# Guidelines for Leaving Kids HOME ALONE

### AGE APPROPRIATE:

7 & under	Should not be left alone for any period of time
8-10 years old	Should not be left alone for more than 1% hours & only during daylight and early evening hours.
11-12 years old	May be left alone for up to 3 hours but not late at night.
13-15 years old	May be left unsupervised, but not overnight.
16-17 years old	May be left unsupervised (in some cases, for up to two consecutive overnight periods).

## **SAFETY TIPS:**

- -Things to memorize: Full name, address, telephone number.
- -Post an emergency list local, long distance numbers to call in case of emergency.
- -Let neighbors know that your child may be home alone.
- -Call the child several times while you are away.
- -Teach your child how to lock windows and doors.
- -Tell your child not to go into other people's homes (neighbors included) without your permission.
- Designate a safe house to run to if the child feels like he/she is in danger.
- -Teach children kitchen safety and what is/is not okay when you are not at home with them.

## BY STATE

AL	None	MT	None
AK	Unknown	NE	None
AZ	None	NV	None
AR	None	NH	None
CA	None	NJ	None
CO	12"	NM	10
СТ	None	NY	None
DE	12"	NC	8
FL	None	ND	9.
GA	8"	ОН	None
HII	None	OK.	None
ID	None	OR	10
IL	14	PA.	None
IIN	None	RI	Unknow
IA.	None	sc	None
KS	6.	SD	None
KY	Unknown	TN	10"
LA	None	TX	None
ME	None	UT	None
MD	8	VT	Unknow
MA	None	VA	None
MI	m-	WA	10*
MN	None	wv	Unknow
MS	12"	WI	None
MO	None	WY	Unknow

## **Alone At Home A Kids Guide To Being In Charge**

Masha K. Rudman, Kathleen Dunne Gagne, Joanne E. Bernstein

#### Alone At Home A Kids Guide To Being In Charge:

The Therapist's Notebook for Children and Adolescents Catherine Ford Sori, Lorna L. Hecker, 2014-04-04 This book puts a myriad of homework handouts activities and interventions in your hands Targeted specifically toward children and adolescents the therapist's helpers you ll find in this extraordinary book will give you the edge in aiding children with their feelings incorporating play techniques into therapy providing group therapy to children and encouraging appropriate parental involvement The Therapist's Notebook for Children and Adolescents covers sleep problems divorce illness grief sexual abuse cultural minority issues and more incorporating therapeutic approaches that include play family play psychodynamic family systems behavioral narrative and solution focused therapy This ready reference is divided into eight thoughtfully planned sections to make it easy to find the right activity handout or intervention for the problem at hand Dealing with Children's Feelings The Use of Play in Therapy Special Child Problems Youth Adolescents Specific Approaches or Interventions Family Issues Parent Education and Intervention and Illness and Bereavement Covering a wide age range The Therapist's Notebook for Children and Adolescents will help you become even more effective with your youthful clients by providing creative ideas for use with children expanding your repertoire of proven interventions and approaches to working with children and specific children's issues exploring effective ways to run children's groups showing you how to work with children in many modalities individual family with parents and in groups examining ways to include parents and families in child adolescent therapy to increase the ability to make systematic changes helping the client's behavioral change to be reinforced at home A far cry from typical child intervention books The Therapist's Notebook for Children and Adolescents Homework Handouts and Activities for Use in Psychotherapy does much more than simply help you teach skills to children Make it a part of your therapeutic arsenal today Keeping Kids Safe Richard W. Eaves, 1995 The Kids' Guide to Staying Awesome and In Control, 2nd Edition Lauren Brukner, 2025-08-21 Packed with easy to use ideas to regulate emotions and senses Lauren Brukner's internationally bestselling book is back in new and improved form It will help kids aged 7 process difficult feelings so that they feel awesome and in control This updated edition has been fully revised to be accessible for ALL readers. Hey awe some reader Are big feelings or tricky situations getting in the way of your day. Don't worry this book is here to help YOU take charge and feel amazing Packed with fun ideas this guide is all about understanding your feelings and learning cool tools to handle them You ll find ways to feel just right whether you re at home at school or anywhere else And guess what You can even use this book on your own or team up with a grown up for extra help Inside you ll learn about Everyday calming tricks Try quick and clever exercises like bubble breaths pressure holds or finger pulls perfect for anywhere anytime Longer body breaks Feeling fast and wiggly or slow and tired Do cool moves like the cross crawl or the superman pose Why and how it works Get the lowdown on feelings and what s going on in your body so you can pick the best tools for YOU With cool illustrations that show you exactly what to do handy checklists and tips for parents and

teachers this awesome guide makes self regulation super easy and fun You ll feel strong confident and ready for anything Are you ready to feel awesome and in control Let s go Books to Help a Child Cope with Separation and Loss Masha K. Rudman, Kathleen Dunne Gagne, Joanne E. Bernstein, 1993 Presented here are some 750 fiction and nonfiction books from folklore to poetry focusing on separation and loss themes for young people Highly selective the guide profiles only classic and recommended titles from School Library Journal Bulletin of the Center for Children's Books Publishers Weekly Kirkus The Horn Book The Bookfinder and other publications Arranged by topic each annotated entry provides a review of plot and theme interest reading level suggestions for use and full bibliographic information Issues include Homelessness Economic Loss Parents Out of Work and Race Relations This is the ideal reference guide for those who have the opportunity to help children facing tough personal roadblocks ranging from going away to camp to the death of a sibling Paula Statman, 1995 An authoritative guide that shows parents how to protect their children from molestation abduction and other forms of abuse without instilling fear by teaching them to be safe strong and street smart Includes sample scripts for difficult conversations written in positive matter of fact language Children's Literature for Health Awareness Anthony L. Manna, Cynthia Wolford Symons, 1992 Provides direction for educators health professionals librarians and parents in search of children's literature that addresses the health concerns needs and problems of children in kindergarten through 8th grade

Bowker's Directory of Videocassettes for Children 1999 R R Bowker Publishing, Bowker, 1999-03 Children's Literature Masha Kabakow Rudman, 1995 Children's Literature An Issues Approach Third Edition is an invaluable text and resource guide to the critical study and selection of books for children from kindergarten through junior high school Written for teachers librarians and anyone interested in introducing young people to the joy and benefits of reading it examines children s literature and its treatment of important sometimes controversial issues Focusing on the personal and societal concerns of today s youth including sexuality divorce heritage abuse and death it offers practical suggestions for using books to help The New York Times Book Review ,1989-07 children successfully confront these matters Working Mother, 1986-10 The magazine that helps career moms balance their personal and professional lives **Bowker's Complete Video** Directory, 2000 When Your Parents Get a Divorce Ann Banks, 1990 Gives children a healing way to deal with divorce by providing constructive activities and plenty of writing space to let them work through their feelings Poisoned Candy and Sugar Daddies ~ A parents Guide To Child Safety In Today's Dangerous Culture Dawn E. Worswick, **Books in Print** ,1993-09 V 1 Authors A D v 2 Authors E K v 3 Authors L R v 4 S Z v 5 Titles A D v 6 Titles E K v 7 Titles L Q v 8 Titles R Z v 9 Out of print out of stock indefinitely v 10 Publishers **Lesson Guide for** SAMHSA News ,1997 School Life ,1945 Captioned Films, XX ,1984 Hearings, Reports and Prints of the House Committee on Armed Services United States. Congress. House. Committee on Armed Services, 1966 New York Magazine, 1990-12-03 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and guickly made a place for itself as the trusted resource for

readers across the country With award winning writing and photography covering everything from politics and food to theater and fashion the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself while celebrating New York as both a place and an idea Support Groups For Children Kathleen O'Rourke, John C. Worzbyt, 2013-08-21 Designed for use with children in grades K 6 this book provides a review of support groups their nature and value the tripartite model of children's needs behaviours they need to learn and environmental conditions that support learning the Keystone Learning Model which encompasses the tripartite model strengths and decision making and nuts and bolts suggestions for creating and managing child support groups The book also addresses various support groups chapter by chapter and homework ideas are provided with each chapter

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