

Reflection Paper: Nursing Experience

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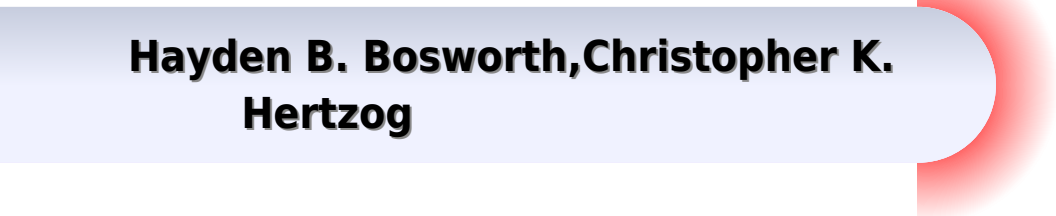
Being a nurse is a great privilege for me as my dreams have come true and I am helping people when they need assistance most. For me, each day spent in the hospital is full of valuable experiences as I learn a lot every minute. Therefore, it is quite difficult to think of the most valuable experience clinically. One of such cases was during my first days in the hospital when I had to work with a very specific patient who was angry and demanding. Of course, I understood that the man was in pain and his irritation was due to his poor health condition but he was quite abusive several times. I could lose my temper and tell him off but I pulled myself together. I would come to his ward and complete my tasks always smiling and talking to him. In a few days, I knew about his major concerns and could comfort him. When he left, we parted as old friends and he was grateful for my attitude. Now I know that I can find a way to every patient's heart to comfort him/her.

This experience is closely connected with one of my 'preceptors'. She was a great model for me as she was always positive and used humor as her major weapon. She could communicate even with the 'hardest' patients who seemed to try their best to insult healthcare professionals. I learnt from her loads of valuable lessons. One of them was to be positive and try to find a path to each patient. What is more, I learnt to develop proper relationships with other healthcare professionals. This woman managed to gain authority among her colleagues and patients and everyone was respectful. Another important thing I learnt from her is teaching patients to cope with their health conditions. I noticed that those who refuse to move have more health problems than those who are trying to be active. Some of my colleagues said it was an attempt to complete fewer tasks but I believe this is a good strategy which makes patients more responsible, more active and, as a result, makes them healthier. Now I am using lots of her tricks to develop relationships with everybody and I have to say that she is a genius as all these tools really work.

As has been mentioned above, I believe I have chosen the right way and I am a good nurse who can function in all sites. However, I think that the ward is where the nurse belongs. I like being with patients and try to spend as much time as possible with them. I believe that patients need our psychological help even more than clinical services and I will go into detail on that matter below. I admire nurses who work in

Course Of Later Life Research And Reflections

**Hayden B. Bosworth, Christopher K.
Hertzog**



Course Of Later Life Research And Reflections:

Handbook of Cognitive Aging Scott M. Hofer, Duane F Alwin, 2008-03-20 Provides a unique perspective I am particularly impressed with the sections on innovative design and methods to investigate cognitive aging and the integrative perspectives None of the existing texts covers this material to the same level Donna J La Voie Saint Louis University The emphasis on integrating the literature with theoretical and methodological innovations could have a far reaching impact on the field Deb McGinnis Oakland University The Handbook of Cognitive Aging Interdisciplinary Perspectives clarifies the differences in patterns and processes of cognitive aging Along with a comprehensive review of current research editors Scott M Hofer and Duane F Alwin provide a solid foundation for building a multidisciplinary agenda that will stimulate further rigorous research into these complex factors Key Features Gathers the widest possible range of perspectives by including cognitive aging experts in various disciplines while maintaining a degree of unity across chapters Examines the limitations of the extant literature particularly in research design and measurement and offers new suggestions to guide future research Highlights the broad scope of the field with topics ranging from demography to development to neuroscience offering the most complete coverage available on cognitive aging *Ageing and Popular Culture* Andrew Blaikie, 1999-03-04 As the grey market perpetuates the quest for eternal youth the biological realities of deep old age are increasingly denied Ageing and Popular Culture traces the historical emergence of stereotypes of retirement and documents their recent demise arguing that although modernisation marginalisation and medicalisation created rigid age classifications the rise of consumer culture has coincided with a postmodern broadening of options for those in the Third Age With an adroit use of photographs and other visual sources Andrew Blaikie demonstrates that an expanded leisure phase is breaking down barriers between mid and later life At the same time positive ageing also creates new imperatives and new norms with attendant forms of deviance While babyboomers may anticipate a fulfilling retirement none relish decline Has deep old age replaced death as the taboo subject of the late twentieth century If so what might be the consequences *Developmental Influences on Adult Intelligence* K. Warner Schaie, 2013 This volume presents the history latest data and results from the Seattle Longitudinal Study SLS The purpose of the SLS is to study various aspects of psychological development during the adult years Focusing on a random sample of 500 adults ranging in age from 25 to 95 years old the SLS is organized around 5 fundamental questions

Kinship and Cohort in an Aging Society Merrill Silverstein, Roseann Giarrusso, 2013-09-01 According to family sociologist Vern Bengtson generations within families are important sources of influence change and development Kinship and Cohort in an Aging Society brings together scholars whose common link is their intellectual intersection with the work of Vern Bengtson an esteemed family sociologist whose accomplishments include foundational theoretical contributions to the study of families and intergenerational relations as well as the development of the widely used Longitudinal Study of Generations data set The study began in 1971 and is the basis for Bengtson's highly influential concept and measurement

model the intergenerational solidarity conflict paradigm This book serves as an excellent compendium of original research that examines how Bengtson's solidarity model a theory that informs nearly all intergenerational and gerontology sociology work performed today continues to be relevant to scholars and practitioners Written by internationally recognized scholars the book's fifteen chapters are mapped to five major thematic areas to which Bengtson's research contributed family connections grandparents in a changing demographic landscape generations and cohorts micro macro dialectics religion and families in the context of continuity change and conflict and global cross national and cross ethnic concerns Key strengths of the book include the diversity of foci and data sources and the strong attention given to global and international issues Kinship and Cohort in an Aging Society will appeal to scholars working in sociology psychology gerontology family studies and social work *Handbook of Psychology, Developmental Psychology* Irving B. Weiner, Donald K. Freedheim, 2003-01-03 This work provides an overview of cognitive intellectual personality and social development across the lifespan with attention to infancy early childhood middle childhood adolescence and early middle late adulthood Chapters cover a broad range of core topics including language acquisition identity formation and the role of family peers school and workplace influences on continuity and change over time **Intellectual Development in Adulthood** K. Warner Schaie, 1996-01-26 K Warner Schaie analyses his comprehensive study of aging's effects on intelligence **Elderly Care** Ken Tout, 2013-11-11

Handbook of Psychology, Developmental Psychology Richard M. Lerner, M. Ann Easterbrooks, Jayanthi Mistry, 2003-03-04 Includes established theories and cutting edge developments Presents the work of an international group of experts Presents the nature origin implications and future course of major unresolved issues in the area **Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965-70 **National Library of Medicine Current Catalog** National Library of Medicine (U.S.), 1989 Storying Later Life Gary Kenyon, Ernst Bohlmeijer, William L. Randall, 2010-12-20 In its brief but vigorous history gerontology has spawned a broadening range of specializations One of the newest of such specializations is narrative gerontology so named for its emphasis on the biographical or inside dimensions of the experience of aging Telling stories about our world our relationships and ourselves is fundamental to how we make meaning Everything from our history to our religion and our memories to our emotions is linked to the tales we tell ourselves and others about where we have come from and where we are going They are central to who we are The biographical side of human life is every bit as critical to fathom as the biological side if we seek a more balanced positive and optimistic perspective on what aging is about if we would honor the dignity and complexity the humanity and uniqueness of the lives of older persons no matter what their health or economic standing In this respect a narrative approach is particularly suited to the exploration of such topics as meaning spirituality and wisdom and the connections they share This volume reflects a selection of new directions and insights and constitutes a general broadening and deepening of narrative gerontology exploring its implications for theory and research in the field of aging and for the quality of life of older adults

themselves Such deepening indicates a greater refinement of thought method and intervention The evolution of narrative gerontology is also evidenced by a significant increase in the number of faculty and graduate students engaged in research in this area as well as by increasing collaboration among researchers practitioners and administrators in applying narrative insights to contexts such as long term care indeed healthcare in general These initiatives have given rise to the phrase narrative care as core care

Contemporary Families Alan Booth,1991 This book is a reference work or an advanced level classroom text as well as a guide for policy makers administrators and journalists who need current information about family research It is comprised of 28 essays analyzing the work of the last decade latest research methods and future directions for scholarly work

□□□□□□,2005

Aging and Cognition Hayden B. Bosworth,Christopher K. Hertzog,2009 As the world s population ages the study of aging and its effects on cognition becomes increasingly important Aging and Cognition Research Methodologies and Empirical Advances takes an interdisciplinary look at cognitive aginghow it happens and how to study it The first part of the book explores methods for measuring cognitive change including how to study cohort effects How can we account for differences in cognitive performance from one cohort to another Should we assume factor invariance across cohorts or time These issues are treated in the context of new and existing empirical research making the discussion of methodological issues more concrete and accessible The second part of the book explores the social and psychological factors associated with cognitive aging For example to what extent do socioeconomic status optimism and personal sense of control affect aging Is the controversial use it or lose it theory of cognition valid Finally the concluding section explores how to use research findings to improve the everyday functioning of adults a challenging task because everyday functioning relies on complex cognitive tasks and most cognitive research measures only basic cognitive tasks The chapter in this final section uses medication adherence as an example of deriving real world solutions from cognitive research results With its emphasis on social and contextual factors that influence aging this book showcases both substantive and methodological developments in the field It will be useful to everyone who studies aging and cognition Jacket PsycINFO Database Record c 2009 APA all rights reserved

The New Politics of Old Age Policy Robert B. Hudson,2010-05-28 Resource added for the Psychology includes Sociology 108091 courses

Research Handbook on Inequalities in Later Life Catherine Earl,Philip Taylor,2024-06-05 This Research Handbook critically examines the myriad social and economic inequalities faced by those in later life Contributors dissect examples from the Global North and South to support a new approach to studying ageing that moves beyond popular discourses

Midlife in Context K. C. Kirasic,2004 Focuses on the distinct stage of adulthood known as midlife

Functional Capacity and Health of Elderly People Eino Heikkinen,Riitta-Liisa Heikkinen,Isto Ruoppila,1997

Planning Later Life Mark Schweda,Larissa Pfaller,Kai Brauer,Frank Adloff,Silke Schicktanz,2017-07-06 This book examines the relevance of modern medicine and healthcare in shaping the lives of elderly persons and the practices and institutions of ageing societies Combining individual and social dimensions Planning Later Life discusses the

ethical social and political consequences of increasing life expectancies and demographic change in the context of biomedicine and public health By focusing on the field of biomedicine and healthcare the authors engage readers in a dialogue on the ethical and social implications of recent trends in dementia research and care advance healthcare planning or the rise of anti ageing medicine and prevention Bringing together the largely separated debates of individualist bioethics on the one hand and public health ethics on the other the volume deliberately considers the entanglements of envisioning evaluating and controlling individual and societal futures So far the process of devising and exploring the various positive and negative visions and strategies related to later life has rarely been reflected systematically from a philosophical sociological and ethical point of view As such this book will be crucial to those working and studying in the life sciences the humanities and the social sciences particularly in the areas of bioethics social work gerontology and aging studies healthcare and social service sociology social policy and geography and population studies Psychology of Aging ,1995-05-23 Up to date annotated bibliography dealing with the important psychological issues of aging covers varied types of source materials An introduction sets the stage for the topical chapters that make up the main part of the book The 14 topical chapters cover theoretical and research methodology sensory and perceptual processes psychophysiology learning memory and problem solving intelligence and creativity interpersonal relationships personality work and retirement mental health and therapy and death and dying Author and subject indexes make the unique guide easily accessible for varied research in the field of psychology and gerontology

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