

# BLAMING THE BRAIN

*The TRUTH About  
Drugs and Mental Health*

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**AUTHOR OF GREAT AND DESPERATE CURES**

# Blaming The Brain The Truth About Drugs And Mental Health

**Jennifer Radden**



## **Blaming The Brain The Truth About Drugs And Mental Health:**

**Blaming the Brain** Elliot Valenstein, 2002-02 In *Blaming the Brain* Elliott Valenstein exposes the many weaknesses inherent in the scientific arguments supporting the widely accepted theory that biochemical imbalances are the main cause of mental illness. He lays bare the commercial motives of drug companies and their huge stake in expanding their markets. This provocative book will force patients, practitioners and prescribers alike to rethink the causes of mental illness and the methods by which we treat it.

**Blaming the Brain** Elliot S. Valenstein, 2000      *The Logic of the Body* Matthew A. LaPine, 2020-11-04 Do not be anxious about anything. When it comes to stress and worry that's all we really need to say right? Just repent of your anxiety and everything will be fine. But emotional life is more complex than this. In *The Logic of the Body* Matthew LaPine argues that Protestants must retrieve theological psychology in order to properly understand the emotional life of the human person. With classical and modern resources in tow LaPine argues that one must not choose between viewing emotions exclusively as either cognitive and volitional on the one hand or simply a feeling of bodily change on the other. The two stories can be reconciled through a robustly theological analysis. In a culture filled with worry and anxiety *The Logic of the Body* offers a fresh path within the Reformed tradition.

*The Use and Misuse of Psychiatric Drugs* Joel Paris, 2011-01-13 Dr Paris has written an honest, balanced presentation of the ways in which psychiatric drugs are evaluated and prescribed. He highlights the complexity of the task, the limits of what is known and the mixed picture that research often produces. His conclusions are refreshing because they are built from an even-handed pragmatic assessment of the empirical evidence. The result is a stimulating look at the world of treatments for emotional disorders that acknowledges the usefulness of both biological and psychosocial explanations where appropriate. His recommendations provide helpful roadmaps for patients, practitioners and researchers alike. The book is sure to serve as a welcome catalyst for the continuing debates about which treatments are likely to produce the best outcomes.

Roger P. Greenberg, Ph.D. Distinguished Professor and Head, Psychology Division, Dept. of Psychiatry, Behavioral Science, SUNY Upstate Medical University, NY, USA. The message of this book is that psychiatrists have some very good drugs but can expect bad results when they are over-used, prescribed outside of evidence-based indications or given to the wrong patients. While acknowledging that many current agents are highly effective and have revolutionized the treatment of certain disorders, Joel Paris criticizes their use outside of an evidence base. Too many patients are either over-medicated or are misdiagnosed to justify aggressive treatment. Dr Paris calls for more government funding of clinical trials to establish without bias the effectiveness of these agents. He has written this book for practitioners and trainees to show that scientific evidence supports a more cautious and conservative approach to drug therapy. After describing the history of psychopharmacology including its early successes, Dr Paris reviews the relationship between psychiatry and the pharmaceutical industry. This problem has received considerable popular attention in recent years and Dr Paris documents initiatives to increase transparency and decrease the influence of pharmaceutical marketing.

on diagnosis and prescribing habits Dr Paris then examines some major controversies One is the fact that newer drugs have not been shown to be superior to older agents Another is that while the number of prescriptions for antidepressants has increased dramatically meta analyses show that their value is more limited than previously believed Still another is the widespread prescription of mood stabilizers and antipsychotic drugs for patients including children and adolescents who do not have bipolar illness Polypharmacy is an especially contentious area very few drug combinations have been tested in clinical trials yet many patients end up on a cocktail of powerful drugs each with its own side effects Dr Paris briefly considers alternatives to pharmacology and again calls for more clinical trials of these approaches He also discusses the current trend to medicalizing what many would describe as normal distress and states succinctly Some things in life are worth being upset about

Gwen Olsen, 2005-08-01 The United States health care system is killing Americans at an alarming rate even though we spend over fifteen percent of the Gross National Product GNP on health care According to the Journal of the American Medical Association our health care outcomes ranked only fifteenth among twenty five industrialized nations worldwide Adverse effects from prescription drugs have become the third leading killer of Americans Only heart disease and cancer claim more lives We trust our doctors to inform us and our government to protect us from medical malfeasance that may put profits ahead of consumer health and safety But the fine line walked by the FDA between the interests of the pharmaceutical manufacturers and the American public has continually been crossed The result is the unleashing of an unprecedented number of lethal drugs on the U S market Gwen Olsen learned firsthand the danger that lurks in every American's medicine cabinet working in the pharmaceutical industry But her most poignant education would come as a victim and ultimately as a survivor Rigorously researched and documented Confessions of an Rx Drug Pusher God's Call to Loving Arms is a moving human drama that illustrates the catastrophic consequences of a health care system run amuck

**The Philosophy of Psychiatry and Biologism** Markus Rüther, Bettina Schoene-Seifert, Marco Stier, Sebastian Muders, 2014-12-03 There has been an ongoing debate about the capabilities and limits of the bio natural sciences as sources and the methodological measure in the philosophy of psychiatry for quite some time now Still many problems remain unsolved at least partly for the following reasons The opposing parties do not tend to speak with each other exchange their arguments and try to increase mutual understanding Rather one gets the impression that they often remain in their trenches busy with confirming each others opinions and developing their positions in isolation This leads to several shortcomings

- 1 Good arguments and insights from both sides of the debate get less attention they deserve
- 2 The further improvement of each position becomes harder without criticism genuinely motivated by the opposing standpoint
- 3 The debate is not going to stop at least not in the way it would finish after a suggested solution finds broad support
- 4 Related to this insisting on the ultimate aptness of one side is just plainly wrong in almost every case

Since undeniably most philosophical positions usually have a grain of truth hidden in them In sum many controversies persist with regard to the appropriate methodological

epistemological and even ontological level for psychiatric explanation and therapies In a conference which took place in December last year we tried to contribute to a better understanding about what really is at issue in the philosophy of psychiatry We asked for a common basis for several sides for points of divergence and for the practical impact of different solutions on everyday work in psychiatry Since psychiatry as a whole is a subject that is too wide to be covered in a single meeting we focused on the following four core topics 1 Competing accounts of psychiatric biologism reductionism and physicalism 2 Mental disease and brain disease in the light of current neuroscientific and epigenetic findings 3 Normative suppositions for different accounts of mental disease 4 Normative implications of different accounts of mental disease These topics which have been vigorously as well as fruitfully discussed at our conference will ideally be too in the center of our contribution to Frontiers More precisely we think of arranging a research topic which assembles the issues of the conference At this point it seems promising to us to group three or four Target Articles TA and let them get criticized by a couple of commentaries from different angles to give the issue a much broader and detailed perspective

**The Philosophy of Psychiatry** Jennifer Radden, 2004-06-10 This is a comprehensive resource of original essays by leading thinkers exploring the newly emerging inter disciplinary field of the philosophy of psychiatry The contributors aim to define this exciting field and to highlight the philosophical assumptions and issues that underlie psychiatric theory and practice the category of mental disorder and rationales for its social clinical and legal treatment As a branch of medicine and a healing practice psychiatry relies on presuppositions that are deeply and unavoidably philosophical Conceptions of rationality personhood and autonomy frame our understanding and treatment of mental disorder Philosophical questions of evidence reality truth science and values give meaning to each of the social institutions and practices concerned with mental health care The psyche the mind and its relation to the body subjectivity and consciousness personal identity and character thought will memory and emotions are equally the stuff of traditional philosophical inquiry and of the psychiatric enterprise A new research field the philosophy of psychiatry began to form during the last two decades of the twentieth century Prompted by a growing recognition that philosophical ideas underlie many aspects of clinical practice psychiatric theorizing and research mental health policy and the economics and politics of mental health care academic philosophers practitioners and philosophically trained psychiatrists have begun a series of vital cross disciplinary exchanges This volume provides a sampling of the research yield of those exchanges Leading thinkers in this area including clinicians philosophers psychologists and interdisciplinary teams provide original discussions that are not only expository and critical but also a reflection of their authors distinctive and often powerful and imaginative viewpoints and theories All the discussions break new theoretical ground As befits such an interdisciplinary effort they are methodologically eclectic and varied and divergent in their assumptions and conclusions together they comprise a significant new exploration definition and mapping of the philosophical aspects of psychiatric theory and practice

**Creating Mental Illness** Allan V. Horwitz, 2024-05-31 Filled with insights into the social historical

and economic forces responsible for the overmedicalization of human unhappiness and distress George Graham

**Metapsychology** In this surprising book Allan V Horwitz argues that our current conceptions of mental illness as a disease fit only a small number of serious psychological conditions and that most conditions currently regarded as mental illness are cultural constructions normal reactions to stressful social circumstances or simply forms of deviant behavior Thought provoking and important Drawing on and consolidating the ideas of a range of authors Horwitz challenges the existing use of the term mental illness and the psychiatric ideas and practices on which this usage is based Horwitz enters this controversial territory with confidence conviction and clarity Joan Busfield American Journal of Sociology Horwitz properly identifies the financial incentives that urge therapists and drug companies to proliferate psychiatric diagnostic categories He correctly identifies the stranglehold that psychiatric diagnosis has on research funding in mental health Above all he provides a sorely needed counterpoint to the most strident advocates of disease model psychiatry Mark Sullivan Journal of the American Medical Association Horwitz makes at least two major contributions to our understanding of mental disorders First he eloquently draws on evidence from the biological and social sciences to create a balanced integrative approach to the study of mental disorders Second in accomplishing the first contribution he provides a fascinating history of the study and treatment of mental disorders from early asylum work to the rise of modern biological psychiatry Debra Umberson Quarterly Review of Biology

**Overcoming Fear, Worry, and Anxiety** Elyse Fitzpatrick, 2001-09-15 Elyse Fitzpatrick coauthor of Women Helping Women a Gold Medallion Finalist offers practical advice for conquering the paralyzing emotions many women encounter as they battle difficult often overwhelming concerns about rebellious children problems in the workplace or home health issues financial difficulties and more In the Bible God gives guidance and offers the true solution to our anxieties and fears Overcoming Fear Worry and Anxiety accesses this information to help women Identify the source of fear worry and anxiety Transform fearful thoughts into peaceful confidence Discover specific strategies for overcoming anxiety Women will find comfort and encouragement through real life examples of how others including Elyse cast their cares upon God and experience His strength and love

**The Tyranny of Niceness** Evelyn Sommers, 2005-07-02 The Tyranny of Niceness identifies and confronts our most fundamental social dysfunction niceness Psychologist Evelyn Sommers identifies and confronts our most fundamental social dysfunction niceness

Happy Pills in America David Herzberg, 2010-10-01 Valium Paxil Prozac Prescribed by the millions each year these medications have been hailed as wonder drugs and vilified as numbing and addictive crutches Where did this blockbuster drug phenomenon come from What factors led to the mass acceptance of tranquilizers and antidepressants And how has their widespread use affected American culture David Herzberg addresses these questions by tracing the rise of psychiatric medicines from Miltown in the 1950s to Valium in the 1970s to Prozac in the 1990s The result is more than a story of doctors and patients From bare knuckled marketing campaigns to political activism by feminists and antidrug warriors the fate of psychopharmacology has been intimately

wrapped up in the broader currents of modern American history Beginning with the emergence of a medical marketplace for psychoactive drugs in the postwar consumer culture Herzberg traces how happy pills became embroiled in Cold War gender battles and the explosive politics of the war against drugs and how feminists brought the two issues together in a dramatic campaign against Valium addiction in the 1970s A final look at antidepressants shows that even the Prozac phenomenon owed as much to commerce and culture as to scientific wizardry With a barrage of ask your doctor about advertisements competing for attention with shocking news of drug company malfeasance Happy Pills is an invaluable look at how the commercialization of medicine has transformed American culture since the end of World War II

*Qualitative Methods for Practice Research* Jeffrey Longhofer, Jerry Floersch, Janet Hoy, 2013 Qualitative methods have become increasingly popular among researchers and while many comprehensive textbooks describe the standard techniques and philosophical assumptions it is often assumed that practitioners are consumers of research and not producers This innovative book describes how qualitative methods can be used to investigate the in vivo use of theory in social work practice It offers not just a comprehensive overview of methods but a concise accessible guide focused on how to study and explicate application of theory and the creative tension that inevitably exists between theory and practice Theory to practice gaps are indispensable conditions for conducting engaged scholarship which in turn promotes collaboration between researchers and practitioners in addressing practice related problems in real world settings Engaged scholarship and critical realist assumptions are applied to three case studies that combine research questions with data collection techniques and analytic strategies Thematic grounded theory and narrative research techniques are all illustrated including original quick start instructions for using ATLAS ti software Institutional ethnography is also presented as a method that is particularly useful for social work practice settings By generating knowledge of practice in open and natural systems qualitative methods can be used to examine how practice is experienced and how interventions may be understood and transformed This cutting edge pocket guide will equip practitioner scholars with the foundation for conducting research that makes a difference

*Textbook of Biological Psychiatry* Jaak Panksepp, 2004-02-01 A Textbook of Biological Psychiatry integrates the basic science concerning brain mechanisms of psychiatric disorders alongside surveys of present standard clinical treatment Organized in a coherent and easy to follow structure chapters expand across different levels of analysis from basic mechanisms to clinical practice This comprehensive reference provides an integrative treatment of the biochemistry of neurotransmission behavioral pharmacology and clinical aspects of psychiatric problems including depression manic depression and mood disorders Other chapters address the biological mechanisms and treatment of depression anxiety panic obsessive compulsive disorder and addictions The editor concludes with a perspective on the future of the field and prospects for understanding and effectively treating mood and anxiety disorders

*Models of Madness* John Read, Loren R. Mosher, Richard P. Bentall, 2004 Models of Madness shows that hallucinations and delusions are understandable reactions to life events and circumstances rather than

symptoms of a supposed genetic predisposition or biological disturbance International contributors critique the medical model of madness examine the dominance of the illness approach to understanding madness from historical and economic perspectives document the role of drug companies outline the alternative to drug based solutions identify the urgency and possibility of prevention of madness Models of Madness promotes a more humane and effective response to treating severely distressed people that will prove essential reading for psychiatrists and clinical psychologists and of great interest to all those who work in the mental health service This book forms part of the International Society for the Psychological Treatment of Psychoses series edited by Brian Martindale

**The Method of Levels** Timothy A. Carey, 2006 Based on Perceptual Control Theory this therapeutic method leaves the patient in control with no interference from the therapist Carey shows how to ask very simple questions about background thoughts to assist a friend in distress

**Vitality** Richard Esser, 2008

*Transform Your World Through the Powers of Your Mind* Jawara D. King, 2009-06 Jawara D King is back with another classic and has written the greatest self help book of all time with TRANSFORM YOUR WORLD THROUGH THE POWERS OF YOUR MIND which is a classic and spiritual masterpiece leading the world into manifested mind power This transformational life changing manual full of life changing principles will help you make the proper mental adjustments needed to experience the full manifestation of thought power A trained and directed mind disciplined to think the right thoughts will help you manifest the life you want through the power and possibility of faith Learn how to not limit yourself in your thinking and allow the energy of thought to create the circumstances you desire The only limits are our beliefs which make the possible impossible while everything is possible including the impossible using mind over matter to overcome impossibilities Through persistence will and daily commitment you will be able to change or manifest anything within the realm of the possible through applied action The beliefs you hold within are always repelling or attracting success and your thoughts and spoken words will manifest Building on the success of his first book WORLD TRANSFORMATION Dr Jawara D King returns with a spectacular effort full of techniques that will make dramatic positive changes for you if practiced and help you see and imagine yourself being what you affirm to be A decision backed by action is the root of all change along with a change in your thinking You have to believe it before you see it Images of what you want in your mind begin the creative process You attract situations that match the images of your daily thoughts and what you mostly focus upon Through mind power your new life will reflect your new thoughts and habits

**Critical Thinking in Clinical Practice** Eileen Gambrill, 2006-03-06 Decisions are influenced by a variety of fallacies and biases that we can learn how to avoid Critical thinking values knowledge and skills therefore are integral to evidence based practice These emphasize the importance of recognizing ignorance as well as knowledge and the vital role of criticism in discovering how to make better decisions This book is for clinicians clinicians who are willing to say I don t know Critical Thinking in Clinical Practice Second Edition is designed to enhance readers skills in making well informed ethical decisions Making such decisions is no easy task Decisions



are made in uncertain changing environments with time pressures Interested parties such as the pharmaceutical industry spend millions of dollars to influence decisions made Drawing on a wide range of related literature this book describes common pitfalls in clinical reasoning as well as strategies for avoiding them sometimes called mind tools Mental health and allied professionals will come away from this text with knowledge of how classification decisions a focus on pathology and reliance on popularity can cause errors Hazards involved in data collection and team decision making such as groupthink are discussed Part 1 provides an overview of the context in which clinicians make decisions Part 2 describes common sources of error Part 3 describes decision aids including the process of evidence based practice Part 4 describes the application of related content to different helping phases including assessment intervention and evaluation Part 5 suggests obstacles to making well informed decisions and how to encourage lifelong learning This new Second Edition has been completely updated with expanded coverage on Evidence based practice Screening issues and practice errors Lifelong learning Problem solving Decision making An interactive dynamic book filled with insightful examples useful lists and guidelines and exercises geared to encourage critical thinking Critical Thinking in Clinical Practice Second Edition provides an essential resource for helping professionals and students

**What Is Mental Illness?** Richard J. McNally, 2012-11-12 According to a major health survey nearly half of all Americans have been mentally ill at some point in their lives more than a quarter in the last year Can this be true What exactly does it mean anyway What s a disorder and what s just a struggle with real life This lucid and incisive book cuts through both professional jargon and polemical hot air to describe the intense political and intellectual struggles over what counts as a real disorder and what goes into the DSM the psychiatric bible Is schizophrenia a disorder Absolutely Is homosexuality It was till gay rights activists drove it out of the DSM a generation ago What about new and controversial diagnoses Is social anxiety disorder a way of saying that it s sick to be shy or female sexual arousal disorder that it s sick to be tired An advisor to the DSM but also a fierce critic of exaggerated overuse McNally defends the careful approach of describing disorders by patterns of symptoms that can be seen and illustrates how often the system medicalizes everyday emotional life Neuroscience genetics and evolutionary psychology may illuminate the biological bases of mental illness but at this point McNally argues no science can draw a bright line between disorder and distress In a pragmatic and humane conclusion he offers questions for patients and professionals alike to help understand and cope with the sorrows and psychopathologies of everyday life

Peddling Mental Disorder Lawrie Reznick, 2016-03-15 Psychiatry is a mess Patients who urgently need help go untreated while perfectly healthy people are over diagnosed with serious mental disorders and receive unnecessary medical treatment The roots of the problem are the vast pharmaceutical industry profits and a diagnostic system the Diagnostic and Statistical Manual of Mental Disorders DSM vulnerable to exploitation Drug companies have fostered the development of this system pushing psychiatry to over extend its domain so that more people can be diagnosed with mental disorders and treated with drugs This book describes the steady expansion of the DSM both the

manual itself and its application and the resulting over medication of society The author discusses revisions and additions to the DSM now in its fifth edition that have only deepened the epidemics of major depression premenstrual dysphoric disorder social anxiety disorder attention deficit disorder and bipolar disorder

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