

THE
COUPLE
WHO
BECAME
EACH
OTHER

AND OTHER TALES OF
HEALING FROM A
HYPNOTHERAPIST'S CASEBOOK

DAVID L. CALOF
WITH ROBIN SIMONS

Couple Who Became Each Other And Other Tales Of A Master Hypnotherapist

Mark King, Charles Citrenbaum



Couple Who Became Each Other And Other Tales Of A Master Hypnotherapist:

The Couple who Became Each Other David L. Calof, Robin Simons, 1996 In a practice spanning more than twenty years Calof has helped clients use the power of their own unconscious to gain insights solve problems and heal physical and psychological wounds sometimes in dramatic ways even he could not foresee Each chapter in this book reads like a whodunit taking us on the search for clues and solutions to patients mysterious symptoms We learn that to the unconscious mind and body are one as we watch a woman cleanse her body of precancerous cells through the use of mental imagery We learn that family communication is hypnotic as we see three sisters pass fifteen pounds from one to another until they are freed from the burden of caring for their parents And in Calof's accounts of his pioneering work with dissociative disorders we glimpse the many selves we all carry within us As David Calof makes clear trance is not the exclusive province of hypnotists but is a natural phenomenon we encounter daily The magic is not in the hypnotherapist but in each one of us BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved

In the Shadows of the Net Patrick J Carnes, David L. Delmonico, Elizabeth Griffin, 2009-07-30 The much anticipated second edition of the breakthrough book about recovering from online sexual addiction As the Internet becomes a more powerful imposing force in our lives indeed becoming difficult to avoid the potential for related problems also increases This includes troubles of a sexual nature When accessing porn no longer requires even a trip to the store when we can view and participate in sexual activities anonymously when younger and younger children are being exposed to sex online when virtual interactions take over limiting and even destroying real time relationships we are in crisis Compulsive online sexual behavior is a real and growing problem Yet the situation is not without hope For those who are seeing signs of significant online problems in themselves or a loved one this updated second edition of *In the Shadows of the Net* provides answers understanding and tools for recovery With the latest statistics discussion of recent technologies and devices and new thinking on developing a healthy relationship with the Internet and avoiding relapse this book offers authoritative professional advice for achieving lasting healthy change and healing **The Publishers Weekly**, 1996 Library Journal, 2001 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately Writer's Guide to Book Editors, Publishers, and Literary Agents, 1997-1998 Jeff Herman, 1996-09-25

This book contains the names and addresses of acquisitions editors at top publishing houses as well as their area of expertise and information on top literary agents First time and experienced authors will find the information they need to get their big break in the writing business instead of having their manuscripts end up in the slush pile **Treating Abuse Today**, 1997

New Age Journal, 1996 **Forthcoming Books** Rose Arny, 1998-06 *Book Review Index*, 1997 Every 3rd issue is a quarterly cumulation **American Book Publishing Record**, 1996 **Existential Hypnotherapy** Mark King, Charles Citrenbaum, 1993-09-03 Existential philosophy provides a useful theoretical foundation for successful hypnotherapy because it

stresses the importance of the client's experience over any preconceived notions or diagnoses. By using the client's reality as the basis of clinical work, the therapist can help the client break self-destructive habits and maintain healthy patterns of behavior without relying solely on behavioral techniques. Presenting an innovative approach to psychotherapy that is firmly rooted in philosophy, *Existential Hypnotherapy* bridges the gap between technique and theory. Addressing theoretical themes, the book's initial chapters discuss significant issues for psychotherapy in general and hypnotherapy in particular, with special attention paid to the nature of diagnosis and concepts of addiction. Chapters introduce the reader to the work of various existential philosophers including Kierkegaard, Nietzsche, and Sartre. Bound to stir controversy, the authors persuasively argue that hypnosis should not be considered a state or altered consciousness and that there is no such thing as self-hypnosis. Instead, they demonstrate that all clinical hypnosis belongs to the therapist-patient dialogue. The book then focuses on specific hypnotherapy techniques that may be linked to desired therapeutic outcomes. These strategies include ways to help patients manage anxiety and empower them to make needed life changes, methods for illuminating the existential meaning of symptoms to help patients break bad habits, and the utilization of patients' metaphors in treatment. Also discussed is the inadequacy of measurement scales that are supposed to determine a patient's ability to be hypnotized. Unique and thought-provoking, *Existential Hypnotherapy* is an important guide for any practitioner in the mental health field who uses clinical hypnosis as a tool, regardless of his or her training or orientation. Providing an accessible review of the basic principles of existential thought, it is also useful for instructors and students using philosophy to ground their psychological work.

Reading People Sanjay Burman, 2018-10-09 Burman, master hypnotherapist, can uncover people's deepest secrets and insecurities by observing their unconscious behaviors. Here he explains how to detect when someone is lying, whether a person can be trusted, and more. Sanjay Burman is a media strategy consultant and a movie and television producer. He is the author of *The Art of Persistence*. He lives in Toronto. **The Spectator**, 2002 **Today's Black Woman**, 2002

Reading People Sanjay Burman M. HT, 2011-06-07 You have an easy way of explaining things. Shirley Maclaine: See what is not being shown and hear what is not being said. Did you know that a micro gesture occurs 1/8 of a second before a word is spoken? Or how about the person that pats you on the back while hugging you is actually uncomfortable? When you try to impress her and she smiles without showing her teeth, you don't feel good about yourself. By looking at a desk, tell how the person reacts to pressure. Find what a person is most insecure about and what they truly feel towards you. Reading people takes observing people. Through the exercises in the book, you will get more comfortable doing so, and the techniques can help you in our personal and professional life. Don't guess. Let them tell you everything. *Time Out Film Guide* John Pym, 2001 This guide covers every aspect of world cinema from Russian silents to Ealing comedies, classic documentaries to Japanese animated films, B movie horror, and major British and American releases since 1968. More than 660 new reviews are included in the 2002 edition, which covers the 2000-2001 Oscar and Bafta awards, prizes from the Berlin

Cannes and Venice festivals and a discussion of the topic Home entertainment where are we now The guide also includes the cinema centenary and Time Out readers Top One Hundred polls **When She Was White** Judith Stone,2007-04-04
Drawing on a wealth of research including extensive interviews this is the true story of Sandra Laing a woman whose life was torn apart by prejudice in South Africa and healed by love Time Out Film Guide ,2007 Hypnosis for Success Alicia Cramer,2012-06-15 Hypnosis is a fascinating and powerful technique for transformation although greatly misunderstood While the practice of hypnotherapy is relatively modern hypnotic methods have been used throughout history in virtually every major culture around the world Today hypnosis is recognized for its valuable contribution in the fields of medicine psychology personal development and sports performance Author Alicia D Cramer C Ht takes you on a journey beginning with her story of triumph after a traumatic sexual assault Alicia shares how she transformed her life and built a successful business with the help of hypnosis Next she walks you back through time introducing you to the fascinating history of hypnosis and how it has developed into what it is today Her passion for empowering others is evident as she teaches you how to effectively use self hypnosis to increase confidence and achieve your goals Throughout the book Alicia shares insider tips to help YOU Recondition Your Mind for Success **The Couple Who Became Each Other** Simon Calof,

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