# Birthing Autonomy

Women's Experiences of Planning Home Births



Madine Filling Edwards

**Kerryn Phelps, Craig Hassed** 

**Birthing Autonomy** Nadine Edwards, 2013-04-03 Birthing Autonomy brings some balance to the difficult arguments that arise from debates about home births and focuses on women s views and their experiences of planning home births It provides an in depth exploration of how women make decisions about home births and what aspects matter most to them Comparing how differently the pros and cons of home births are constructed and contemplated by mothers and by the medical profession the book looks at how current obstetric thinking and practices can disempower and harm women emotionally and spiritually as well as physically Written in an accessible style this book is enlightening for student and practicing midwives and obstetricians as well as researchers and students of nursing medical sociology health studies gender studies feminist practitioners and theorists It will also be invaluable to expectant mothers who want to be more informed about the choices they are facing and the wider context within which their birth options are considered Women's Experiences of Planning Home Births in Scotland Nadine Pilley Edwards, University of Sheffield, 2001 **Supporting** Women to Give Birth at Home Mary Steen, 2012-03-12 Supporting Women to Give Birth at Home describes and discusses the main challenges and issues that midwives and maternity services encounter when preparing for and attending a home birth To ensure that a home birth is a real option for women midwives need to be able to believe in a woman's ability to give birth at home and to promote this birth option providing evidence based information about benefits and risks This practical guide will help midwives to have the necessary skills resources and confidence to support homebirth. The book includes the present birth choices a woman has the implications homebirth has upon midwifery practice how midwives can prepare and support women and their families the midwife s role and responsibilities national and local policies guidelines and available resources pain management options With a range of recent home birth case studies brought together in the final chapter this accessible text provides a valuable insight into those considering homebirth Supporting Women to Give Birth at Home will be of interest to students studying issues around normal birth and will be an important resource for clinically based midwives in particular community based midwives home birth midwifery teams independent midwives and all who are interested in homebirth as a genuine choice Home Birth Mary Nolan, 2010-11-08 Home Birth focuses on the experiences of women whose choices were opposed by health professionals during their pregnancy It explores ideas of risk and informed choice in pregnancy and birth and uses ten women s narratives to explore why women might want to give birth at home

Reproduction, Childbearing and Motherhood Pranee Liamputtong, 2007 Although reproduction including infertility abortion childbearing and motherhood is a significant human experience its social meaning is shaped by the culture in which birthing women live Reproduction and its management therefore occur within the social and cultural context of the event As such reproductive beliefs and practices differ across social and cultural settings This book focuses on reproduction childbearing and motherhood In this volume the authors show that despite the modernisation of the society and advanced

medical technology and knowledge in reproduction traditions continue to exert influence on how the women and their families manage their reproduction childbearing and motherhood in their societies Becoming a Midwife, Second **Edition** Rosemary Mander, Valerie Fleming, 2014-05-09 What is the reality of being a midwife in the twenty first century What is it like to help and support women throughout pregnancy and childbirth and into motherhood What roles can midwives play in society This new edition of the popular text Becoming a Midwife explores what it is to be a midwife looking at the factors that make midwifery such a special profession as well as some of the challenges The fully updated chapters cover a variety of settings and several different stages in a woman's pregnancy including stories from midwives working in hospitals and in the community as managers supervisors and educators and as men women mothers and birth activists All chapters are narrated by contributors who introduce their own theme recount a vignette that throws light on their understandings of midwifery and reasons for becoming or not becoming a midwife and any subsequent career moves Backed up by commentaries and drawing together these insights the editors show what it means to be a midwife today Suitable for those contemplating a career in midwifery and providing an opportunity for reflection for more experienced midwives this thought provoking book is an invaluable contribution to midwifery Mayes' Midwifery E-Book Sue Macdonald, 2011-04-05 Mayes Midwifery an established key textbook for students and gualified midwives contains essential knowledge for professional practice For this 14th edition each section and chapter has been fully updated and enhanced by leading authors to ensure the text complies with contemporary practice and current guidelines Added benefits are the availability of a variety of additional online resources for each chapter including case studies video and website links and a bank of multiple choice questions to test knowledge With a strong emphasis on normal birth the book covers the spectrum of midwifery related topics applied to practice providing a foundation of knowledge and encouraging independent thought through the use of reflective exercises in each chapter and online The book provides midwives with material that meets individual ways of learning and supports current modes of midwifery education Mayes Midwifery is the text for initial preparation and for ongoing midwifery practice New chapters on essential contemporary issues Vulnerable women Perspectives on the future of midwifery in a global context Evidence based information to guide best practice Learning outcomes and Key Points in all chapters Reflective activities Now with an integrated website offering additional resources and material including Multiple choice questions for self testing Case studies Reflective activities to consolidate your professional development Useful additional reading resources and weblinks Expanded topics Downloadable materials including illustrations Breastfeeding in Hospital Fiona Dykes, 2006-09-27 Breast is best is today s prevailing mantra However women particularly first time mothers frequently feel unsupported when they come to feed their baby This new experience often takes place in the impersonal and medicalized surroundings of a hospital maternity ward where women are seen to by overworked midwives Using a UK based ethnographic study and interview material this book provides a new

radical and critical perspective on the ways in which women experience breastfeeding in hospitals It highlights that in spite of heavy promotion of breastfeeding there is often a lack of support for women who begin to breastfeed in hospitals thus challenging the current system of postnatal care within a culture in which neither service user nor provider feel satisfied Incorporating recommendations for policy and practice on infant feeding Breastfeeding in Hospital is highly relevant to health professionals and breastfeeding supporters as well as to students in health and social care medical anthropology and medical sociology as it explores practice issues while contextualising them within a broad social political and economic The Midwife's Labour and Birth Handbook Vicky Chapman, Cathy Charles, 2018-02-05 Praise for the previous edition An outstanding handbook It will be a familiar volume on most midwifery bookshelves providing an excellent guide to midwifery focused care of both woman and child in the birthing setting Nursing Times Online Providing a practical and comprehensive guide to midwifery care The Midwife s Labour and Birth Handbook continues to promote best practice and a safe satisfying birthing experience with a focus on women centred care Covering all aspects of care during labour and birth from obstetric emergencies to the practicalities of perineal repair including left hand suturing the fourth edition has been fully revised and updated to include Full colour photographs of kneeling extended breech and footling breech births New water birth and breech water birth photographs Female genital mutilation Sepsis Group B streptococcus Care of the woman with diabetes Neonatal hypoglycaemia Mental health Seeding microbirthing It also addresses important issues such as Why are the numbers of UK women giving birth in stirrups RISING rather than falling Why are so few preterm babies given bedside resuscitation with the cord intact Would the creation of midwife breech practitioners specialists enable more women to choose vaginal breech birth and is breech water birth safe What is the legal position for women who choose to free birth and their birth partners Why are midwives challenging the OASI care bundle Incorporating research evidence and anecdotal observations The Midwife's Labour and Birth Handbook remains an essential resource for both student midwives and experienced practising midwives Supporting Women for Labour and Birth Nicky Leap, Billie Hunter, 2022-01-12 This new edition provides an up to date and thoughtful guide to supporting women in labour looking at a range of techniques and approaches that promote a safe and positive experience of birth for women and their families Across the world support in labour has been shown to reduce obstetric interventions and improve outcomes for women and babies Written by two highly experienced midwifery authors this text draws on a wide range of cutting edge research on this topic identifying how the evidence can be applied to everyday practice Narratives from women and practitioners including midwives doulas childbirth educators and students are used to illustrate a range of situations where the quality of support is central to the quality of the experience and outcome Supporting Women for Labour and Birth encourages readers to reflect on their experiences and examine the evidence provided by both research and experiences of women and practitioners in order to explore how this could be incorporated into their practice. The only book to deal directly with the practical and emotional issues associated

with labour support this is an ideal text for student midwives and an important reference for practising midwives doulas and **Sociology for Midwives** Carol Kingdon, 2014-09-22 This book introduces key topics from other childbirth practitioners sociology which are relevant to midwifery audiences Introductions to the classical theorists and the more recent sociological perspectives that shape contemporary sociology are presented in the context of their applicability to midwifery practice Complex sociological debates are presented in a simple manner applying theory to clinical practice Consent and Reproductive Subjects Samantha Halliday, Rebecca Brione, Jacqueline Nicholls, 2025-09-02 Consent is the golden principle that determines the legality of most medical treatment However whilst choice is the much vaunted central tenet of maternity care its importance emphasised in policy documents the lived experience is often rather different particularly in the case of individuals constructed as other This collection brings together a range of researchers from multiple disciplines to address the issue of choice in the context of reproduction focussing upon narratives of consent as they pertain to reproductive subjects who all too often are rendered invisible by the law by the healthcare professionals treating them or by society It explores the contours of consent in England and Wales engaging with reproductive justice by focussing upon the way in which reproductive subjects are othered treated differently due to their skin colour their genetic makeup the fact that they have a serious mental illness or even those who do not want to be mothers. It presents original research bringing together multiple perspectives in examining the way in which individuals are rendered invisible in the context of reproductive healthcare The book will be essential reading for academics and professionals in law nursing medicine midwifery sociology ethics and anthropology Home Birth - E-Book Anna-Marie Madeley, 2023-07-15 As the rate of homebirth increases in the UK this important new book offers a basic practical guide for anyone involved in the planning resourcing and facilitation of safe and respectful birth at home Blending both contemporary academic and clinical practice this textbook covers the whole scope of home birth practice from antenatal care delivery and postnatal care as well as management of emergencies at home and practical advice for managing transfer Facilitating a safe home birth requires a robust multidisciplinary team approach Whatever your role in planning or attending a birth at home and whether you are a student practising midwife paramedic or obstetrician this resource will have something for you Covers the whole scope of home birth practice for each member the multidisciplinary team Written by leading experts from diverse backgrounds including midwives paramedics obstetricians and neonatal nurses from clinical practice academia and education Presents balanced and unbiased contemporary evidence supporting birth at home Discusses effective care planning from developing a homebirth services practical resources and skills equipment planning and geographical considerations Covers important topics within midwifery including the rise of freebirthing multidisciplinary team working and the care of women with complex biopsychosocial needs or from underrepresented communities Clearly identifies roles and responsibilities of the multidisciplinary team Suitable for midwifery students embarking on a home birth placement **Survivors of Childhood** 

**Sexual Abuse and Midwifery Practice** Lis Garratt, 2018-11-05 Many midwives will care for women who are survivors of childhood sexual abuse CSA whether these women disclose this or not Pregnant and birthing women commonly experience their bodies becoming public property a variety of sometimes intimate medical procedures and limited choices on where and how care is provided For CSA survivors who have suffered loss of ownership over their bodies as children and may experience recurring feelings of powerlessness and loss of control these factors can combine with impersonal and medicalised settings and practices to deeply traumatic effect Sexual abuse is all about power not sex interviewee Many midwives also experience powerlessness and loss of control as professionals as a result of these same settings and practices and those midwives who are themselves CSA survivors bring a particularly acute awareness of this and of the needs of survivor mothers. This unique study sets out to gain a deeper understanding of the needs of these mothers by exploring them alongside the parallel experiences of survivor midwives It explores the insights and reflections they together bring to midwifery and the positive results of more collaborative personal communicative and ultimately empowering practices for all involved The significance of this book is far wider than its immediate subject for it offers us the opportunity to rethink our professional coping strategies If we seek to make all our professional relationships ones of equality and opportunities for growth as would benefit someone who has suffered abuse then we can all grow and flourish from the Foreword by Mavis Joints and Connective Tissues Kerryn Phelps, Craig Hassed, 2012-10-31 Joints and Connective Tissues General Kirkham Practice The Integrative Approach Series In order to diagnose and manage the patient presenting with musculoskeletal symptoms it is important to distinguish whether the pathology is arising primarily in the so called hard tissues such as bone or the soft tissues such as cartilage disc synovium capsule muscle tendon tendon sheath It is also important to distinguish between the two most common causes of musculoskeletal symptoms namely inflammatory and degenerative Birthing in <u>Unprecedented Times</u> Nadia von Benzon, Rebecca Whittle, Jo Hickman-Dunne, 2023-10-24 This book shines a light on the way in which risk in and beyond childbirth is highly contextual and the way in which risk management strategies can be understood as socially and materially constructed The Politics of Maternity Rosemary Mander, Jo Murphy-Lawless, 2013-04-12 The evidence surrounding the skills and approaches to support good birth has grown exponentially over the last two decades but so too have the obstacles facing women and midwives who strive to achieve good birth This new book critically explores the complex issues surrounding contemporary childbirth practices in a climate which is ever more medicalised amidst greater insecurity at broad social and political levels. The authors offer a rigorous and thought provoking analysis of current clinical managerial and policy making environments and how they have prevented sustaining the kind of progress we need The Politics of Maternity explores the most hopeful developments such as the abundant evidence for one to one care for women and sets these accounts against the background of changes in health service organisation and provision that block these approaches from becoming an everyday occurrence for women giving

birth The book sets out the case for renewed attention to the politics of childbirth and what this politics must entail if we are to give birth back to women Designed to help professionals cope with the transition from education to the reality of the system within which they learn and practise this inspiring book will help to assist them to function and care effectively in a changing health care environment **Appraising Research into Childbirth** Sara Wickham, 2006-03-29 The eBook version of this title gives you access to the complete book content electronically Evolve eBooks allows you to guickly search the entire book make notes add highlights and study more efficiently Buying other Evolve eBooks titles makes your learning experience even better all of the eBooks will work together on your electronic bookshelf so that you can search across your entire library of Midwifery eBooks Please note that this version is the eBook only and does not include the printed textbook Alternatively you can buy the Text and Evolve eBooks Package which gives you the printed book plus the eBook Please scroll down to our Related Titles section to find this title Concentrating specifically on research into midwifery and related disciplines Appraising Research into Childbirth is designed to equip midwives and midwifery students with the necessary tools to navigate the maze of evidence informed practice and the very different kinds of research that are published in midwifery medical and related journals The book appraises eight previously published research articles that present both qualitative and quantitative research studies Each of the various elements is analysed from the methodology through to the interpretation of the results Each article is annotated with notes and guestions thereby enabling the reader to actively participate in the appraisal Tips tools and checklists aid orientation and quick recall of salient advice and a guide to statistics helps to demystify what is generally considered to be a daunting element of most research Each chapter is pulled together by the ongoing discussion about how we can find out and know by doing research and the advantages disadvantages potential for philosophical and methodological bias and political ramifications of such work Presents a range of quantitative and qualitative research articles relevant to midwifery practice in a unique workbook format Enables readers to gain hands on practical experience of critiquing research Supplementary tools checklists mnemonics and tables enable deeper understanding of the process of appraising research Commentary and expert critique provided by lecturers in midwifery research Contains a user friendly guide to statistics The Secret to a Calm and Positive Birth Experience, The Secret to a Calm and Positive Birth Experience Embarking on the journey of childbirth is a profound and transformative experience It s a time filled with anticipation excitement and the desire for a calm and positive birth In The Secret to a Calm and Positive Birth Experience we unlock the key to achieving the birth you envision one that is marked by serenity confidence and positivity This enlightening guide takes you on a comprehensive journey through the following chapters 1 Crafting Your Ideal Birth Plan Discover the art of creating a personalized and supportive birth plan that aligns with your unique desires and preferences 2 Choosing the Perfect Birth Environment Explore the various birthing environments available from hospitals to birthing centers and home births to find the one that suits you best 3 Pain Relief Your Options and Choices Gain insights into

a range of pain relief options both medical and natural to empower you to make informed decisions during labor 4 Building a Rock Solid Support System Learn about the essential role that partners doulas and supportive companions play in your birthing journey 5 Navigating the Stages of Labor Demystify the stages of labor from early labor to active labor and the pushing stage so you know what to expect 6 Preparing for the Arrival of Early Labor Get ready for the onset of early labor with practical tips and strategies to manage this exciting phase 7 Active Labor Techniques for Success Discover techniques and approaches to navigate active labor confidently and comfortably 8 The Pushing Stage Bringing Your Baby Into the World Learn about the final stage of labor the pushing stage and how to embrace this powerful moment 9 Knowledge Is Empowerment Understand how childbirth education classes online resources and comprehensive knowledge can boost your confidence and reduce anxiety 10 Self Care During Pregnancy Explore the importance of self care maintaining a healthy lifestyle and practicing relaxation techniques throughout your pregnancy 11 Overcoming Fear and Anxiety Identify and address common fears associated with childbirth and harness the power of positive affirmations 12 Celebrating and Sharing Your Birth Experience Celebrate your unique birth story and find inspiration in the experiences of others 13 Seeking Professional Guidance Discover the benefits of seeking professional support and guidance from healthcare providers midwives and childbirth experts 14 Frequently Asked Questions Find answers to common questions including tips for staying calm during labor and embracing the incredible journey of childbirth Prepare for childbirth with wisdom confidence and the assurance of a calm and positive birth experience Order your copy today and unlock the secret to a birth that fills your heart with joy and leaves you with lasting memories This book is your trusted companion on the path to creating a serene and empowering birth story that you and your family will cherish forever Table of Contents Introduction The Secret to a Calm and Positive Birth Experience CREATING A SUPPORTIVE BIRTH PLAN CHOOSING THE RIGHT BIRTH ENVIRONMENT UNDERSTANDING DIFFERENT PAIN RELIEF OPTIONS BUILDING A STRONG SUPPORT SYSTEM UNDERSTANDING THE STAGES OF LABOR PREPARING FOR EARLY LABOR MANAGING ACTIVE LABOR NAVIGATING THE PUSHING STAGE EMBRACING THE POWER OF EDUCATION ATTENDING CHILDBIRTH EDUCATION CLASSES UTILIZING ONLINE RESOURCES PRACTICING SELF CARE DURING PREGNANCY MAINTAINING A HEALTHY LIFESTYLE EXPLORING RELAXATION TECHNIQUES OVERCOMING FEAR AND ANXIETY IDENTIFYING AND ADDRESSING FEARS USING POSITIVE AFFIRMATIONS CELEBRATING AND REFLECTING ON THE BIRTH EXPERIENCE SHARING BIRTH STORIES SEEKING PROFESSIONAL SUPPORT FREQUENTLY ASKED QUESTIONS Have Questions Comments **Blessed Events** Pamela E. Klassen, 2001-10-07 Blessed Events explores how women who give birth at home use religion to make sense of their births and in turn draw on their birthing experiences to bring meaning to their lives and families Pamela Klassen introduces a surprisingly diverse group of women in their own words while also setting their birth stories within wider social political and economic contexts In doing so she emerges with a study that disrupts conventional views of both childbirth and

religion by blurring assumed divisions between conservative and feminist women and by taking childbirth seriously as a religious act Most American women who have a choice give birth in a hospital and request pain medication Yet enough women choose and advocate unmedicated home birth and do so for carefully articulated reasons social resistance among them to constitute a movement Klassen investigates why women whose religious affiliations range from Old Order Amish to Reform Judaism to goddess centered spirituality defy majority opinion the medical establishment and sometimes the law to have their babies at home In considering their interpretations including their critiques of the dominant medical model of childbirth and their views on labor pain she examines the kinds of agency afforded to or denied women as they derive religious meanings from childbirth Throughout she identifies tensions and affinities between feminist and traditionalist appraisals of the symbolic meaning of birth and the power of women What does home birth a woman centered movement working to return birth to women s control mean in practice for women s gender and religious identities Is this supreme valuing of procreation and motherhood constraining or does it open up new realms of cultural and social power for women By asking these questions while remaining cognizant of religion s significance Blessed Events challenges both feminist and traditionalist accounts of childbearing while broadening our understanding of how religion is lived in contemporary America

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