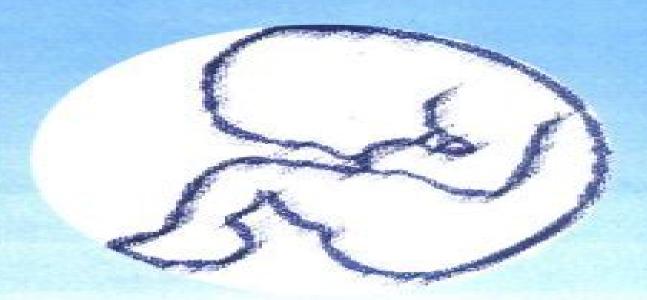
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COUPLES and PREGNANCY

Welcome, Unwelcome, and In-Between



Barbara Jo Brothers • Editor

Couples And Pregnancy Welcome Unwelcome And In Between

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Couples And Pregnancy Welcome Unwelcome And In Between:

The Personhood of the Therapist Barbara Jo Brothers, 2019-07-23 You don't have to check your humanity at the office door Drawing on the teachings of Virginia Satir this humane volume is designed to help therapists bring their full selves into the therapeutic relationship The Personhood of the Therapist examines what happens when a therapist consciously enters the process of healing in an I Thou relationship with the client The techniques outlined in this volume will help you develop a greater sense of openness about yourself and your feelings enabling you to offer clients more effective services The Personhood of the Therapist explores the myriad ways in which a therapist s emotional responses and life experiences can contribute to the client's healing This approach is a dramatic departure from the traditional Freudian ideal of the aloof unresponsive analyst but the case studies in this volume will persuade you that it is powerfully effective In addition to case studies this thoughtful compassionate book offers dialogues personal reminiscences techniques and discussions of psychological theory The Personhood of the Therapist offers new ideas and fresh perspectives on such life changing issues as self disclosure and self awareness for therapists ways to respect and foster the full sacredness of the client the different roles of the therapist important new views on transference and countertransference also contains deeply moving accounts of individual experiences including how an oncotherapist was affected by her own family s experience with cancer using Integrity Therapy to heal old wounds for a troubled couple along with the comments of the two clients a therapist s own emotional journey through a troubled marriage and the strange disappearance of her sister The Personhood of the Therapist will help you employ your knowledge about life not just theories to offer better services to clients and help you appreciate how clients can enrich your life **Couples and Pregnancy** Barbara Jo Brothers, 2022-09-09 From Couples and Pregnancy Welcome Unwelcome and In Between therapists will gain valuable insight into the profound psychological effects that pregnancy and birth have on a couple s relationship especially on their experience of intimacy However as this unique book discusses the nature of the impact on couples depends on the developmental stage of each person and the couple s ability to adapt to new circumstances This intelligent guide also examines the challenges that confront couples who must deal with unwelcome pregnancies Couples and Pregnancy provides you with successful techniques that can easily be adopted into your practice enabling you to effectively help couples who are challenged by the emotional and life changing event of parenthood Couples and Pregnancy addresses the psychological as well as the therapeutic issues as a consequence of abortion and offers you insight into how you can think out of the box about the emotional fallout from this issue You will discover suggestions for helping couples to strengthen their relationship while working through their issues such as learning about the many feelings surrounding abortion as well as natural deaths of unborn children so you will have a perspective of the unique emotional effects on each parent examining the stresses caused by couples going through fertility therapy as well as the negative effects stress can have on infertility understanding the grief and future complications for therapy that the death of a baby

miscarriage or abortion can have for clients who are trying to work through these past issuesCouples and Pregnancy provides you with a unique perspective on the emotional complication of pregnancies so you can gain insight into how every pregnancy leaves an impact on the parents for the rest of their lives With this essential book you will find valuable tips on how you can help the couple make a positive breakthrough and build a stronger relationship Clinical Issues with Interracial Couples Volker Thomas, Joseph L. Wetchler, Terri Karis, 2014-02-25 Go beyond cookie cutter therapy and interventions to provide culturally relevant therapy that works for your clients in interracial relationships With this book you ll explore an array of relational issues faced by various configurations of interracial couples Then you ll learn specific intervention strategies for treating these couples in therapy The first section presents research and theoretical chapters on issues faced by interracial couples who are heterosexual the second focuses on issues facing racially mixed gay and lesbian couples and the third provides you with specific interventions to use with couples in interracial relationships Clinical Issues with Interracial Couples Theories and Research is an important addition to the collection of any therapist who counts an interracial couple among his or her clients From the editors Although interracial couples face challenges related to differences in their racial backgrounds couple and family theories have had little to say about how to work with these differences Not all couples are white married and heterosexual and there is a growing understanding that clinical practices based on these assumptions may not be adequate when working with interracial couples Recognizing the diversity of our clients the intent of this book is to contribute to more respectful and inclusive clinical practices that can address the treatment issues we face in the first decade of the twenty first century The first section of this book examines challenges faced by heterosexual interracial couples focusing on how black white couples experience and respond to racism and how they negotiate the racial and ethnic differences they face in their relationships the significance of race or lack of it in white women's relationships with black men with suggestions on how to create a therapeutic space for discussing race without over determining its significance marriages where one partner is of Latino a descent and the other of non Latino a white descent a pilot study of a rarely investigated population approaches interventions and strategies to use when treating multicultural Muslim couples Hawaii s unusual history of interracial ties and relationships the common challenges that face interracial couples there and therapeutic interventions that can benefit them The second section of Clinical Issues with Interracial Couples looks at the issues faced by same sex interracial couples Here is a sample of what you ll find clinical considerations for working with interracial intercultural lesbian couples pitfalls to avoid in therapy as well as suggestions for a conceptual approach for gay Latino men in cross cultural relationships The book s final section presents interventions for use with interracial couples Here you ll find assessment techniques and interventions geared toward black white couples information on doing effective therapy with Latino a white couples a case study of the therapeutic process as applied to an Asian American woman married to a white man seven therapists perspectives on working with interracial couples focusing on

the historical context of intermarriage specific concerns and issues that interracial couples experience in their relationships and the experiences of therapists working with this diverse and challenging client population **Couples Connecting** Barbara Jo Brothers, 2013-11-05 Help clients grow into loving commitment Making and keeping commitments is more difficult today than ever About half of all marriages end in divorce and serial monogamy is not uncommon Couples Connecting Prerequisites of Intimacy identifies the cultural and personal attitudes that impede commitment and impair intimacy and it gives you the therapeutic tools to work with clients who don't know how to build a lasting love Couples Connecting examines why past theories of self actualization are now failing Because our culture emphasizes individualistic values people do not learn how to create and share bonds with others Therapists must become developmental partners for clients who need to overcome failures of maturation in order to have successful loving relationships with their partner This essential guide offers you practical techniques and case studies as well the theoretical underpinnings to deal with this crisis of intimacy Couples Connecting provides specific insightful studies on overcoming obstacles to genuine commitment including identifying patterns of anger in distressed and nondistressed couples ways to help engaged couples overcome the fear of following negative family patterns using family systems theory and psychodynamics to understand developmental issues in marriage suggestions for clinical practice with couples who fear intimacy implications of ten essential factors in intimacyCouples Connecting will help you design and use techniques to promote personal growth and bridge gaps between Relationship Therapy with Same-Sex Couples Jerry clients to help couples achieve satisfying and intimate relationships Bigner, Joseph L. Wetchler, 2014-01-14 Use new knowledge of the LGBT culture to ably counsel same sex couples Relationship Therapy with Same Sex Couples provides psychologists therapists social workers and counselors with an overview of the array of treatment issues they may face when working with couples from the LGBT community This book highlights the experiences of therapists who have encountered concerns particular to LGBT clients especially those in intimate relationships This intriguing resource covers clinical issues sex therapy special situations and training issues for helping therapists successfully counsel same sex couples Relationship Therapy with Same Sex Couples explores the therapist s role in working through universal issues in couples therapy such as communication problems infidelity and decision making with a focus on how therapy should differ for same sex couples This important guide also identifies which problems are unique to couples as an aspect of their sexual orientation including gender role socialization and societal oppression With this book you will be able provide appropriate therapy without over or under attributing a couple s problems to their LGBT status This book shows how experienced therapists have developed methods for working with gay and lesbian parents heterosexual spouses and ex spouses couples in HIV serodiscordant relationships lesbian bed death couple and family dynamics supporting transgender and sexual reassignment issues and more Relationship Therapy with Same Sex Couples contains several features for you to utilize in your own practice including the Sexual Orientation Matrix for Supervision SOMS to assist

supervisors and trainers in preparing supervisees to work with lesbian gay and bisexual clients The book also offers guidelines for heterosexual therapists who plan to work with same sex couples and how to overcome any residual homophobia or heterosexual guilt Lastly this essential sourcebook reviews several articles book chapters books and Web sites that are relevant to same sex couples and the therapists who work with them **Handbook of the Clinical** Treatment of Infidelity Katherine Milewski Hertlein, Fred P Piercy, Joseph L. Wetchler, 2013-03-07 Help your clients relationships survive infidelity In the Handbook of the Clinical Treatment of Infidelity a panel of seasoned experts reflects on issues central to affairs and on how to help couples heal and learn from them First editors Fred P Piercy Katherine M Hertlein and Joseph L Wetchler provide an essential overview of infidelity theory research and treatment They discuss the effect of infidelity on couples and delineate three types of infidelityemotional physical and infidelity including aspects of both They review the relatively new role of the Internet in infidelity and explore infidelity within the context of comarital relationships Finally they discuss the overarching theories and common models used in infidelity treatment Also in the Handbook of the Clinical Treatment of Infidelity Susan M Johnson the co developer of Emotionally Focused Therapy EFT discusses affairs through the lens of attachment theory and shows how EFT provides a way to acknowledge and express pain remorse and regret and to repair this attachment bond David Moultrup takes a Bowenian approach to infidelity focusing attention on the underlying dynamics of the emotional system Frank Pittman and Tina Pittman Wagers outline cultural myths about affairs and do their share of debunking Adrian Blow discusses how to help couples directly address their painand the challenges of the healing process Brian Case highlights the role of apology and forgiveness in the healing process Frank Stalfa and Catherine Hastings focus on the treatment of accusatory suffering aspouse s obsessive holding onto and retaliating for an affair long after it has ended and despite the offending partner's repeated apologies and attempts at restitution Don David Lusterman discusses individuals who have suppressed or denied traumatic stress reactions to their partner's affair and how to help them Scott Johnson discusses myths about affairs from who is cheating on whom to whether men really have more affairs than women to the blame filled language of affairs betrayal and infidelity asking us to think more systematically about affairs and to see the dynamics of extra dyadic relationships as more complex and nuanced than they are typically portrayed in the literature Joan Atwood provides an overview of Internet infidelitythe factors influencing one s involvement in this type of infidelity and some considerations for therapists Tim Nelson Fred Piercy and Doug Sprenkle report on the results of a multi phase Delphi study that explored what infidelity experts say are the critical issues interventions and gender differences in the treatment of Internet infidelity Monica Whitty and Adrian Carr draw upon Klein's object relations theory and discuss how this might influence the way people rationalize their Internet infidelity Emily Brown outlines the concept of the Split Self Affairdiscussing its origins characteristics and implications for individuals and couples and providing detailed information on how to work with these couples in therapy Michael Bettinger presents extra dyadic

relationship as a fact rather than a problem within many gay male relationships a discussion that shows how gay male polyamory can work as an alternative to the heterosexual model of emotional and sexual exclusivity in romantic dyadic relationships Katherine Hertlein and Gary Skaggs report on the results of a study that assessed the level of differentiation and one's engagement in extra dyadic relationships The Handbook of the Clinical Treatment of Infidelity is essential reading for today s and tomorrow s clinicians who work with couples Make it a p **Couples Therapy in Managed Care** Barbara Jo Brothers, 2014-02-04 Couples Therapy in Managed Care Facing the Crisis provides social workers psychologists and counselors with an overview of the negative effects of the managed care industry on the quality of mental health care Within this book you will discover the paradoxes that occur with the mixing of business principals and service principles and find valuable suggestions on how you can creatively cope within the managed care context With Couples Therapy in Managed Care you will learn how you can remain true to your own integrity and offer quality services within the current context of today's health care system Current and comprehensive Couples Therapy in Managed Care will assist you in easing the dilemma of patients who are suffering from serious physical illness or emotional pain and have little choice or time to search for a needed doctor or service Couples Therapy in Managed Care offers you informative tips and suggestions on how you can help your clients within the constraints of the managed care system such as exploring ways to hold true to your personal values and the integrity of your personal approach to therapy while developing creative strategies to survive within managed care understanding the need to write a treatment plan using high professional standards and a solid theoretical analysis of the proposed therapy to give you a better chance of getting the managed care case manager to authorize your treatments realizing that maintaining a good working relationship with individual case managers will help you get more of your proposed treatments authorized although their high rate of turnover makes this a daunting task discovering that a sometimes a solution to your problem may be as simple as a phone call to a case manager to negotiate an exception to a standard procedure Couples Therapy in Managed Care offers you effective suggestions to help you overcome the limitations you may encounter while trying to practice within a managed care setting Innovative and informative this book will help you provide your patients with the best possible therapy while offering you ways to decrease the stress that managed care systems can cause you and your clients **Couples and Body Therapy** Barbara Jo Brothers, 2013-12-16 Bring the physical dimension into your therapeutic work with couples This helpful book offers couples therapists new and powerful techniques derived from several body oriented therapies This fresh approach can help you identify the hidden conflicts and attitudes of your clients Couples and Body Therapy offers you exercises tips and practical suggestions for helping troubled couples In Couples and Body Therapy expert therapists candidly discuss the dangers and benefits of using touch to heal Their discussion of whether when how and whom to touch clients includes valuable suggestions for working through transference and countertransference as well as for dealing with hostile clients and obtaining informed consent to touch Couples and Body

Therapy provides thoughtful explorations of the ideas and methods of well regarded experts including Virginia Satir Wilhelm Reich Alexander Lowen John Pierrakos Fritz Perls Stanley Keleman and John Gutman as they apply to the physical expression of emotional states This book draws from a number of powerful bodywork systems including core energetics biodynamic analysis formative psychology Hakomi Gestalt Use it to learn the healing skills of body oriented therapies including centering yourself before sessions giving voice to your clients body messages doing effective energy assessments reading posture gesture and somatic signals using concentration exercises and grounding techniques Plentifully illustrated with case studies Couples and Body Therapy is essential reading for therapists educators and students It offers a repertoire of skills to give you fresh and innovative ways to uncover and heal problems in couples Well-Being Writ Large Barbara Jo Brothers, 2019-01-29 A comprehensive collection of Virginia Satir's research and teachings around the nature of humanity author Barbara Jo Brothers has written the first ever tribute to the Mother of Family Therapy s life work capturing the essence of Satir's groundbreaking philosophies about the human race and the impact human's have on the Earth In her career the Mother of Family Therapy Virginia Satir strove to make life work better for the individual for families for the entire world With a training objective of becoming more fully human Virginia believed that the principles for peace within families could be extrapolated to peace within the world family Having formulated her groundbreaking philosophies from her clinical observations of hundreds of families in multiple countries Virginia s practices continue to impact the world at large spreading peace and understanding More than just a testament to Virginia's legacy Well Being Writ Large is a window into her thinking a biography of a deeper understanding of the nature of the human being and how that human being might live better in her or his world Author licensed clinical social worker and Virginia scholar Barbara Jo Brothers has painstakingly researched and drawn from Virginia s works including books articles interviews and transcribed lectures personal notes made over the course of Satir's career and direct conversations during Brothers's own extensive residential training to The Abuse of Men Barbara Io compile the most complete most essential collection of Virginia Satir's work Brothers, 2014-02-25 When men are abused everybody suffers This courageous book exposes a dark secret Men are often victims of abuse Although a great deal of attention has recently been paid to the victimization of women the role of men as victims not just perpetrators has been neglected The Abuse of Men reveals the impact of physical sexual and emotional trauma on the lives and relationships of men This groundbreaking book shows how the negative effects of both basic training and combat may also cause lasting damage to men s self esteem ability to trust personal boundaries and ability to form healthy relationships The Abuse of Men explores the prevalence of other kinds of violence and abuse toward men and boys from child battering to spousal abuse It also discusses how the culture of violence and societal expectations of boys and men can help drive victims of abuse toward continuing the cycle of violence The Abuse of Men discusses the sources of trauma including the quality and quantity of domestic violence committed by women against men the role of abusive fathers in

raising sons who become abusers vicarious traumatization from living with partners whose uncontrolled PTSD makes them dangerously abusive hazing military training and other socially sanctioned male on male violence trauma contagion and transactional victimizing The Abuse of Men also offers specific suggestions for therapists working with abused men and their partners including an innovative step by step program for treating couples who have both been traumatized By understanding how men and boys become victims and respond to trauma you can help heal their pain and teach them to build positive loving relationships When She'S Pregnant Jerrold Lee Shapiro, 2014-04-16 Truly a landmark book Martin Greenberg M D psychiatrist and author Birth of a Father When a couple decides to have a baby it s not only the woman who undergoes changes during pregnancy The father too experiences many changes and it s important that his needs and concerns be addressed In When Shes Pregnant noted psychologist Jerrold Lee Shapiro helps fathers to be understand their new roles get involved and prepare for fatherhood This is a supportive guide for men addressing their anxieties fears and unfamiliarity with imminent fatherhood It demystifies the nine months of pregnancy explains step by step the labor and delivery process the experiences of the new mother and baby and the new family The experiences of men during pregnancy are spelled out with exquisite and sensitive breadth Filled with information and tips for about to be parents I strongly recommend this book to all couples contemplating or expecting a baby Will help the family get off to a good start Martin Greenberg M D Everyone who works with expectant families and everyone having a baby should read this book It will make crossing that one way bridge to fatherhood immeasurably smoother Carl Jones certified childbirth educator and author Mind **Subject Guide to Books in Print** ,1991 When Men are Pregnant Jerrold Lee Shapiro, 1987 over Labor **Generations** Ellen Galinsky,1981 Between Give And Take Ivan Krasner Boszormenyi-Nagy, 2013-06-17 In this volume Boszormenyi Nagy and Krasner provide a comprehensive sharply focused guide to the clinical use of Contextual Therapy CT as a therapy rooted in the reality of human relationships. The authors describe a far reaching trust based approach to individual freedom and interpersonal fairness that makes possible a remarkably effective system of psychotherapy Between Give and Take clearly delineates four basic dimensions of relational reality factual predeterminants human psychology communications and transactions and due consideration or merited trust It is this last dimension that is the cornerstone of CT It builds on the realm of the between that reshapes human relationships and liberates each relating person for mature Sex, Drugs and Young People Peter Aggleton, Andrew Ball, Purnima Mane, 2013-09-13 This book calls into question living mainstream assumptions about adolescence that underlie many of our understandings in relation to sexual practices and drug use among the young It provides a more complex view of the transition to adulthood as not merely biologically driven but rather socially and culturally organized Woman and Mental Health Phyllis E. Cromwell,1974 Family Planning **Digest** ,1972 Congressional Record United States. Congress, 1971 Test-Tube Women Rita Arditti, Renate Duelli Klein, Shelley Minden, 2024-11-20 Originally published in 1984 when new reproductive technologies were just beginning to

become part of the public discussion this edition was published with a new preface in 1989 The Editors wanted to look carefully at how much real choice reproductive technologies offered to women Genetic engineering sperm banks test tube fertilization sex selection surrogate mothering experimentation in the so called third world increased technological intervention in childbirth were we taking pregnancy and the birth process out of the dark ages or into a terrifying brave new world They ask who controls it Who benefits The technological machine grinds on in headline grabbing leaps or in quiet developments in research laboratories but what are the implications for women worldwide Still a huge industry today this reissue can be read in its historical context

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Couples And Pregnancy Welcome Unwelcome And In Between Introduction

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