



Dr. David Sherer's

HOSPITAL

Survival Guide

100+ Ways to Make Your Hospital Stay Safe and Comfortable

DAVID SHERER, MD AND MARYANN KARINCH

Dr David Sherers Hospital Survival Guide

Sid Kirchheimer



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Hospital Survival Guide David Sherer, 2020 *Hospital Survival Guide The Patient Handbook to Getting Better and Getting Out* is the essential patient handbook to ensure that you and your family emerge from hospital visits healthier than before checking in and without having to endure excessive stays pain or indignities Includes practical tips warnings and surprising information you doctor might not tell you such as the fact that July when the new interns start is the most dangerous month to have a procedure done at a teaching hospital EMLA anesthetic cream can be requested to be used on children's skin allowing for less painful I V starts and washing off all iodine based antiseptics thoroughly after surgery can prevent chemical burns Proven tips for reducing hospital bills are also presented **Hospital Survival Guide** David Sherer, 2020-08-11 WHY YOU SHOULD NEVER HAVE AN OPERATION IN JULY AND OTHER LIFESAVING ADVICE This book offers practical advice about how to keep yourself free from harm and error in hospitals and how to assert yourself in cases such as getting stuck with a bad roommate or a rude doctor Includes chapters on taking children to the hospital and how to be prepared before an emergency The Wall Street Journal *Hospital Survival Guide The Patient Handbook to Getting Better and Getting Out* is the essential patient handbook to ensure that you and your family emerge from hospital visits healthier than before checking in and without having to endure excessive stays pain or indignities Includes practical tips warnings and surprising information you doctor might not tell you such as the fact that July when the new interns start is the most dangerous month to have a procedure done at a teaching hospital EMLA anesthetic cream can be requested to be used on children's skin allowing for less painful I V starts and washing off all iodine based antiseptics thoroughly after surgery can prevent chemical burns Proven tips for reducing hospital bills are also presented Dr Sherer will teach you how to Find the Best Hospital for Your Condition Demand Receive the Best Care Avoid Unnecessary Pain Complications Protect Your Health from Human Error Navigate Emergency Room Care Educate Yourself on Your Condition Your Rights Protect Your Financial Health Reduce Your Bills Choose Between Bundling Services Versus Fee for Service Pricing Pros Cons Work the System to Get What You Need Maximize New and Innovative Ways to Use the Internet for Self Education Deal with the Impact of Pandemic Emergencies Natural Disasters and the Opioid Crisis on Your Care Learn More about Artificial Intelligence Robotic surgery and Using Big Data Decide if Medicare for All is Feasible and the Social Determinants on the Allocation of Healthcare And Much Much More I recommend this book for everyone especially people who are undergoing their first operation in a hospital Being aware of the services offered or not offered in the hospital and learning ways to reduce anxiety can be invaluable throughout one's hospital stay For health care providers the *Hospital Survival Guide* offers excellent insight into many of the uncertainties that patients face as they enter into the unknown world of the hospital Even though we hear the alarming statistics every day the book is a powerful reminder of all of the mistakes that can be made in the course of care and what we all can do to reduce the likelihood of experiencing a medical error ourselves P T Journal **Caregiver's Guide** Sharon E.

Hohler,2011-11-28 Every year 65 million people give care to their frail ailing or disabled loved ones Whether caregiving begins with a crisis or builds gradually spouses adult children parents with sick children even children themselves who care for parents and grandparents can find themselves struggling to navigate the often confusing medical world while neglecting their own health and well being How can caregivers care for themselves when they are consumed with tending to someone else This indispensable guide offers the information support and resources needed to achieve this difficult balance In addition to advice on maintaining one s own health and relieving stress topics include medical terms and procedures tips for doctor visits ways to avoid mistakes in medicines safety around the home and the most common health problems A list of resources and samples of important medical documents complete this essential manual **Dr. David Sherer's Hospital Survival**

Guide David Sherer,Maryann Karinch,2003 This guide offers practical tips to ensure that patients emerge from their hospital visits healthier than they were before they checked in and without having to endure excessive pain or indignities Included are practical tips and warnings such as the fact that July when the new interns start is the most dangerous month to have a procedure done at a teaching hospital EMLA anesthetic cream can be requested to be used on children s skin allowing for less painful I V starts and washing off all iodine based antiseptics thoroughly after surgery can prevent chemical burns

Proven tips for reducing hospital bills are also presented **The 10 Best Questions for Surviving Breast Cancer** Dede Bonner,2008-09-30 A good mind knows the right answers but a great mind knows the right questions And never are the Best Questions more important than after a diagnosis of breast cancer Drawing on cutting edge research and original interviews including with former surgeon general C Everett Koop bestselling author Dr Susan Love well known breast cancer survivors like Betty Rollin and experts at the top cancer care centers in the world The 10 Best Questions for Surviving Breast Cancer is a guide you ll take with you into your doctor s office and keep close to you through every step of your treatment and recovery In addition to the medical questions you ll also learn what you need to ask your friends colleagues and loved ones so that the rest of your life doesn t take a backseat to your diagnosis How many days I can afford to be out p 211 What questions are my children likely to ask p 261 When will I be comfortable being intimate again with my partner p 234 With a wealth of resources and up to the minute information The 10 Best Questions for Surviving Breast Cancer shows you how to move past a scary diagnosis and use the power of questions to become your own best advocate for your emotional mental physical and financial health **Scam-proof Your Life** Sid Kirchheimer,2007 Provides consumers with information on ways to protect themselves from scams covering such topics as homes credit cards identity theft and travel **Bottom Line Year Book, 2006** ,2005 **The 10 Best Questions for Recovering from a Heart Attack** Dede Bonner,2009-05-19 Drawing on cutting edge research and advice from internationally prominent cardiologists The 10 Best Questions for Recovering from a Heart Attack is a holistic guide you ll take with you into your doctor s office and keep close to you through every step of your treatment and recovery A good mind knows the right answers but a great mind knows the right questions And never are the

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How to Spot a Liar Gregory Hartley, Maryann Karinch, 2012-07-22 From a US Army interrogator expert advice on how to ask questions assess body language and facial expressions to extract the truth from anyone Have you ever been lied to Of course you have whether you knew it or not Ever caught a spouse business partner parent boss or child brazenly lying right to your face What if you could tell someone was lying just by listening to them and observing their action and behavior How to Spot a Liar is the first book that gives you the tools to figure out what s really going on to gain the upper hand in salary negotiation move a prospective client toward the outcome you desire and find out why you need to end a business or personal relationship Who needs How to Spot a Liar Anyone with a cheating spouse or manipulative boss Anyone conducting job interviews or cold calling prospective customers Lawyers who need to read witnesses or jurors Anyone trying to survive the

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