

# **Aging And The Urban Environment**

Fermina Rojo-Pérez, Gloria Fernández-Mayoralas

# **Aging And The Urban Environment:**

Aging and the Urban Environment Dan W. Edwards, Sloan T. Letman, 1983 Ageing and the City Siôn Eryl Jones, 2016 Research shows that for older people cities present physical social and economic barriers that prevent them realising their right to live in dignity and safety or enjoying their surroundings Groundbreaking initiatives to make cities more appropriate for older persons such as the World Health Organization's Age friendly Cities and Communities model have led to improvements in a number of cities Physical accessibility is absolutely essential but thinking beyond this what makes shared urban spaces and streets truly inclusive and liveable What is the relationship between our health in older age and the physical social and economic urban environment What makes older people living in cities feel vulnerable to crime or disaster and how does this affect their daily lives or the assistance they receive in times of crisis These are some of the questions explored by this report Focusing on low and middle income countries this report aims to stimulate discussion about some of the actions that governments and city authorities can take to build truly inclusive cities Ageing in Place in Urban **Environments** Tine Buffel, Chris Phillipson, 2023-07-13 Ageing in Place in Urban Environments considers together two major trends influencing economic and social life population ageing on the one side and urbanisation on the other Both have been identified as dominant demographic trends of the twenty first century Cities are where the majority of people of all ages now live and where they will spend their old age Nevertheless cities are typically imagined and structured with a younger working age population in mind while older people are rarely incorporated into the mainstream of thinking and planning around urban environments Cities can contribute to vulnerability arising from high levels of population turnover environmental problems gentrification and reduced availability of affordable housing However they can also provide innovative forms of support and services essential to promoting the quality of life of older people Policies in Europe have emphasised the role of the local environment in promoting ageing in place a term used to describe the goal of helping people to remain in their own homes and communities for as long as they wish However while this has been the dominant approach the places in which older people are ageing have often proved to be challenging environments. The book explores the forces behind these developments and how older people have responded Drawing upon approaches from social gerontology urban studies geography and sociology this book will be essential reading for researchers policymakers and practitioners searching for innovative ways to improve the lives of older people living in urban environments The Open Access version of this book available at http www taylorfrancis com has been made available under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4 0 license Urban Space in the Middle Ages and the Early Modern Age Albrecht Classen, 2009-12-15 Although the city as a central entity did not simply disappear with the Fall of the Roman Empire the development of urban space at least since the twelfth century played a major role in the history of medieval and early modern mentality within a social economic and religious framework Whereas some poets projected urban space as a new utopia

others simply reflected the new significance of the urban environment as a stage where their characters operate very successfully As today the premodern city was the locus where different social groups and classes got together sometimes peacefully sometimes in hostile terms The historical development of the relationship between Christians and Jews for instance was deeply determined by the living conditions within a city By the late Middle Ages nobility and bourgeoisie began to intermingle within the urban space which set the stage for dramatic and far reaching changes in the social and economic make up of society Legal historical aspects also find as much consideration as practical questions concerning water supply and sewer systems Moreover the early modern city within the Ottoman and Middle Eastern world likewise finds consideration Finally as some contributors observe the urban space provided considerable opportunities for women to carve out a niche for themselves in economic terms Urban Design and Planning for Age-Friendly Environments Across Europe: North and South Elisa Pozo Menéndez, Ester Higueras García, 2022-09-29 This book represents a multidisciplinary and international vision across different countries in Europe that are facing similar challenges about ageing and quality of life in present cities It is divided in three main topics from the global context of health in cities and reduction of health inequities to the current research of different study cases focusing on residential models and the relationship with the built environment The third chapter illustrates best practices with some study cases from different cities in Europe Friendlier environments for older people come together with the need of innovation smart and updated technologies healthier environments and mitigation of climate change Health re appears nowadays as one of the priorities for urban planning and design not only for the communicable diseases and the effect of the pandemics but also for the non communicable diseases that were also triggering the wellbeing and equity of our cities Indeed the Covid 19 pandemic has highlighted health inequities and vulnerabilities of those areas of the city that were already deprived and facing other health problems such as obesity diabetes social isolation respiratory problems or mental health issues specifically applying for vulnerable groups Older adults have been one of the most affected groups from the pandemic's threats and derived consequences. In this context the care crisis arises intertwined with the design and planning of our cities where there is an urgent need to regenerate our environments with a perspective of sustainability inclusion and health prevention and promotion From the global urban challenges to the specific contextualisation of each city and study cases each chapter offers an updated insight of the main questions that we should consider to address urban planning and design from the perspective of ageing and social inclusion in European cities

**Urban Environments for Healthy Ageing** Anna Lane,2019-05-24 Around the world researchers policy makers and practitioners are working to ensure cities and communities are prepared for the challenges and opportunities of aged and highly urbanised populations Bringing together stakeholders from Asia Australia Europe and North America this book presents new evidence and critical reviews of current knowledge to promote ongoing discussions on affordable and accessible housing to support ageing in place built environment supports for health enhancing physical activity and mobility

and planning and design strategies and approaches to promote healthy and active ageing in cities and communities The book content is framed by socio ecological models of ageing and well being that emphasise the dynamic interconnections between people and environment Contributions in this edited volume stem from the International Ageing Urbanism Colloquium 2017 Singapore University of Technology and Design Quality of Life in Old Age Heidrun Mollenkopf, Alan Walker, 2007-06-13 This book started its life during a symposium we organised on Quality of Life in Old Age at the Fifth Conference of the International Society for Quality of Life Studies ISQOLS in Frankfurt in July 2003 We are extremely grateful to Alex Michalos for sponsoring that session encouraging us to use the symposium presentations as the basis for a book and for his support during the commissioning and editing process We are also very grateful to the authors of this volume for the prompt delivery of their manuscripts and responses to our editorial comments Finally our special thanks to Marq Walker for her expert and efficient preparation of the manuscript for publication Heidrun Mollenkopf Alan Walker Heidelberg Sheffield ix SECTION I UNDERSTANDING OUALITY OF LIFE IN OLD AGE ALAN WALKER AND HEIDRUN MOLLENKOPF 1 INTERNATIONAL AND MULTIDISCIPLINARY PERSPECTIVES ON QUALITY OF LIFE IN OLD AGE Conceptual issues Quality of life QoL is a multidimensional holistic construct assessed from many different perspectives and by many disciplines Moreover the concept of QoL can be applied to practically all important domains of life Thus QoL research has to include social environmental structural and health related aspects and be approached from an interdisciplinary perspective This holds even more when QoL in old age is the focus because ageing itself is a multidimensional process The Routledge Handbook of Architecture, <u>Urban Space and Politics, Volume II</u> Nikolina Bobic, Farzaneh Haghighi, 2024-11-22 Architecture and the urban are connected to challenges around violence security race and ideology spectacle and data The first volume of this handbook extensively explored these oppressive roles This second volume illustrates that escaping the corporatized and bureaucratized orders of power techno managerial and consumer oriented capitalist economic models is more urgent and necessary than ever before Herein lies the political role of architecture and urban space including the ways through which they can be transformed and alternative political realities constituted The volume explores the methods and spatial practices required to activate the political dimension and the possibility for alternative practices to operate in the existing oppressive systems while not being swallowed by these structures Fostering new political consciousness is explored in terms of the following themes Events and Dissidence Biopolitics Ethics and Desire Climate and Ecology Urban Commons and Social Participation Marginalities and Postcolonialism Volume II embraces engagement across disciplines and offers a wide range of projects and critical analyses across the so called Global North and South This multidisciplinary collection of 36 chapters provides the reader with an extensive resource of case studies and ways of thinking for architecture and urban space to become more emancipatory Chapter 1 of this book is freely available as a downloadable Open Access PDF at http www taylorfrancis com under a Creative Commons Attribution CC BY 4 0 license Resilience in Aging Barbara Resnick, Lisa P. Gwyther, Karen A.

Roberto, 2010-10-14 The many significant technological and medical advances of the 21st century cannot overcome the escalating risk posed to older adults by such stressors as pain weakness fatigue depression anxiety memory and other cognitive deficits hearing loss visual impairment isolation marginalization and physical and mental illness In order to overcome these and other challenges and to maintain as high a quality of life as possible older adults and the professionals who treat them need to promote and develop the capacity for resilience which is innate in all of us to some degree The purpose of this book is to provide the current scientific theory clinical guidelines and real world interventions with regard to resilience as a clinical tool To that end the book addresses such issues as concepts and operationalization of resilience relevance of resilience to successful aging impact of personality and genetics on resilience relationship between resilience and motivation relationship between resilience and survival promoting resilience in long term care and the lifespan approach to resilience By addressing ways in which the hypothetical and theoretical concepts of resilience can be applied in geriatric practice Resilience in Aging provides inroads to the current knowledge and practice of resilience from the perspectives of physiology psychology culture creativity and economics In addition the book considers the impact of resilience on critical aspects of life for older adults such as policy issues e g nursing home policies Medicare guidelines health and wellness motivation spirituality and survival Following these discussions the book focuses on interventions that increase resilience The intervention chapters include case studies and are intended to be useful at the clinical level The book concludes with a discussion of future directions in optimizing resilience in the elderly and the importance of a lifespan approach to aging

Urban Green Spaces and Human Health Yuan Li, Diogo Guedes Vidal, Abdullah Akpinar, Ding Li, Hongxiao Liu, 2024-06-12 An important aspect of sustainable and regenerative urban development is to improve collective well being standards The United Nations endorsed the 2030 Agenda for Sustainable Development in 2015 which establishes seventeen Sustainable Development Goals SDGs to end poverty protect the planet and improve the lives and prospects of everyone and everywhere by 2030 Urban Green Spaces have a significant impact on the living condition and public health which are closely associated with several SDGs including good health and well being SDG 3 clean water and sanitation SDG 6 industry innovation and infrastructure SDG 9 and sustainable cities and communities SDG 11 Here the concept of One Health gains high relevance by recognizing that interconnections among humans animals and environment is a key issue in public health and wellbeing that stimulates interdisciplinary collaborations to develop a more holistic understanding and effective action against public health threats The 1981 White House Conference on Aging ,1981 Handbook of Active Ageing and Quality of Life Fermina Rojo-Pérez, Gloria Fernández-Mayoralas, 2021-04-12 This handbook presents an overview of studies on the relationship of active ageing and quality of life It addresses the new challenges of ageing from the paradigm of positive ageing active healthy and successful for a better quality of life It provides theoretical perspectives and empirical studies including scientific knowledge as well as practical experiences about the good ageing and the quality of later life around the

world in order to respond to the challenges of an aged population The handbook is structured in 4 sections covering theoretical and conceptual perspectives social policy issues and research agenda methods measurement instrument scales and evaluations and lastly application studies including domains and geographical contexts Chapter 5 is available open access under a Creative Commons Attribution 4 0 International License via link springer com div Increasingly Older Population Victor Regnier, 2018-09-12 Longer lifespans and the needs of the oldest old are challenging the senior living industry to find bold and compassionate solutions to combine programs and services with housing Victor Regnier's latest research provides a thoughtful and insightful roadmap that arrays new ways of thinking from small scale settings to community based options International case studies offer possible solutions with the best thinking from around the globe all with Vic s unique perspective of extracting themes and concepts that are broadly applicable and essential to addressing the needs of those that live on life s fragile edge David Hoglund FAIA Supporting the independence of the oldest old is a tough problem Victor Regnier addresses in his latest book on aging and housing Like previous work Victor relies on the best practices of northern Europeans to outline a three prong approach First providing extremely comprehensive home care services in an apartment for life setting Second reforming the conventional nursing home by exploring small group style accommodations Third combining new technology with community based services to age in place Case studies document the experiences of others in making these programs work here and abroad The magnitude of the 90 and 100 population increases in the next 50 years make it clear how important it is to address this concern today Edward Steinfeld Darch The movement of health care from the institution to the home is a theme that Regnier identifies as one of the most important lessons in rethinking the issue of how to support the ever growing and increasingly aged older population here and abroad He examines simple but profound approaches we can take in making long term care a more humane proposition Familiar themes like humanizing technology and optimizing the impact of the natural environment are brought together with clear policy thinking about what we need to do The timing is good because the impact of this growing segment of society will have major repercussions on health care for the next 50 70 years Stephan Verderber Ph D A comprehensive guide to designing housing for the world's aging population. The dilemma of helping older people maintain their independence through better housing with services is growing This book presents innovative solutions for those who create and provide housing for the world's increasingly longer living population By focusing on three specific housing and service arrangements it offers alternatives that provide greater freedom of choice than the current living arrangements that exist today It presents selected examples of housing and service solutions from the US Sweden Denmark and the Netherlands to stimulate thinking about the possibilities of community based service models Housing Design for an Increasingly Older Population looks at a trio of options for housing the oldest old the Dutch Apartment Condo for Life Model AFL decentralized Small Green Houses and the provision of enhanced personal and health care for people who want to stay in their own home It offers unique and eye

opening chapters covering what older people want what age changes affect independence demographics and living arrangements how long term care is defined concepts and objectives for housing the frail care giving and management practices that avoid an institutional lifestyle innovative case studies programs that encourage staying at home with service assistance therapeutic use of outdoor spaces how technology will help people stay independent and more Based on the author's numerous conversations with other experts as well as his examinations of high quality settings from Northern Europe and the US Building case study examples showcase innovative and compassionate solutions In depth coverage of three major systems that work Examines successful programs such as PACE Friendly Cities NORC and the Village to Village Network to demonstrate the progress made in helping older frail people stay in their own homes for as long as possible Housing Design for an Increasingly Older Population Redefining Assisted Living for the Mentally and Physically Frail is an important book for those who create design and manage assisted living and skilled nursing facilities as well as for those who set policies regarding health and personal care for our world's aging society City Networks Athanasia Karakitsiou, Athanasios Migdalas, Stamatina Th. Rassia, Panos M. Pardalos, 2017-12-05 Sustainable development within urban and rural areas transportation systems logistics supply chain management urban health social services and architectural design are taken into consideration in the cohesive network models provided in this book The ideas methods and models presented consider city landscapes and quality of life conditions based on mathematical network models and optimization Interdisciplinary Works from prominent researchers in mathematical modeling optimization architecture engineering and physics are featured in this volume to promote health and well being through design Specific topics include Current technology that form the basis of future living in smart cities Interdisciplinary design and networking of large scale urban systems Network communication and route traffic optimization Carbon dioxide emission reduction Closed loop logistics chain management and operation Modeling the effect urban environments on aging Health care infrastructure Urban water system management Architectural design optimization Graduate students and researchers actively involved in architecture engineering building physics logistics supply chain management and mathematical optimization will find the interdisciplinary work presented both informative and inspiring for further research **Research Into Crimes Against the Elderly United** States. Congress. House. Select Committee on Aging, 1978 Aging ,1978 Sustainable Urbanism in Developing Countries Uday Chatterjee, Arindam Biswas, Jenia Mukherjee, Dinabandhu Mahata, 2022-04-19 The mushrooming of illegal housing on the periphery of cities is one of the main consequences of rapid urbanisation associated with social and environmental problems in the developing countries Sustainable Urbanism in Developing Countries discusses the linkage between urbanism and sustainability and how sustainable urbanism can be implemented to overcome the problems of housing and living conditions in urban areas Through case studies from India Indonesia China etc using advanced GIS techniques this book analyses several planning and design criteria to solve the physical social and economic problems of

urbanisation and refers to urban planning as an effective measure to protect and promote the cultural characteristics of specific locations in these developing countries FEATURES Investigates an interdisciplinary approach to urbanism including urban ecology ecosystem services sustainable landscapes and advanced geographical systems Analyses unique case studies of rapid urbanisation from a local to a national scale in countries such as India Sri Lanka China Bangladesh Malaysia and Indonesia and their global impact Examines the use of GIS and spatial statistics in analysing urban sprawl and the massive amount of data gathered by every operational activity of municipalities Focuses on the holistic perspective of sustainable urbanism and the harmony in the human nature relationship to achieve sustainable development Covers a wide range of issues manifested in urban areas with economic societal and environmental implications contributed by leading scholars from the Global South **Investigating Social Problems** A. Javier Trevino, 2014-08-08 Each chapter in this innovative social problems text is written by a specialist or pair of specialists from appropriate subfields within sociology The typical single author approach is limiting given the complexity of the contemporary issues surrounding each social problem discussed Involving many content experts ensures that the theories research and examples used in each chapter will be as current and relevant as possible Chapters open with personal statements from the contributing authors discussing how they got involved with studying the problem they are writing about Javier Trevino serves as the general editor making sure that each author follows the chapter template and maintains a consistency in level and style Oversight on the Age Discrimination Act of 1975 and Extension of the Older Americans Act of 1965 United States. Congress. House. Committee on Education and Labor. Aging in East and West Dr. Vern L. Bengtson, PhD, Kyong-Dong Kim, Subcommittee on Select Education, 1978 PhD, George Myers, PhD, Ki-Soo Eun, PhD, 2000-09-20 Widely recognized experts present the first comparative analysis of recent developments among six Eastern and Western nations concerning population aging and its consequences Chapters focus on demographic trends sociocultural contexts and policy implications Nations selected as case studies include the People's Republic of China the Republic of Korea Japan Germany the United Kingdom and the United States The editors and contributors call attention to the varied trajectories and effects of population aging in culturally diverse societies that are often at different stages or on different paths of economic development Such analyses bring into sharper focus those conditions that are unique or similar and emphasize the ways in which cultural stereotypes of aging and the elderly complicate our understanding of the effects of world wide population aging

# Decoding Aging And The Urban Environment: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Aging And The Urban Environment**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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