

1

**People on effective HIV treatment can't pass it on**

Effective treatment for HIV suppresses the virus to such low levels that it can't harm you and you can't pass it on.

2

**HIV can't be passed on through day-to-day contact**

HIV can't be passed on through things like touching, kissing, sharing cutlery or glasses.

HIV can be passed on through sex without a condom but only if a person is not on effective treatment. It can also be passed on through sharing needles and during pregnancy (but in the UK this is extremely rare because we have great treatment).

3

**HIV can affect anyone**

Some groups of people are affected by HIV more than others, but it can be passed on to anyone.

4

**People living with HIV can live long and healthy lives**

There isn't a cure for HIV, but there is excellent treatment. If you are diagnosed in good time and take your medication, you can have as long and healthy a life as everyone else.

5

**There are many ways to prevent HIV**

- Getting regularly tested for HIV if you are sexually active
- Taking PrEP or PEP (tablets which prevent HIV either before or just after you've been exposed to it)
- Using condoms
- Never sharing needles
- Taking your medication if you are living with HIV



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# Aids Fact

**Yicheng Fang**



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## **Table of Contents Aids Fact**

1. Understanding the eBook Aids Fact
  - The Rise of Digital Reading Aids Fact
  - Advantages of eBooks Over Traditional Books
2. Identifying Aids Fact
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Aids Fact
  - User-Friendly Interface
4. Exploring eBook Recommendations from Aids Fact
  - Personalized Recommendations
  - Aids Fact User Reviews and Ratings
  - Aids Fact and Bestseller Lists
5. Accessing Aids Fact Free and Paid eBooks
  - Aids Fact Public Domain eBooks

- Aids Fact eBook Subscription Services
- Aids Fact Budget-Friendly Options
- 6. Navigating Aids Fact eBook Formats
  - ePub, PDF, MOBI, and More
  - Aids Fact Compatibility with Devices
  - Aids Fact Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Aids Fact
  - Highlighting and Note-Taking Aids Fact
  - Interactive Elements Aids Fact
- 8. Staying Engaged with Aids Fact
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Aids Fact
- 9. Balancing eBooks and Physical Books Aids Fact
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Aids Fact
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Aids Fact
  - Setting Reading Goals Aids Fact
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Aids Fact
  - Fact-Checking eBook Content of Aids Fact
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks

## 14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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