

Couples, Trauma, and Catastrophes

Barbara Jo Brothers
Editor

Couples Trauma And Catastrophes

**Volker Thomas, Joseph L.
Wetchler, Terri Karis**



Couples Trauma And Catastrophes:

Couples, Trauma, and Catastrophes Barbara Jo Brothers, 2014-02-04 *Couples Trauma and Catastrophes* examines the issues and hardships couples face when dealing with traumatic circumstances such as illness child abduction or the death of a child From case studies and recommendations from other therapists you will learn how to better help clients identify sources of pain and strength and help their relationships or marriages endure crises In order to cope with the emotional stress of a tragic event an individual needs support that is many times offered by a significant other In this book you will learn of models and suggestions that help couples communicate with each other and connect in times of great need *Couples Trauma and Catastrophes* examines many topics that will improve your effectiveness with your clients such as trying to substitute another person s identity as your own and the harm it causes you and your relationship describing how to help couples hold tell master and honor their traumas through therapy dealing with the death of a child through intimacy therapy and emotional responding describing congenital pseudarthrosis CPT and recommendations to lessen stress for the parents such as sharing information and advice in a certain manner to avoid anger and hurt feelings and participating in a support group examining survivor guilt and how it negatively affects an individual and his her relationships Observing theories from Virginia Satir and Viktor Frankl this book offers exercises that couples can perform in therapy or at home that will help them cope with trauma Giving you suggestions and theories that can be used to fit a variety of situations *Couples Trauma and Catastrophes* provides you with proven successful methods that will increase your effectiveness with clients dealing with catastrophes

Couples, Trauma, and Catastrophes Barbara Jo Brothers, 1998 Examines issues and hardships couples face when dealing with traumatic circumstances such as illness child abduction or the death of a child Case studies and recommendations from therapists show how to help clients identify sources of pain and strength and help their relationships or marriages endure crises Includes exercises that couples can perform in therapy or at home Co published simultaneously as *Journal of Couples Therapy* vol 7 no 4 1998 Annotation copyrighted by Book News Inc Portland OR

Clinical Issues with Interracial Couples Volker Thomas, Joseph L. Wetchler, Terri Karis, 2014-02-25 Go beyond cookie cutter therapy and interventions to provide culturally relevant therapy that works for your clients in interracial relationships With this book you ll explore an array of relational issues faced by various configurations of interracial couples Then you ll learn specific intervention strategies for treating these couples in therapy The first section presents research and theoretical chapters on issues faced by interracial couples who are heterosexual the second focuses on issues facing racially mixed gay and lesbian couples and the third provides you with specific interventions to use with couples in interracial relationships *Clinical Issues with Interracial Couples Theories and Research* is an important addition to the collection of any therapist who counts an interracial couple among his or her clients From the editors Although interracial couples face challenges related to differences in their racial backgrounds couple and family theories have had little to say about how to work with these

differences Not all couples are white married and heterosexual and there is a growing understanding that clinical practices based on these assumptions may not be adequate when working with interracial couples Recognizing the diversity of our clients the intent of this book is to contribute to more respectful and inclusive clinical practices that can address the treatment issues we face in the first decade of the twenty first century The first section of this book examines challenges faced by heterosexual interracial couples focusing on how black white couples experience and respond to racism and how they negotiate the racial and ethnic differences they face in their relationships the significance of race or lack of it in white women s relationships with black men with suggestions on how to create a therapeutic space for discussing race without over determining its significance marriages where one partner is of Latino a descent and the other of non Latino a white descent a pilot study of a rarely investigated population approaches interventions and strategies to use when treating multicultural Muslim couples Hawaii s unusual history of interracial ties and relationships the common challenges that face interracial couples there and therapeutic interventions that can benefit them The second section of Clinical Issues with Interracial Couples looks at the issues faced by same sex interracial couples Here is a sample of what you ll find clinical considerations for working with interracial intercultural lesbian couples pitfalls to avoid in therapy as well as suggestions for a conceptual approach for gay Latino men in cross cultural relationships The book s final section presents interventions for use with interracial couples Here you ll find assessment techniques and interventions geared toward black white couples information on doing effective therapy with Latino a white couples a case study of the therapeutic process as applied to an Asian American woman married to a white man seven therapists perspectives on working with interracial couples focusing on the historical context of intermarriage specific concerns and issues that interracial couples experience in their relationships and the experiences of therapists working with this diverse and challenging client population

Handbook of the Clinical Treatment of Infidelity Katherine Milewski Hertlein, Fred P Piercy, Joseph L. Wetchler, 2013-03-07 Help your clients relationships survive infidelity In the Handbook of the Clinical Treatment of Infidelity a panel of seasoned experts reflects on issues central to affairs and on how to help couples heal and learn from them First editors Fred P Piercy Katherine M Hertlein and Joseph L Wetchler provide an essential overview of infidelity theory research and treatment They discuss the effect of infidelity on couples and delineate three types of infidelity emotional physical and infidelity including aspects of both They review the relatively new role of the Internet in infidelity and explore infidelity within the context of comarital relationships Finally they discuss the overarching theories and common models used in infidelity treatment Also in the Handbook of the Clinical Treatment of Infidelity Susan M Johnson the co developer of Emotionally Focused Therapy EFT discusses affairs through the lens of attachment theory and shows how EFT provides a way to acknowledge and express pain remorse and regret and to repair this attachment bond David Moultrup takes a Bowenian approach to infidelity focusing attention on the underlying dynamics of the emotional system Frank Pittman and Tina Pittman Wagers outline cultural myths

about affairs and do their share of debunking Adrian Blow discusses how to help couples directly address their pain and the challenges of the healing process Brian Case highlights the role of apology and forgiveness in the healing process Frank Stalfa and Catherine Hastings focus on the treatment of accusatory suffering a spouse's obsessive holding onto and retaliating for an affair long after it has ended and despite the offending partner's repeated apologies and attempts at restitution Don David Lusterman discusses individuals who have suppressed or denied traumatic stress reactions to their partner's affair and how to help them Scott Johnson discusses myths about affairs from who is cheating on whom to whether men really have more affairs than women to the blame filled language of affairs betrayal and infidelity asking us to think more systematically about affairs and to see the dynamics of extra dyadic relationships as more complex and nuanced than they are typically portrayed in the literature Joan Atwood provides an overview of Internet infidelity the factors influencing one's involvement in this type of infidelity and some considerations for therapists Tim Nelson Fred Piercy and Doug Sprengle report on the results of a multi phase Delphi study that explored what infidelity experts say are the critical issues interventions and gender differences in the treatment of Internet infidelity Monica Whitty and Adrian Carr draw upon Klein's object relations theory and discuss how this might influence the way people rationalize their Internet infidelity Emily Brown outlines the concept of the Split Self Affair discussing its origins characteristics and implications for individuals and couples and providing detailed information on how to work with these couples in therapy Michael Bettinger presents extra dyadic relationship as a fact rather than a problem within many gay male relationships a discussion that shows how gay male polyamory can work as an alternative to the heterosexual model of emotional and sexual exclusivity in romantic dyadic relationships Katherine Hertlein and Gary Skaggs report on the results of a study that assessed the level of differentiation and one's engagement in extra dyadic relationships The Handbook of the Clinical Treatment of Infidelity is essential reading for today's and tomorrow's clinicians who work with couples Make it a p

Relationship Therapy with Same-Sex Couples Jerry Bigner, Joseph L. Wetchler, 2014-01-14 Use new knowledge of the LGBT culture to ably counsel same sex couples Relationship Therapy with Same Sex Couples provides psychologists therapists social workers and counselors with an overview of the array of treatment issues they may face when working with couples from the LGBT community This book highlights the experiences of therapists who have encountered concerns particular to LGBT clients especially those in intimate relationships This intriguing resource covers clinical issues sex therapy special situations and training issues for helping therapists successfully counsel same sex couples Relationship Therapy with Same Sex Couples explores the therapist's role in working through universal issues in couples therapy such as communication problems infidelity and decision making with a focus on how therapy should differ for same sex couples This important guide also identifies which problems are unique to couples as an aspect of their sexual orientation including gender role socialization and societal oppression With this book you will be able provide appropriate therapy without over or under attributing a couple's problems to their LGBT

status This book shows how experienced therapists have developed methods for working with gay and lesbian parents heterosexual spouses and ex spouses couples in HIV serodiscordant relationships lesbian bed death couple and family dynamics supporting transgender and sexual reassignment issues and more Relationship Therapy with Same Sex Couples contains several features for you to utilize in your own practice including the Sexual Orientation Matrix for Supervision SOMS to assist supervisors and trainers in preparing supervisees to work with lesbian gay and bisexual clients The book also offers guidelines for heterosexual therapists who plan to work with same sex couples and how to overcome any residual homophobia or heterosexual guilt Lastly this essential sourcebook reviews several articles book chapters books and Web sites that are relevant to same sex couples and the therapists who work with them

Strategic Interventions for People in Crisis, Trauma, and Disaster Diane Sullivan Everstine, Louis Everstine, 2013-05-24 Strategic Interventions for People in Crisis Trauma and Disaster enables therapists to walk into difficult situations with a thorough understanding of interactional dynamics and a plan of action With the stressful turbulence of our present culture more and more clinicians are called upon to intervene in crisis situations Violent interactions once considered rare or beyond the province of the therapist have become familiar events to many practitioners This volume provides them with both the theoretical background and practical techniques to help people learn from crisis experiences and move toward change and growth Of special interest are practical guidelines and specific intervention strategies for conducting psychotherapy with different types of violent persons and of victims Treatment principles for each crisis situation are then illustrated in detailed case studies As the authors demonstrate with these troubled people a therapist must be ready to make quick decisions draw upon all available resources from the family and community and offer continuing support as traumas are worked through and new behavior patterns are learned In addition the authors discuss the legal and ethical responsibilities of the therapist

Couples and Body Therapy Barbara Jo Brothers, 2013-12-16 Bring the physical dimension into your therapeutic work with couples This helpful book offers couples therapists new and powerful techniques derived from several body oriented therapies This fresh approach can help you identify the hidden conflicts and attitudes of your clients Couples and Body Therapy offers you exercises tips and practical suggestions for helping troubled couples In Couples and Body Therapy expert therapists candidly discuss the dangers and benefits of using touch to heal Their discussion of whether when how and whom to touch clients includes valuable suggestions for working through transference and countertransference as well as for dealing with hostile clients and obtaining informed consent to touch Couples and Body Therapy provides thoughtful explorations of the ideas and methods of well regarded experts including Virginia Satir Wilhelm Reich Alexander Lowen John Pierrakos Fritz Perls Stanley Keleman and John Gutman as they apply to the physical expression of emotional states This book draws from a number of powerful bodywork systems including core energetics biodynamic analysis formative psychology Hakomi Gestalt Use it to learn the healing skills of body oriented therapies including centering yourself before sessions giving voice to your clients body

messages doing effective energy assessments reading posture gesture and somatic signals using concentration exercises and grounding techniques Plentifully illustrated with case studies Couples and Body Therapy is essential reading for therapists educators and students It offers a repertoire of skills to give you fresh and innovative ways to uncover and heal problems in couples

The Intersection of Trauma and Disaster Behavioral Health Katie E. Cherry, Allison Gibson, 2020-11-19 This contributed volume examines the intersection of trauma and disaster behavioral health from a lifespan perspective filling a critical gap in the literature on disaster mental health research In the chapters the contributors evaluate behavioral data of adults exposed to various environmental events in both the United States i e the 2017 Hurricanes Irma in Florida and Harvey in Houston and abroad i e missile fire in the 2014 Israel Gaza conflict Contributors also suggest future directions practices and policies for trauma and disaster response The three parts of the book provide an overview of disaster behavioral health across the lifespan propose practical applications of research theories to psychosocial problems resulting from disasters and trauma and evaluate disaster and trauma interventions from a macro level perspective Topics explored among the chapters include Integrating Trauma Informed Principles into Disaster Behavioral Health Targeting Older Adults Cultural Competence and Disaster Mental Health When Disasters Strike Navigating the Challenges of Sudden Science Frameworks of Recovery Health Caught at the Intersection of Housing Education and Employment Opportunities After Hurricane Katrina Substance Use Issues and Behavioral Health After a Disaster Psychosocial Recovery After Natural Disaster International Advocacy Policy and Recommendations The Intersection of Trauma and Disaster Behavioral Health is a vital resource for researchers whose expertise covers the domains of trauma health and wellness and natural and technological disasters The book also is a useful supplement to graduate courses in psychology sociology social work disaster science human ecology and public health

The Wiley-Blackwell Handbook of Group Psychotherapy Jeffrey L. Kleinberg, 2015-06-22 Group Psychotherapy Finally we have a book about group therapy that answers the question Is there one book that covers the waterfront but is deep enough to provide more than just an overview of models and can actually help me become a better group therapist This is such a book International Journal of Group Psychotherapy This volume reflects the expansion in the field of psychodynamic group psychotherapy that today incorporates a variety of theoretical perspectives Leading experts from various countries provide the reader with a clear overview of the different approaches In addition there are chapters in this volume that deal with special populations and conditions of treatment While providing a straightforward introduction to the plethora of material in the field the volume will also serve as a comprehensive resource for any seasoned group psychotherapist Howard D Kibel Professor of Psychiatry New York Medical College and past President of the American Group Psychotherapy Association USA The Handbook of Group Psychotherapy is a user friendly guide to conducting group psychotherapy in various settings and with different populations It has been designed as a resource for new professionals including graduate students in mental health as well as more seasoned clinicians planning to integrate group psychotherapy into their work

Bringing together pre eminent group psychotherapists from different theoretical perspectives and countries the articles in this volume present their approaches to conducting groups with diverse populations in different settings Written in straight forward jargon free language the articles directly speak to the needs of the mental health professional planning to begin a group or to strengthen an existing group Whether combined with a formal class in group techniques human relations or group dynamics or in an institute training group practitioners or read as part of one s own professional development this work is likely to advance the reader s clinical competency and strengthen their self confidence as a leader Using a personal style and speaking from years of experience the contributors provide hands on suggestions as to how a group leader really works From determining patient or client needs developing treatment goals and constructing a group to handling emergencies the contributors address the needs of the new group leader The articles also address issues of diversity and globalism as well as trauma and resiliency making this a truly post 9 11 contribution

The Wiley-Blackwell Handbook of Couples and Family Relationships Patricia Noller, Gery C. Karantzas, 2012-02-20 The Wiley Blackwell Handbook of COUPLES AND FAMILY RELATIONSHIPS Perhaps as never before models of couples and families are changing dramatically in the 21st century This remarkable and timely collection brings it all together from description of societal trends to psychological studies of communication affect and cognition to implications for health intervention and policy Noller and Karantzas have assembled an outstanding up to date collection of theoretically grounded empirically rich chapters This volume is likely to end up one of the most well worn books on your desk Harry Reis University of Rochester This volume provides important state of the art commentaries on the psychological interpersonal and social issues that face couples and families Noller and Karantzas have assembled an excellent group of contributors who skillfully articulate current trends in scholarship and who apply research findings to practical concerns associated with treatment and policy This is a must read for anyone interested in couple and family relationships Anita L Vangelisti University of Texas at Austin The Wiley Blackwell Handbook of Couples and Family Relationships offers keen insights into ways to confront the unique challenges of relationships in 21st century Western society Original contributions from an international cast of leading relationship researchers practitioners educators and policy makers link research policy and practice to reflect the most up to date knowledge of the myriad issues surrounding contemporary relationships Themes explored include family structure versus functioning attachment theory divorce and family breakdown communication and conflict self regulation partner regulation and behavior change care giving and parenting relationship education and therapy and policy implications In addition to tackling issues of love sex and intimacy a number of authors focus on specific interventions that can be utilized by professionals in assisting clients achieve more fulfilling relationships This handbook is an invaluable resource for counselors therapists and others involved in helping couples and families to survive in the current social context

Well-Being Writ Large Barbara Jo Brothers, 2019-01-29 A comprehensive collection of Virginia Satir s research and teachings around the

nature of humanity author Barbara Jo Brothers has written the first ever tribute to the Mother of Family Therapy's life work capturing the essence of Satir's groundbreaking philosophies about the human race and the impact humans have on the Earth. In her career the Mother of Family Therapy Virginia Satir strove to make life work better for the individual for families for the entire world. With a training objective of becoming more fully human Virginia believed that the principles for peace within families could be extrapolated to peace within the world family. Having formulated her groundbreaking philosophies from her clinical observations of hundreds of families in multiple countries Virginia's practices continue to impact the world at large spreading peace and understanding. More than just a testament to Virginia's legacy *Well Being Writ Large* is a window into her thinking a biography of a deeper understanding of the nature of the human being and how that human being might live better in her or his world. Author licensed clinical social worker and Virginia scholar Barbara Jo Brothers has painstakingly researched and drawn from Virginia's works including books articles interviews and transcribed lectures personal notes made over the course of Satir's career and direct conversations during Brothers's own extensive residential training to compile the most complete most essential collection of Virginia Satir's work.

Going on Being in Challenging Times Michelle Flax, J. Gail White, 2025-08-04 In this volume we explore what it is to live through trauma while experiencing huge losses that threaten our well being. The book demonstrates how clinicians can help patients regain meaning and purpose once again. The authors in these chapters sensitively annotate their therapeutic journeys with their patients all of whom grapple with extremely difficult emotional conditions. There is much that can be learned about going on being from psychoanalysts who have always worked in the depth of the unconscious psychic dimension. The authors focus on the psychic processes the core experiences and the qualities of selfhood that help to move the human soul through despair on to hope and new beginnings. Rich clinical vignettes illustrate these ideas in a way that is sure to help clinicians and other readers face and work with their own and others' places of pain and challenge. We have all been shaken by the winds of unsettling social and political change over the past few years hence this book will appeal to a wide audience. Psychoanalysts psychologists psychotherapists psychiatrists clinical social workers counselors students and others in the helping professions will find this book essential reading as will members of the wider public who have experienced challenges in their own or their loved one's going on being.

Disaster Mental Health Interventions James Halpern, Karla Vermeulen, 2017-06-26 *Disaster Mental Health Interventions* uses DSM 5 diagnostic criteria and the latest research to help build disaster mental health intervention skills that will last a lifetime. Students and emerging professionals across the fields of mental health counseling social work school counseling spiritual care and emergency management will appreciate the accessible tone level of detail and emphasis on practice. Case studies and anecdotes from experienced professionals add an additional level of depth and interest for readers.

Crisis, Trauma, and Disaster Linda Lutisha Black, Stephen V. Flynn, 2020-02-07 *Crisis Trauma and Disaster A Clinician's Guide* teaches counselors how to respond and intervene with individuals groups and organizations. The book begins with a

description of the counselor's role and responsibilities and then presents chapters on crisis trauma and disasters with corresponding chapters on working with those affected. Each chapter defines the issue and contrasts it with general counseling requirements and then presents the history and theory as well as common interventions. Each chapter contains The Counselor's Toolkit and presents assessment, case conceptualization and treatment approaches followed by case illustrations. The text concludes with a chapter on emerging trends and a chapter on caring for those who care.

The Personhood of the Therapist Barbara Jo Brothers, 2019-07-23. You don't have to check your humanity at the office door. Drawing on the teachings of Virginia Satir, this humane volume is designed to help therapists bring their full selves into the therapeutic relationship. The Personhood of the Therapist examines what happens when a therapist consciously enters the process of healing in an I-Thou relationship with the client. The techniques outlined in this volume will help you develop a greater sense of openness about yourself and your feelings, enabling you to offer clients more effective services. The Personhood of the Therapist explores the myriad ways in which a therapist's emotional responses and life experiences can contribute to the client's healing. This approach is a dramatic departure from the traditional Freudian ideal of the aloof, unresponsive analyst, but the case studies in this volume will persuade you that it is powerfully effective. In addition to case studies, this thoughtful, compassionate book offers dialogues, personal reminiscences, techniques and discussions of psychological theory. The Personhood of the Therapist offers new ideas and fresh perspectives on such life-changing issues as self-disclosure and self-awareness for therapists, ways to respect and foster the full sacredness of the client, the different roles of the therapist, important new views on transference and countertransference. It also contains deeply moving accounts of individual experiences, including how an oncologist was affected by her own family's experience with cancer, using Integrity Therapy to heal old wounds for a troubled couple, along with the comments of the two clients, a therapist's own emotional journey through a troubled marriage and the strange disappearance of her sister. The Personhood of the Therapist will help you employ your knowledge about life, not just theories, to offer better services to clients and help you appreciate how clients can enrich your life.

Coping With Catastrophe Peter E. Hodgkinson, Michael Stewart, 2006-05-10. Coping with Catastrophe is a practical handbook for people who provide psychosocial aftercare for victims of disasters. This completely revised and updated second edition includes the latest findings on the nature and effects of trauma, the psychological debriefing process and the effects of emergency work and the latest treatment models for post-traumatic stress and abnormal grief. Eminently practical and easy to read, Coping with Catastrophe provides readers with information and skills to respond effectively and confidently to the needs of disaster survivors. It will be of immense value to a wide variety of helping professionals and carers, including social workers, psychologists, doctors, voluntary counsellors and all those whose work brings them into contact with disaster victims.

Handbook of Stress, Trauma, and the Family Don. R. Catherall, 2013-01-11. The Handbook of Stress, Trauma and the Family is broken down into three sections, compiling research, theory and practice.

The first section focuses on how traumatic stress affects intimate others what familial characteristics affect individual susceptibility to trauma as well as evaluation of the effectiveness of various interventions The section on theory explores concepts of stress and intrapsychic processes underlying the intergenerational transmission of trauma addresses how families can buffer or enhance anxiety The final section entitled practice covers assessment presenting both the Circumplex Model and Bowenian family theory models treatment models and treatment formats for specific populations The major family treatment models applicable to stress and trauma are discussed including contextual object relations emotionally focused and critical interaction therapy

Mindfulness and Acceptance in Couple and Family Therapy Diane R. Gehart, 2012-03-30 This book reviews the research and philosophical foundations for using mindfulness acceptance and Buddhist psychology in couple and family therapy It also provides a detailed and practical approach for putting these ideas into action in the therapy room including a mindful approach to therapeutic relationships case conceptualization treatment planning teaching meditation and intervention

Couple and Family Psychoanalysis Volume 3 Number 2 Molly Ludlam, 2013-09-30 Couple and Family Psychoanalysis is an international journal sponsored by Tavistock Relationships which aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective It seeks to provide a forum for disseminating current ideas and research and for developing clinical practice The annual subscription provides two issues a year

Articles

Psychic Geodes The Presence of Absence 18th Enid Balint Memorial Lecture 2013 by Joan Raphael Leff

Response to Psychic Geodes The Presence of Absence by Christopher Clulow

When a Problem Shared is a Problem Whose Illness is it Anyway Questions of Technique When Working With a Borderline Couple by Susanna Abse

Further thoughts on When a Problem Shared is a Problem Whose Illness is it Anyway by Susanna Abse

Mentalizing An Exploration of its Potential Contribution to Understanding the Challenges Faced by Childhood Sexual Abuse Survivors in Couple Therapy by Heather B MacIntosh

Mentalization for Whom Commentary on Article by Heather MacIntosh by Avi Shmueli

The Intergenerational and Cultural Transmission of Trauma in Chinese Couple Relationships by Janine Wanlass

Healing Together Suzanne B. Phillips, Dianne Kane, 2009-01-02 When one or both partners in a relationship experience a major traumatic event the strain can really put the relationship in jeopardy Healing Together offers couples simple techniques for communicating regaining trust and supporting one another through the process of trauma recovery

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