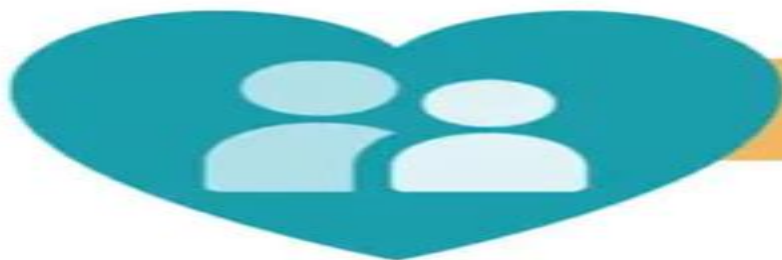


ALCOHOLISM AND CODEPENDENCY



IT IS NATURAL TO CHANGE AND GROW IN A RELATIONSHIP. HEALTHY RELATIONSHIPS WILL BRING ABOUT A POSITIVE CHANGE TO THE LIVES OF BOTH PEOPLE.

9.2 MILLION
U.S. ADULTS EXPERIENCED BOTH A
MENTAL ILLNESS AND A
SUBSTANCE USE DISORDER
IN 2018



AN UNHEALTHY RELATIONSHIP WILL HURT BOTH PEOPLE AND CAN CAUSE A TOXIC CYCLE THAT SEEMS HARD TO BREAK.



CYCLE OF AN UNHEALTHY RELATIONSHIP

A CODEPENDENT WILL TAKE ON SOME OF THE UNHEALTHY BEHAVIORS OF THE PERSON WITH AN ADDICTION.

A CODEPENDENT WILL ASSUME A ROLE THAT COMPLEMENTS THE UNHEALTHY BEHAVIORS OF THE OTHER PERSON.

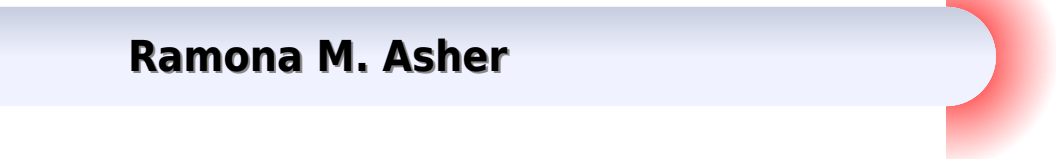
A CODEPENDENT WILL THAT ACTS COUNTER TO THE UNHEALTHY BEHAVIORS OF THE OTHER PERSON.



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Alcoholism And Codependency

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web jul 31 2023 begin your letter by explicitly stating that you are requesting sick leave mention the specific dates you need to be absent from work provide a valid reason briefly explain the reason for your sick leave you don t need to go into great detail but mention the illness or health condition that necessitates your absence be honest and transparent

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web acknowledge and agree that any sick leave advanced to me is considered a debt and that beginning with the first pay period after the advancement is approved i am required to repay the city of bothell by applying my future sick leave accruals each pay period

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web jul 31 2023 whatever the case if you need extended time away from work you should submit a leave of absence request to your employer in this article we offer several tips to help you compose a professional leave of absence request that appropriately addresses you and your employer s needs

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web mar 6 2023 a sick leave letter is a document an employee can send to a manager or supervisor to request time off work because of an illness or injury it s important for an employee to request sick leave if they cannot perform their job duties effectively

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web feb 3 2023 1 review your organization s leave policies before writing your leave application letter check your employee handbook or consult with human resources to determine what information they need to approve your request for example they may require fmla paperwork or a doctor s note for official medical leave