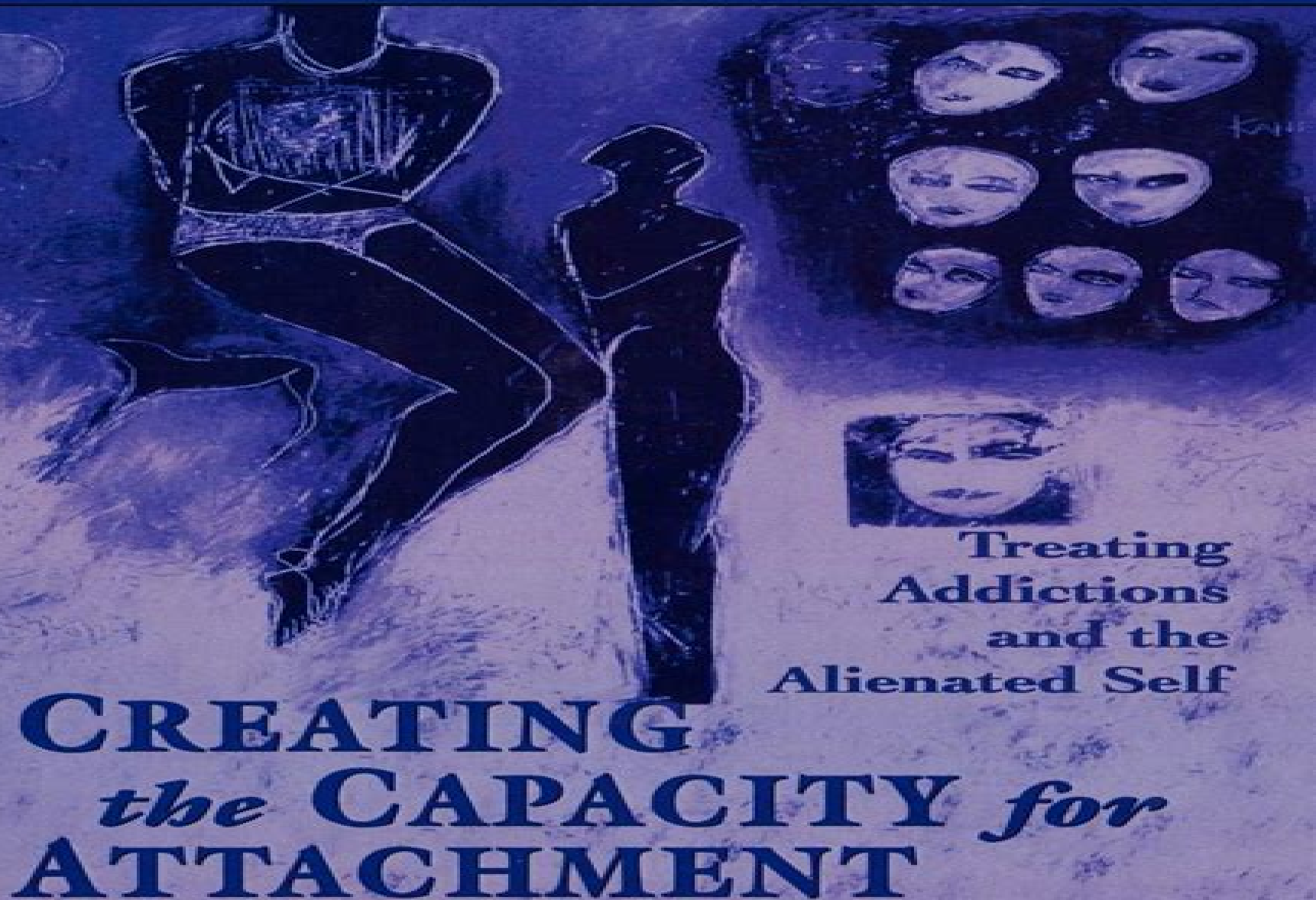


Karen B. Walant



**Treating
Addictions
and the
Alienated Self**

**CREATING
the CAPACITY *for*
ATTACHMENT**

Creating The Capacity For Attachment Treating Addictions And The Alienated Self

Richard B. Ulman, Harry Paul



Creating The Capacity For Attachment Treating Addictions And The Alienated Self:

Creating the Capacity for Attachment Karen B. Walant, 1998-08-01 Detached alienated people many of them functioning with a pathologically developed false self barely navigate life's challenges Our cultural emphasis on autonomy and separateness has led to a retreat from valuing interpersonal communal dependence and has greatly contributed to a rise in the number of people whose suffering is often expressed in addictions and personality disorders Using actual patient material including diaries and letters Karen Walant's *Creating the Capacity for Attachment* shows how immersive moments in therapy moments of complete understanding between patient and therapist are powerful enough to dislodge the alienated detached self from its hiding place and enable the individual to begin incorporating his or her inner core into his or her external social self *Creating the Capacity for Attachment* Karen Walant, 1995 Systematically examines psychodynamic paradigms for understanding development and applies this analysis to the needs and problems of substance dependent individuals ,

Therapist's Guide to Substance Abuse Intervention Sharon L. Johnson, 2003-04-28 Author of AP's bestselling *Therapist's Guide to Clinical Intervention* now turns her attention to substance abuse intervention The book will follow a similar format to her previous book presenting information in easy to read outline form with relevant forms patient questionnaires checklists business documents etc Part I discusses the social impact of substance abuse and provides a general overview of the physiological and psychological characteristics of abuse DSM IV definition of abuse and classifications of the varying types of drugs Part II is the main section of the book and covers assessment different stages of abuse recovery and treatment choices Coverage includes the discussion of myriad self help choices e.g. AA group therapy brief therapy and more Discussion will also include making a determination of treatment as inpatient or outpatient and issues relevant to special populations teenagers geriatrics comorbidity patients etc Part III presents skill building resources Part IV covers prevention quality assurance and also includes a glossary Outlines treatment goals and objectives Outlines for assessing special circumstances Offers skill building resources to supplement treatment The Self Psychology of Addiction and its Treatment Richard B.

Ulman, Harry Paul, 2013-04-03 In the time of Freud the typical psychoanalytic patient was afflicted with neurotic disorders however the modern day psychotherapy patient often suffers instead from a variety of addictive disorders As the treatment of neurotic disorders based on unconscious conflicts cannot be applied to treatment of addictive disorders psychoanalysis has been unable to keep pace with the changes in the type of patient seeking help To address the shift and respond to contemporary patients needs Ulman and Paul present a thorough discussion of addiction that studies and analyzes treatment options Their honest and unique work provides new ideas that will help gain access to the fantasy worlds of addicted patients *The Self Psychology of Addiction and Its Treatment* emphasizes clinical approaches in the treatment of challenging narcissistic patients struggling with the five major forms of addiction Ulman and Paul focus on six specific case studies that are illustrative of the five forms of addiction They use the representative subjects to develop a self psychological model that

helps to answer the pertinent questions regarding the origins and pathway of addiction This comprehensive book links addiction and trauma in an original manner that creates a greater understanding of addiction and its foundations than any clinical or theoretical model to date

Standing at Water's Edge Anne Paris,2010-11-30 For most people who seek to create whether they are artists writers or businesspeople the daily task of immersing themselves in their creative work is both a joy and a profound challenge Instead of stepping easily into the creative state they succumb to chronic procrastination and torturous distraction In *Standing at Water's Edge* psychologist Anne Paris calls on her extensive experience in working with creative clients to explore the deep psychological fears that block us from creative immersion Employing cutting edge theory and research Paris weaves a new understanding of the artist during the creative process Rather than presenting the creation of art as a lonely solitary endeavor she shows how relationships with others are actually crucial to creativity Shining a light on the innermost experience of the artist as he or she engages with others the artwork and the audience Paris explores how our sense of connection with others can aid or inhibit creative immersion She reveals a unique model of mirrors heroes and twins to explore the key relationships that support creativity Paris's groundbreaking psychological approach gives artists valuable new insight into their own creative process allowing them to unlock their potential and finish their greatest projects

Children's Literature Elizabeth Lennox Keyser,Julie Pfeiffer,2001-01-01 Articles of this book Donelle Ruwe Guarding the British Bible from Rousseau Ruth Carver Capasso Philanthropy in Nineteenth Century French Children's Literature Ken Parille Wake up and be a man Claudia Nelson Drying the Orphan's Tear Kate Lawson The Disappointed House Fern Kory Once upon a Time in Aframerica Laura B Comoletti and Michael D C Drout How They Do Things with Words Philip Nel Never overlook the art of the seemingly simple Sandra Beckett Parodic Play with Paintings in Picture Books Clare Bradford The End of Empire

CBT for Compulsive Sexual Behaviour Thaddeus Birchard,2015-05-15 Increasing numbers of therapists are coming into contact with the problem of compulsive sexual behaviour disorders However it is still a relatively new field and there is little in the current literature available that enables the therapist to work with and treat this problem

CBT for Compulsive Sexual Behaviour A guide for professionals addresses this by providing a guide to cognitive behavioural theory and practice which includes the assessment diagnosis and treatment of addictive sexually compulsive disorders Beginning with a description of addictive sexuality and an overview of cognitive behavioural therapy in which CBT is presented as the most useful response Thaddeus Birchard provides clear therapeutic information about the implementation of CBT treatment intervention The chapters included cover the neuroscience that underpins the addictive process a how to chapter on the use of groups paraphilias trauma and attachment comorbid disorders and cross addictions and analysis on the function of internet pornography all written from a cognitive behavioural stance Using case vignettes throughout Thaddeus Birchard draws on his own experience as a psychosexual therapist along with the latest research in the field to enable the therapist to treat a range of compulsive sexual problems in a way that can be applied in individual practice or in a group

setting as well as how to prevent relapse This book will be essential reading for psychosexual therapists cognitive behaviour therapists and other professional working with sexual compulsive disorders **Giving The Love That Heals** Harville Hendrix,Helen Hunt,1998-08 The authors bring us to a new understanding of the most profound love of all by helping parents nurture their own development as they encourage emotional wholeness in their children Publishers description

Responding to the Oppression of Addiction, Fourth Edition Rick Csiernik,William Rowe,Gabriela Novotna,2023-02-07 Responding to the Oppression of Addiction brings together the voices of over 40 academics and social work practitioners from across Canada to provide a diverse and multidimensional perspective to the study of addiction This thoroughly updated edition features eight new chapters and streamlines the content of the previous editions with chapters condensed and combined to create a more accessible text The fourth edition features new content on themes such as residential schools prevention initiatives special needs of different populations policy perspectives framed within an anti oppression standpoint cognitive behavioral therapy and the emerging topic of problem gambling Returning chapters have been updated with contributors providing more in depth examinations of trauma informed approaches The entire volume has a strengthened anti oppressive framework on both an overarching and by chapter level This celebrated and varied collection is an indispensable resource for upper level students graduate students and practitioners working in the fields of social work addictions studies and the helping professions FEATURES Thoroughly updated chapter by chapter content grounded in an anti oppressive framework with deeper exploration of trauma informed approaches Provides an authoritative analysis of the practices and policies that contribute to the construction of the meaning of addiction through a Canadian lens

Re-understanding the Child's Right to Identity Ya'ir Ronen,2016-10-05 Re understanding the Child s Right to Identity On belonging Responsiveness and Hope by Ya ir Ronen offers an innovative understanding of the right to identity aiming to transform its meaning and thus its protection Drawing on sources from different disciplines including law theology philosophy psychology and social work the author offers a vision of social and legal change in which law is a healing force In it policies and practice protect children s sense of belonging recognizing human interdependence They dignify children s disempowered narratives through their responsiveness protect children s need to be authentic beings and nourish the hope for change and growth in children at risk and their families The Developmental Psychology of Psychopathology Sam Vaknin,2007-01-17 Psychopathology as the outcome of problems in early childhood development **Humanizing Addiction Practice** Antoine Douaihy,H. Patrick Driscoll,2018-06-21 This original eloquent compassionate and timely book offers all healthcare practitioners interested and involved in addiction practice a powerful account of an addiction psychiatrist s journey of professional and personal growth thereby offering readers a unique opportunity to learn deeply from the author s insights experiences and struggles in becoming a patient centered empathic healer Through sharing and exploring clinical experiences in addiction practice this fascinating title delves into the lead author and his mentee s personal professional and

ethical challenges and weaves together science and humanism offering a wealth of experiential wisdom and tools that have the power to transform our understanding of therapeutic work with people with addictions Written with empathy and humility **Humanizing Addiction Blending Science and Personal Transformation** provides a compelling argument and framework for integrating humanism with empirically grounded practices This important book is an invaluable resource for healers from a range of backgrounds physicians physician assistants nurse practitioners social workers case managers patient navigators clinical and health psychologists pharmacists counselors graduate students and medical trainees involved in clinical care of people with addiction and substance use problems **Practicing Harm Reduction Psychotherapy** Patt Denning, Jeannie Little, 2024-03-26 This acclaimed clinical guide has helped thousands of clinicians put the proven principles of harm reduction into practice with therapy clients who have substance use problems Written by pioneers in the field the book shows how to do effective therapeutic work with people still using alcohol or other drugs It provides clear guidelines for conducting comprehensive assessments making collaborative treatment decisions and implementing interventions that combine motivational cognitive behavioral and psychodynamic strategies The focus is reducing drug related harm while also addressing co occurring psychological and emotional difficulties Detailed clinical illustrations are featured throughout New to This Edition Reflects over a decade of research advances and the tremendous growth of harm reduction clinical practice and training Section on applications with chapters on community based settings harm reduction groups and working with families and friends Chapters on biological and psychodynamic aspects of treatment Expanded discussions of trauma cultural sensitivity and ethics Supplemental resources and training materials at the authors website Provided by publisher

Substance Abuse Joyce H. Lowinson, 2005 The premier text on substance abuse and addictive behaviors is now in its updated and expanded Fourth Edition with up to the minute insights from more than 150 experts at the front lines of patient management and research This edition features expanded coverage of the neurobiology of abused substances new pharmacologic therapies for addictions and complete information on club drugs such as Ecstasy New sections focus on addiction in children adolescents adults and the elderly and women s health issues including pregnancy The expanded behavioral addictions section now includes hoarding shopping and computer Internet abuse Includes access to a Companion website that has fully searchable text **Addictions From an Attachment Perspective** Richard Gill, 2018-05-15 This outstanding book is an important collection of papers from the 2013 John Bowlby Memorial Conference by accomplished clinicians from different modalities who share their experience of working with people with different kinds of addiction The papers bring together an in depth understanding that addictions are a response to and hold the pain of broken attachments and are best treated within healthy interpersonal relationships For a long time the person with an addiction has been seen as the problem with society being able to live in denial of the causes These papers open up innovative and effective ways of working with people troubled by addiction from an attachment informed perspective Contributors Cara Crossan Richard Gill

Lynn Greenwood Bob Johnson Liz Karter Edward Khantzian Arlene Vetere Kate White Jason Wright **The American Psychiatric Association Publishing Textbook of Substance Use Disorder Treatment, Sixth Edition** Kathleen T. Brady, M.D., Ph.D., Frances R. Levin, M.D., Marc Galanter, M.D., Herbert D. Kleber, M.D., 2021-01-15 The Sixth Edition has been completely revised and restructured and represents the cutting edge of research practice and policy in substance use disorder SUD treatment A one stop reference for evidence based information on neurobiology assessment treatment and research trends in SUDs the book is an indispensable resource for trainees and **Group Psychotherapy with Addicted Populations** Philip J. Flores, 2007-10-01 Be more effective in group therapy with addicted clients Group Psychotherapy with Addicted Populations An Integration of Twelve Step and Psychodynamic Theory Third Edition is the newly revised edition of the classic text that provides you with proven strategies for defeating alcohol and drug addiction through group psychotherapy Philip J Flores a highly regarded expert in the treatment of alcoholism and in group psychotherapy brings together practical applications of 12 step programs and psychodynamic groups This updated book explores the latest in constructive benefits of group therapy to chemically dependent individuals providing opportunities to share and identify with others who are going through similar problems to understand their own attitudes about addiction by confronting similar attitudes in others and to learn to communicate their needs and feelings more directly Topics in Group Psychotherapy with Addicted Populations An Integration of Twelve Step and Psychodynamic Theory Third Edition include alcoholism addiction and psychodynamic theories of addiction alcoholics anonymous and group psychotherapy use of confrontational techniques in the group inpatient group psychotherapy characteristics of the leader transference in the group resistance in groups preparing the chemically dependent person for group the curative process in group therapy integrating a modern analytic approach a discussion of object relations theory group psychotherapy AA and twelve step programs diagnosis and addiction treatment treatment issues at early middle and late stages of treatment a discussion of guidelines and priorities for group leaders countertransference special considerations of resistance to addiction termination of treatment Professionals working in group therapy and addictions will find Group Psychotherapy with Addicted Populations An Integration of Twelve Step and Psychodynamic Theory Third Edition an invaluable resource emphasizing the positive and constructive opportunities group psychotherapy brings to the chemically dependent individual **Clinical Textbook of Addictive Disorders** Richard J. Frances, Sheldon I. Miller, Avram H. Mack, 2011-01-01 This authoritative work comprehensively examines all aspects of addictive disorders and their treatment Leading researchers and practitioners identify best practices in assessment and diagnosis and provide tools for working with users of specific substances Issues in working with particular populations including polysubstance abusers culturally diverse patients women and older adults are addressed and widely used psychosocial and pharmacological treatment approaches are reviewed An indispensable text for anyone studying or treating these prevalent challenging disorders the book describes ways to tailor interventions to each patient's needs while delivering

compassionate evidence based care **Treating Addiction** Edward J. Khantzian, 2018-02-12 In *Treating Addiction Beyond the Pain* Edward Khantzian offers a collection of his recent works on the study and treatment of substance abuse and addiction. Based on his five decades of experience in working with substance dependent individuals, this volume builds upon Khantzian's theory of addiction as self-medication and provides insights into how addiction is rooted in human psychological suffering and not pleasure seeking or self-destruction. Almost without exception, life histories of human discomfort, disconnection, and unhappiness leave those so burdened to be vulnerable to the appeal of addictive drugs, including alcohol. Khantzian's sensitive teaching voice weaves together an annotated collection of previously published papers into a powerful and engaging volume of effective practice-based treatments. A timely complement to his earlier collection *Treating Addiction as a Human Process*, this book provides an inclusive and accessible resource for mental health professionals from any background as well as graduate students and those in training.

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