

# THE ART OF STARVATION

A STORY OF  
HUNGER AND SURVIVAL  
SHEILA MACLEOD

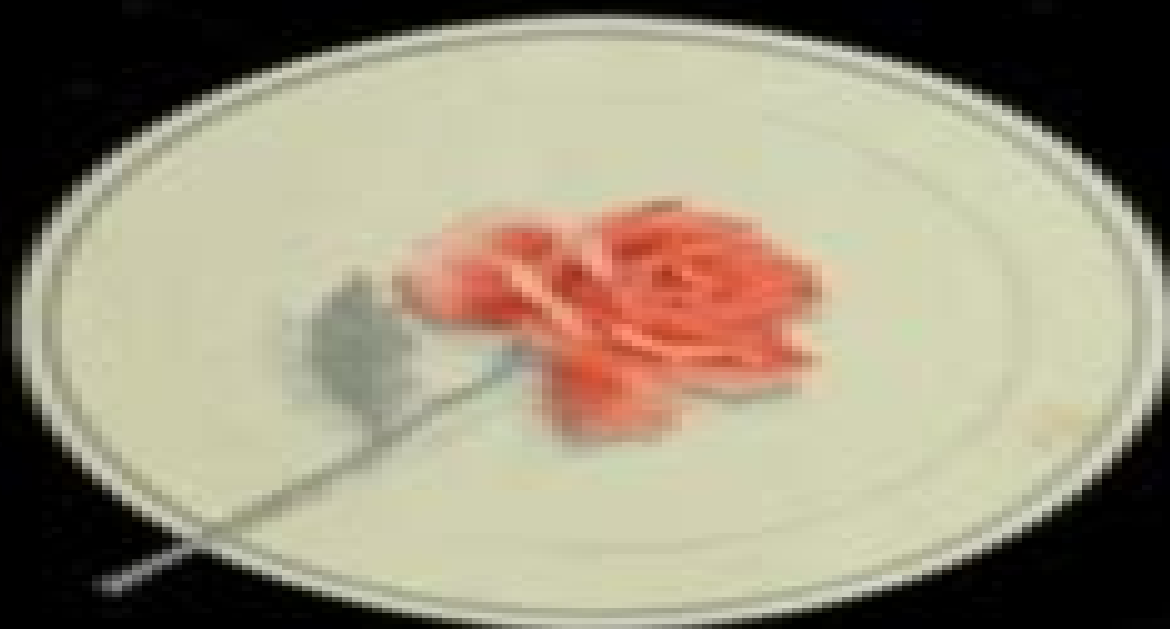


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# Art Of Starvation A Story Of Anorexia And Survival

**Carole M. Counihan**



## **Art Of Starvation A Story Of Anorexia And Survival:**

The Art of Starvation Sheila MacLeod, 1982 A first person story of her own painful adolescence as the author explores her illness

Hunger and Postcolonial Writing Muzna Rahman, 2022-08-17 Hunger and Postcolonial Writing explores contemporary postcolonial fiction and life writing from various geo political contexts The focus of this work is hunger individuated in the self imposed starvation of the hunger protester and on a mass scale in the form of famine and food insecurity It considers the hungry colonial and postcolonial body examines its textual forms and historical trajectories and situates it within the food security context of imperialism and its legacies This book is the first monograph length study of hunger within a postcolonial world literary context Its transcolonial focus produces comparative readings across postcolonial writings facilitating productive analyses of the operations of imperialism and its aftereffects across heterogeneous zones of colonialism This project reads hunger as defined by the social cultural historical and economic engagements produced by colonial and postcolonial encounters Examining the starving colonialized body through Cartesian models of somatic subjectivity and considering how this body is mediated by post Enlightenment discourses of Modernity and progress this work interrogates the contradictions produced by the starving colonial body as it is positioned between the possibility of radical protest and prescriptive colonial discourse This book will be of interest to Gastrocritical and Postcolonial scholars and students and to Food scholars more broadly

Father Hunger Margo Maine, 2010-02-01 This book pioneered the term father hunger the emptiness and resulting food and body image disorders experienced by women whose fathers were physically or emotionally absent Based on ten years of further study this second edition of Father Hunger details the origins of the syndrome and its effect on the family with new practical solutions to help dads and daughters understand and improve their relationships An expanded section for educators and therapists offers strategies and techniques for preventing and treating this complex problem

*Frontiers of Cognitive Therapy* Paul M. Salkovskis, 1997-03-15 Bringing together cognitive therapy clinicians researchers and theoreticians this volume integrates the latest findings on the conceptualization and treatment of a range of psychological and psychiatric problems From depression and anxiety to eating disorders hypochondriasis obsessive compulsive disorder panic personality disorders sexual problems social phobia and substance abuse authors discuss the needs of individual patients and structuring effective interventions Factors such as therapist competency the therapeutic relationship and empathy are systematically examined Chapters also consider the specific needs of populations such as children and adolescents and the mentally ill

**The Anthropology of Food and Body** Carole M. Counihan, 2018-10-24 The Anthropology of Food and Body explores the way that making eating and thinking about food reveal culturally determined gender power relations in diverse societies This book brings feminist and anthropological theories to bear on these provocative issues and will interest anyone investigating the relationship between food the body and cultural notions of gender

**Mutilating the Body** Kim Hewitt, 1997 This title concerns the different ways in which

people use their bodies for self expression tattooing piercing self mutilation which serve both individual and cultural needs

*Treatment of Eating Disorders* Margo Maine, Beth Hartman McGilley, Douglas Bunnell, 2010-09-08 Eating disorders EDs affect at least 11 million people in the United States each year and spread across age race ethnicity and socio economic class While professional literature on the subject has grown a great deal in the past 30 years it tends to be exclusively research based and lacking expert clinical commentary on treatment This volume focuses on just such commentary with chapters authored by both expert clinicians and researchers Core issues such as assessment and diagnosis the correlation between EDs and weight and nutrition and medical psychiatric management are discussed as are the underrepresented issues of treatment differences based on gender and culture the applications of neuroscience EDNOS comorbid psychiatric disorders and the impact of psychiatric medications This volume uniquely bridges the gap between theoretical findings and actual practice borrowing a bench to bedside approach from medical research Includes real world clinical findings that will improve the level of care readers can provide consolidated in one place Underrepresented issues such as gender culture EDNOS and comorbidity are covered in full Represents outstanding scholarship with each chapter written by an expert in the topic area

**Dying to Please** Avis Rumney, 1983-01-01 The author discusses her own case of anorexia nervosa describes the symptoms and psychological causes of the disease and looks at various treatment techniques **Oxford Textbook of Psychotherapy** Glen O. Gabbard, Judith S. Beck, Jeremy Holmes, 2007 With the publication of this book psychotherapy finally arrives at the mainstream of mental health practice This volume is an essential companion for every practising psychiatrist clinical psychologist psychotherapy counsellor mental health nurse psychotherapist and mental health practitioner It is integrative in spirit with chapters written by an international panel of experts who combine theory and research with practical treatment guidelines and illustrative case examples to produce an invaluable book Part One gives a comprehensive account of all the major psychotherapeutic approaches Parts Two and Three systematically describe psychotherapeutic approaches to the major psychiatric disorders and personality disorders Many chapters are multi authored and describe the psychodynamic cognitive behavioural and other approaches for treating these illnesses Part Four examines applications and modifications of psychotherapy across the lifecycle Part Five describes psychotherapy with specific populations such as medical patients and those where gender is an issue and finally Part Six tackles some of the special topics of concern to psychotherapists including ethics legal issues and psychotherapy and neuroscience The first of its kind this is a must have volume for all trainee and practising psychological therapists whatever their background psychiatry psychology social work or nursing *Fasting: an Exceptional Human Experience* Randi Fredricks, 2012-12-20 Fasting An Exceptional Human Experience Since prehistory fasting has been used in various ways as a means of transformation As a spiritual practice it is the oldest and most common form of asceticism and is found in virtually every religion and spiritual tradition In psychology studies have suggested that fasting can alleviate the symptoms of some psychiatric conditions including depression and

schizophrenia In medicine fasting is one of the most promising therapies with research suggesting that fasting can cause certain drugs such as chemotherapy to work better while reducing drug side effects Hunger striking sometimes called political fasting may be the most powerful application of fasting Proof of this occurred in 1948 when Gandhis hunger strike caused millions of Hindus and Muslims in India to cease their fighting As a practical guide Randi Fredricks Ph D provides detailed information on the different types of fasting where people fast the physiological process of fasting and the contraindications and criticisms of fasting Using existing literature and original research Dr Fredricks focuses on the transformative characteristics of fasting in the contexts of psychology medicine and spirituality The relationship between fasting and transpersonal psychology is examined with a focus on peak experiences self realization and other exceptional human experiences Dr Fredricks demonstrates how fasting can be profoundly therapeutic create global paradigm shifts and provide personal mystical phenomena     [A Bite of the Apple](#) Lennie Goodings,2020 In this insightful memoir Lennie Goodings takes the reader behind the scenes at Virago the feminist press that she has led for twenty years Moving from Virago s early days of independence through its various commercial incarnations the author reflects on idealistic publishing and how it feels to be a beacon for change     *Framing Disease* Charles E. Rosenberg,Janet Lynne Golden,1992 Many diseases discussed here endstage renal disease rheumatic fever parasitic infectious diseases coronary thrombosis came to be defined redefined and renamed over the course of several centuries As these essays show the concept of disease has also been used to frame culturally resonant behaviors suicide homosexuality anorexia nervosa chronic fatigue syndrome Disease is also framed by public policy as the cases of industrial disability and of forensic psychiatry demonstrate Medical institutions as managers of people with disease come to have vested interests in diagnoses as the histories of facilities to treat tuberculosis or epilepsy reveal Ultimately the existence and conquest of disease serves to frame a society s sense of its own healthiness and to give direction to social reforms     **Holy Feast and Holy Fast** Caroline Walker Bynum,1988-01-07 In the period between 1200 and 1500 in western Europe a number of religious women gained widespread veneration and even canonization as saints for their extraordinary devotion to the Christian eucharist supernatural multiplications of food and drink and miracles of bodily manipulation including stigmata and inedia living without eating The occurrence of such phenomena sheds much light on the nature of medieval society and medieval religion It also forms a chapter in the history of women Previous scholars have occasionally noted the various phenomena in isolation from each other and have sometimes applied modern medical or psychological theories to them Using materials based on saints lives and the religious and mystical writings of medieval women and men Caroline Walker Bynum uncovers the pattern lying behind these aspects of women s religiosity and behind the fascination men and women felt for such miracles and devotional practices She argues that food lies at the heart of much of women s piety Women renounced ordinary food through fasting in order to prepare for receiving extraordinary food in the eucharist They also offered themselves as food in miracles of feeding and bodily

manipulation Providing both functionalist and phenomenological explanations Bynum explores the ways in which food practices enabled women to exert control within the family and to define their religious vocations She also describes what women meant by seeing their own bodies and God's body as food and what men meant when they too associated women with food and flesh The author's interpretation of women's piety offers a new view of the nature of medieval asceticism and drawing upon both anthropology and feminist theory she illuminates the distinctive features of women's use of symbols Rejecting presentist interpretations of women as exploited or masochistic she shows the power and creativity of women's writing and women's lives

*Food and Gender* Carole M. Counihan, 2013-11-05 This volume examines among other things the significance of food centered activities to gender relations and the construction of gendered identities across cultures It considers how each gender's relationship to food may facilitate mutual respect or produce gender hierarchy This relationship is considered through two central questions How does control of food production distribution and consumption contribute to men's and women's power and social position and How does food symbolically connote maleness and femaleness and establish the social value of men and women Other issues discussed include men's and women's attitudes towards their bodies and the legitimacy of their appetites

**The Anorexic's Story** Mary Petrie, 2000 *Freeing Someone You Love from Eating Disorders* Mary Dan Eades, 1993 A step by step plan that will heal lives and change obsessive relationships with food

**National Library of Medicine Current Catalog** National Library of Medicine (U.S.), 1982 **The American Journal of Psychiatry**, 1983-05 **A Psychotherapeutic Understanding of Eating Disorders in Children and Young People** Jeanne Magagna, 2021-10-01 This important book shows how psychotherapy can address severe eating disorders in children and young people illustrating the ways an imprisoned self can be released from suffering The book features a range of case studies while addressing core issues such as self harm hallucinations and the threat of suicide as well as related topics such as depression and psychosis Illustrating the psychological roots to eating disorders it places therapy within hospital clinical and multi disciplinary contexts as well as displaying how psychoanalytic theory can be applied across various settings and in different teams Written by an eminent author in the field this will be a key text for anyone wishing to understand eating disorders in children from a psychotherapeutic and psychoanalytic dimension

*Insights in Dynamic Psychotherapy of Anorexia and Bulimia* Joyce Kraus Aronson, 1993 This book brings together the key ideas of therapists on understanding and treating anorexia nervosa It provides the reader with a survey of the history psychodynamics family patterns and techniques of therapy

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