


# BASIC THEORY OF TRADITIONAL CHINESE MEDICINE

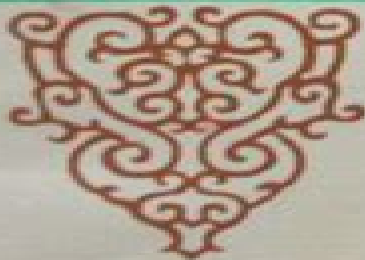
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# Basic Theories Of Traditional Chinese Medicine

**Jin Yang,Huang Huang,Lijiang Zhu**



## **Basic Theories Of Traditional Chinese Medicine:**

**Basic Theories of Traditional Chinese Medicine** Zhu Bing, Wang Hongcai, 2010 Traditional Chinese medicine has a long and complex history yet the basic principles at the heart of practice have remained the same for hundreds of years Without a solid understanding of these fundamental theories effective practice is impossible and this book provides a complete introduction to everything that students and practitioners both new and experienced need to know The book describes and explains all of the fundamental principles of Traditional Chinese Medicine including yin yang the five elements the zang and fu organs Zang Xiang Qi and the meridians and collaterals of the body Explaining not only the principles upon which these elements work but also how they interrelate the book describes how they can be used in practice to identify treat and prevent ill health and disease This thorough and accessible textbook compiled by the China Beijing International Acupuncture Training Center CBIATC under the editorial directorship of leading Chinese clinicians Zhu Bing and Wang Hongcai is essential reading for students of traditional Chinese medicine and is also a useful basic reference for TCM practitioners

**The Basic Theories of Traditional Chinese Medicine** Zhaozhi Cheng, Liutong Zhang, 1996 The Basic Theories of Traditional Chinese Medicine Feng Ifrim-Chen, 2004 *Basic Theories of Traditional Chinese Medicine* Hongcai Wang, Bing Zhu, 2011-01-15 Traditional Chinese medicine has a complex history yet the basic principles at the heart of practice have remained the same for hundreds of years Without a solid understanding of these fundamental theories effective practice is impossible This book provides a complete introduction to everything that students and practitioners need to know

*Concepts and Theories of Traditional Chinese Medicine* Yubin Lu, Chengcai Lui, 1998 *Fundamentals of Chinese Medicine* Guangren Sun, Douglas Darwin Eisenstark, Qingrong Zhang, 2014-07-01 The Fundamentals of Chinese Medicine is an international collaboration of Chinese medicine experts from both China and the west and co written by an experienced practitioner who has been teaching the subject in western schools This book covers the theory of traditional Chinese medicine and discusses the topic in greater depth than any English language textbook available today An abundance of classical references are also included here The material in this text comprises course material for a professional course of training in TCM which is also the basic material for studying and comprehension of other more advanced courses in TCM The main contents include the physiological basis of essence qi yin yang and the five phases followed by the theories of essence qi and blood fluids and spirit Organ manifestation channel and collateral theory constitutional theory etiology and patho mechanism and also principles of prevention and treatment are expounded upon The knowledge in this textbook is approximately equal to that for students of TCM colleges in China and coincides with the requirements in the Examination Syllabus for TCM Professional Practitioners Worldwide *Basic Theory of Traditional Chinese Medicine* Shanghai College of Traditional Chinese Medicine, Enquin Zhang, 1990 Basic Theory of Traditional Chinese Medicine Meng Qing, 2005

**Fundamentals of Traditional Chinese Medicine** Hong-Zhou Wu, Zhaoqin Fang, 2013 Traditional Chinese medicine

TCM with a history of thousands of years is the crystallization of the ancient Chinese s experiences in their struggle against diseases It is also an integral part of the Chinese s splendid culture Under the influence and direction of classic Chinese philosophies it has undergone long term medical practice and infiltrated into as well as absorbed from other subjects in that point in time thus gradually evolving into a unique medical theoretical system that contributed and is still contributing significantly to the healthcare of the Chinese and the prosperity of the Chinese nation The basic theories of TCM are the theoretical foundations for guiding traditional Chinese preventive medicine and clinical medicine and encompass aspects such as the philosophical foundation for TCM understanding the effects of TCM on the physiology and pathology of the human body and the principles in TCM for life cultivation rehabilitation diagnostics and therapeutics In this sense the basic theories are regarded not only as an important part of TCM but also as a compulsory course fundamental to the study and research of TCM This book is compiled to allow the majority of readers to understand the theory of TCM and its methods of diagnosing and treating diseases in a relatively short period of time It provides a brief introduction to the basic characteristics and theory of TCM and a detailed schedule of learning commonly occurring diseases and patterns and their estimated 60 corresponding prescriptions This is a great attempt in initiating more people to understand and apply the theory of TCM to diagnose and treat common diseases and provide corresponding formulas

Basic theory of traditional Chinese medicine Vol. 1: a practical English-Chinese library of traditio Enqin Zhang, *Recent Advances in Theories and Practice of Chinese Medicine* Haixue Kuang,2012-01-18 During the recent years traditional Chinese medicine TCM has attracted the attention of researchers all over the world It is looked upon not only as a bright pearl but also a treasure house of ancient Chinese culture Nowadays TCM has become a subject area with high potential and the possibility for original innovation This book titled *Recent Advances in Theories and Practice of Chinese Medicine* provides an authoritative and cutting edge insight into TCM research including its basic theories diagnostic approach current clinical applications latest advances and more It discusses many often neglected important issues such as the theory of TCM property and how to carry out TCM research in the direction of TCM property theory using modern scientific technology The authors of this book comprise an international group of recognized researchers who possess abundant clinical knowledge and research background due to their years of practicing TCM Hopefully this book will help our readers gain a deeper understanding of the unique characteristics of Chinese medicine

A General Introduction to Traditional Chinese Medicine Men Jiuzhang,Guo Lei,2009-11-12 Established by the Western Han dynasty more than 2 000 years ago Traditional Chinese Medicine TCM is currently finding increased acceptance *A General Introduction to Traditional Chinese Medicine* explores the thinking behind TCM its philosophy based theory and its cutting edge uses in today s clinical practice The book covers Establishment an **Practical Traditional Chinese Medicine and Pharmacology** Junying Geng,Zhihong Su,1990

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*Way of Thinking in Chinese Medicine* Friedrich G. Wallner, 2010 Chinese Medicine is an outstanding scientific proposition system with its own structural methodological and theoretical prerequisites flowing into the specific practices that make Chinese Medicine popular in the Western world However we should be aware of the fact that Chinese Medicine is challenged in its existence because it is widely unknown Fostering the understanding of Chinese Medicine in various aspects is hence the main aim of this book that gives interesting insights into the discussions on current developments in Chinese Medicine research

*Essentials of Chinese Medicine* Zhanwen Liu, 2009-09-16 The *Essentials of Chinese Medicine* is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine CM at the university level The idea of writing such a text was originated from the Sino American Consortium for the Advancement of Chinese Medicine SACACM which was founded in February 2000 In 1995 the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation After the reunification of Hong Kong with mainland China in 1997 the Government of the Hong Kong Special Administrative Region continued the efforts to uplift the practice of CM to a fully professional level through legislation To help bring up a new generation of professional CM practitioners the Hong Kong Baptist University HKBU obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations In order to establish itself quickly as a rigorous provider of university level CM education HKBU sought alliance with eight major CM universities in the Chinese Mainland and one US university which was interested in developing CM education within its medical college As a result the Consortium known as SACACM was formed with ten founding institutions from Beijing Shanghai Nanjing Shandong Guangzhou Chengdu Heilongjiang Hong Kong and the United States

*Handbook Of Traditional Chinese Medicine (In 3 Volumes)* Stevenson Xutian, Shusheng Tai, Chun-su Yuan, 2014-09-19 For over two thousand years Traditional Chinese Medicine TCM has made many significant contributions to China's growth and prosperity This textbook based on the unique characteristics of TCM discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment The book provides clinical practitioners with a fundamental understanding of the essence of TCM We highly recommend this book for students interested in TCM Chinese medicine doctors and other healthcare professionals biomedical researchers and interested individuals Readers will benefit from the inspirational viewpoints discussed in the book

*World Century Compendium To Tcm - Volume 3: Introduction To Chinese Materia Medica* Jin Yang, Huang Huang, Lijiang Zhu, 2013-09-12 This book aims to provide readers with adequate knowledge for clinical application of Chinese medicine which is in line with the fundamental principle of correspondence of Chinese medicinals and patterns It contains a brief introduction to relative theories divides these medicinals by actions into categories such as exterior releasing heat clearing purgative dampness dispelling fluid retention disinhibiting interior warming qi regulating

blood invigorating blood stanching food accumulation relieving phlegm cough and wheezing arresting mind tranquilizing liver calming orifices opening tonifying astringing and worm dispelling and elaborates each herb in terms of its actions quality indications usage and dosage Furthermore mnemonics and simple and effective formulas are included to help readers effectively grasp the concepts behind practical applications and precautions and daily practices are specifically designed to support readers in easily understanding and retaining the information

*World Century Compendium To Tcm - Volume 1: Fundamentals Of Traditional Chinese Medicine* Hong-zhou Wu,Zhao-qin Fang,Pan-ji Cheng,2013-07-26 Traditional Chinese medicine TCM with a history of thousands of years is the crystallization of the ancient Chinese s experiences in their struggle against diseases It is also an integral part of the Chinese s splendid culture Under the influence and direction of classic Chinese philosophies it has undergone long term medical practice and infiltrated into as well as absorbed from other subjects in that point in time thus gradually evolving into a unique medical theoretical system that contributed and is still contributing significantly to the healthcare of the Chinese and the prosperity of the Chinese nation The basic theories of TCM are the theoretical foundations for guiding traditional Chinese preventive medicine and clinical medicine and encompass aspects such as the philosophical foundation for TCM understanding the effects of TCM on the physiology and pathology of the human body and the principles in TCM for life cultivation rehabilitation diagnostics and therapeutics In this sense the basic theories are regarded not only as an important part of TCM but also as a compulsory course fundamental to the study and research of TCM This book is compiled to allow the majority of readers to understand the theory of TCM and its methods of diagnosing and treating diseases in a relatively short period of time It provides a brief introduction to the basic characteristics and theory of TCM and a detailed schedule of learning commonly occurring diseases and patterns and their estimated 60 corresponding prescriptions This is a great attempt in initiating more people to understand and apply the theory of TCM to diagnose and treat common diseases and provide corresponding formulas

Key Concepts in Traditional Chinese Medicine Li Zhaoguo,Wu Qing,Xing Yurui,2019-08-07 This book offers a comprehensive overview of Chinese medicine terminology translation defining the most central concepts in Chinese traditional medicine providing simplified Chinese characters Mandarin Pronunciation in pinyin citations for 111 of the most key concepts in traditional Chinese medicine and culture Covering definitions of terms relating to essence qi yin yang theory five elements and visceral manifestation in traditional medicine it offers a selection of English versions of each term in addition to a standard English version drawing on the translation history of traditional Chinese medicine It provides a useful resource to understand the fundamental terms of traditional Chinese medicine and culture in Chinese and English and their relevance to cross cultural discourse

## **Basic Theories Of Traditional Chinese Medicine** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Basic Theories Of Traditional Chinese Medicine**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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