

THE ALTERNATIVE MEDICINE SOURCEBOOK

A REALISTIC EVALUATION OF
ALTERNATIVE HEALING METHODS

What's Behind the Buzz?

The strengths and weaknesses of alternative approaches

Finding a qualified practitioner

Integrating conventional and alternative medicine

Recommendations for common ailments

STEVEN BRATMAN, M.D.

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**Richard E. Shandell, Fredrick A.
Schulman, Patricia Smith**



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Pharmacodynamic Basis of Herbal Medicine Manuchair Ebadi, 2006-09-06 Continuing the tradition of the acclaimed first edition this book examines in detail the physiologic effects of food supplements vitamins and herbal remedies Considering the site mode and mechanism of action the author explains the desired and adverse effects and interactions of each herb drug and food and either endorses or debunks popular conceptions with pure scientific data Paying particular attention to diabetes cardiovascular disease and obesity as well as incorporating current research on the role of chronic systemic inflammation and the cumulative effect of free radicals on the aging process the author answers today's naturopathic questions Deconstructing the interaction among herbal properties physiology and di **Biomedicine and Alternative Healing Systems in America** Hans A. Baer, 2001 Examining medical pluralism in the United States from the Revolutionary War period through the end of the twentieth century Hans Baer brings together in one convenient reference a vast array of information on healing systems as diverse as Christian Science osteopathy acupuncture Santeria southern Appalachian herbalism evangelical faith healing and Navajo healing In a country where the dominant paradigm of biomedicine medical schools research hospitals clinics staffed by M D s and R N s has been long established and supported by laws and regulations the continuing appeal of other medical systems and subsystems bears careful consideration Distinctions of class Baer emphasizes as well as differences in race ethnicity and gender are fundamental to the diversity of beliefs techniques and social organizations represented in the phenomenon of medical pluralism Baer traces the simultaneous emergence in the nineteenth century of formalized biomedicine and of homeopathy botanic medicine hydropathy Christian Science osteopathy and chiropractic He examines present day osteopathic medicine as a system parallel to biomedicine with an emphasis on primary care chiropractic naturopathy and acupuncture as professionalized heterodox medical systems homeopathy herbalism bodywork and lay midwifery in the context of the holistic health movement Anglo American religious healing and

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The New Blackwell Companion to Medical Sociology William C. Cockerham, 2016-09-26 An

authoritative topical and comprehensive reference to the key concepts and most important traditional and contemporary issues in medical sociology Contains 35 chapters by recognized experts in the field both established and rising young scholars Covers standard topics in the field as well as new and engaging issues such as bioterrorism bioethics and infectious disease Chapters are thematically arranged to cover the major issues of the sub discipline Global range of contributors and an international perspective

Directory of Schools for Alternative & Complementary Health Care Karen

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