolk (Slow Travel) Laurence Mitchell, 2023-03-15 This new thoroughly updated third edition of Bradt's Norfolk part of Bradt's award winning Slow travel series of guides to UK regions turns the spotlight on this county of contrasts from the fine city of Norwich to the watery wilderness of the Broads and the sweeping beaches of the superlative north coast As well as featuring all the main sights experienced travel writer and local resident Laurence Mitchell ensures that Bradt's Norfolk covers places and aspects not detailed by other guidebooks and offers a special emphasis on car free travel walking including along several long distance footpaths accommodation local food and pubs Written in an entertaining style combining personal narrative with authoritative information this guide brings the county to life through anecdotes and the views of local people Making a virtue of being selective the guide points visitors to the cream of the area but includes the whole of Norfolk from Great Yarmouth and the Broads in the east to the Fens of the far west from the iconic North Norfolk coast to the Breckland region to the south Places to eat and drink are selected by the author based upon long standing knowledge of the area in particular delving into aspects of regional distinctiveness and character Characterful market towns medieval churches and Seahenge a 4 000 year old timber circle feature alongside culturally vibrant Norwich England's first UNESCO City of Literature which hosts the acclaimed Sainsbury Centre for Visual Arts and the highly rated Norwich and Norfolk Festival Flora and fauna are also celebrated the guidebook detailing the many wildlife sites within the county that are home to rare species including the iconic swallowtail butterfly while there is new detail on rewilding projects such as Wild Ken Hill featured on BBC Springwatch and Autumnwatch programmes seal colonies and the Snettisham spectacular of shorebirds and geese Hiking and biking literary and artistic connections canoeing and water based activities local food and drink including prize winning vineyards and independent breweries and all the practical up to date information you could need are included helping make Bradt's Norfolk the must have guide for all visitors to this Publishers' Circular and Booksellers' Record of British and Foreign Literature ,1894 beguiling county The Publishers' Circular and Booksellers' Record of British and Foreign Literature, 1894 Publishers' Circular and General Record of British and Foreign Literature, and Booksellers' Record ,1894 The complete cyclist travel quide for Virginia (USA) .2025-08-15 Athenaeum .1892 Pocket Rough Guide Staycations Norfolk & Suffolk (Travel Guide eBook) Rough Guides, 2021-06-15 Rough Guides Staycations Norfolk Suffolk Make the most of your time on Earth with the ultimate travel guides Inspirational and informative new pocket guide making the most of holidaying at home in the UK through clearly laid out walks and tours Explore the best of Norfolk Suffolk with this unique travel guide packed full of insider information and stunning images From making sure you don t miss out on must see top attractions like BeWILDerwood and Holkham Hall to Sutton Hoo to discovering cultural gems including punting in Cambridge grabbing binoculars and bird watching in Minsmere RSPB Nature Reserve and strolling down sprawling piers such as Southwold the easy to follow ready made walking and driving routes will save you time and help you plan and enhance your staycation in Norfolk Suffolk

Features of this travel guide to Norfolk Suffolk 12 walks and tours detailed itineraries feature all the best places to visit including where to eat along the way Local highlights discover the area s top sights and unique attractions and be inspired by stunning imagery Time saving itineraries carefully planned routes will help inspire and inform your on the road experiences Historical and cultural insights learn more about Norfolk Suffolk's rich history with fascinating cultural insights throughout Insider recommendations where to stay and what to do from active pursuits to themed trips Rainy day recommendations uncover plenty of options whatever the weather throws at you Practical full colour maps with every major sight and listing highlighted the full colour maps make on the ground navigation easy Key tips and essential information from transport to hours of operation we ve got you covered New for 2021 the latest guidance to all the places you should discover in Norfolk Suffolk The ultimate travel tool download the free eBook to access all this from your phone or tablet Covers The Brecks King s Lynn to Holkham Wells to Cromer Norfolk Broads Great Yarmouth Southwold and Around Aldeburgh and Around Bury St Edmunds and Around Cambridge Around Cambridge Colchester and Constable Country Looking for a comprehensive guide to England Check out Rough Guides England for a detailed and entertaining look at all the country has to offer About Rough Guides Rough Guides have been inspiring travellers for over 35 years with over 30 million copies sold Synonymous with practical travel tips quality writing and a trustworthy tell it like it is ethos the Rough Guides list includes more than 260 travel guides to 120 destinations gift books and phrasebooks Benn's Media Directory, 1987 **Life Cycle Assessment** (LCA) and Life Cycle Analysis in Tourism Viachaslau Filimonau, 2015-10-23 Tourism is an activity that anyone can take part in regardless of their age gender nationality or level of income This makes tourism one of the most rapidly developing industries in the world Despite the number of benefits which tourism produces it also has significant negative impacts on the environment To minimise the scope of these negative impacts joint efforts combining tourism and environmental management are called for This book examines the application of the Life Cycle Assessment LCA method and lifecycle thinking as a tool to generate more accurate and holistic appraisals of the environmental impacts of tourism Looking at the issue of sustainability of tourism operations the book evaluates how it can be improved It highlights the potential of LCA to affect tourist behaviour and contribute to tourism policy making and managerial practice. This book provides a valuable resource for undergraduates postgraduates and researchers interested in sustainable tourism sustainable development and environmental impact assessment WALNECK'S CLASSIC CYCLE TRADER, JANUARY 2006 Causey Enterprises, LLC,

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