

A word cloud featuring various traits of adolescents and teenagers. The words are arranged in a circular pattern around the central terms 'adolescents' and 'teenagers'. The background consists of flowing, wavy bands of red, orange, and yellow, creating a dynamic and energetic feel.

judgemental
energy levels hormonal
developing
mood swings attention span self-centred
reluctant self-conscious language aware cognitive skills mumblers
sensitive clumsy competitive creative opinionated
loud logical reasoning individuality emotional
rebellious

adolescents

teenagers

Changes A Selfhelp For Adolescents

Joacim Rocklöv



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