# and Action Plan for KIDS

## A COMPLETE PROGRAM TO HELP YOUR CHILD LIVE A FULL AND ACTIVE LIFE

- . Work with your doctor for the best results
- Find solutions without side effects
- Manage seasonal variations
- . Teach your child to manage his or her own condition
- · Get a handle on food allergies
- . Learn the truth about cats and dogs

ALLEN J. DOZOR, M.D., and KATE KELLY

### **Asthma And Allergy Action Plan For Kids**

**Annelies Wilder-Smith** 

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