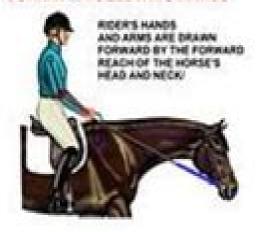
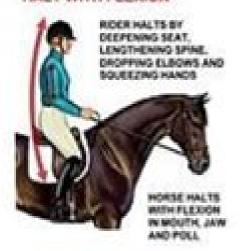
# ANATOMY IN MOTION<sup>IM</sup> BASIC HORSEMANSHIP: THE AIDS CONTACT, HANDS AND REINS

# SUSAN E. HARRIS

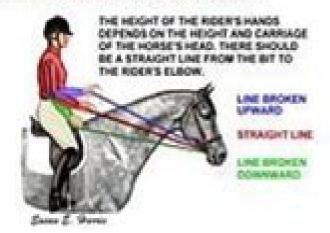
## CONTACT: FOLLOWING HANDS



#### HALT WITH FLEXION



#### STRAIGHT LINE FROM ELBOW TO BIT



## HOLD, DON'T PULL!



SIT DEEP AND DROP ELBOWS, SQUEEZE HANDS ON REINS



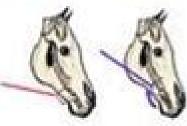
PULLING ARMS, HANGS AND ELBOWS BACKWARDS

#### ANGLE OF REIN AND EFFECTS

#### MERCHAL

#### UPWARD

## DOWNWARD



STRAIGHT LINE FROM BIT TO ELBOW ALLOWS BIT TO ACT NEUTRALLY, AS IT IS DESIGNED TO DO



BROKEN LINE UPWARD LIFTS BIT OFF BARS, AND TONGUE, WITH PRESSURE UP INTO CORNERS OF LIPS BROKEN LINE DOMNWARD PUTS PRESSURE ON BARS AND TONGUE; SNAFFLE BIT BREAKS\* OVER LOWER JAW WITH SEVERE PRESSURE



AS HORSE'S HEAD AND

IT IS IMPORTANT TO MAINTAIN THE SAME DEGREE OF CONTACT WHILE FOLLOWING THE WOVEMENT, WITHOUT PULLING OR DROPPING CONTACT.

# **Basic Skills Of Horse Riding**

**Gincy Self Bucklin** 

### **Basic Skills Of Horse Riding:**

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differences between Western and English riding styles caring for the saddle and much more Rules of polo and polocrosse are also included Schooling and Riding the Sport Horse Paul D. Cronin, 2004 The director of the riding program at Sweet Briar College for more than 30 years Cronin is a well known and highly respected trainer and riding instructor Here he presents a clear and practical guide to getting the most out of a horse in a humane and sensitive way Horse Wants You to Ride Gincy Self Bucklin, 2007-08-06 Techniques to help riders fine tune their communication and riding skills This follow up to How Your Horse Wants You to Ride helps intermediate to advanced riders improve their communication with their mounts and polish their overall riding skills Readers get a complete tutorial much of which can be found nowhere else on taking their riding skills to the next level Learning Horseback Riding Katrin Barth, Antonia Sieber, 2005 The little horse Maxl offers an entertaining introduction to the sport of horseback riding for all children who love horses Child appropriate text fun illustrations ideas puzzlers and opportunities for colouring some of the images as well as marking and filling in the blanks make this book the ideal companion for those first riding lessons Aside from horse care leading and the various gaits little beginning riders receive all kinds of horse related information They learn important facts about the seat and how to practice and improve the right feel for moving in the saddle The history and various disciplines of horseback riding and tips for equipment and choosing the right club complete this delightful book for little horse lovers

How To...Horse Riding DK,2012-05-01 If you have ever dreamt about becoming the next Mark Todd or Zara Phillips then How to Horse Ride is the perfect guide to set you on course for success This book shows you how to with simple step by step photographs and easy to follow instructions From basic exercises and grooming techniques to more advanced cantering and jumping The final section takes a look at the fun you can have with your riding from the thrill of the show to the discipline of dressage Saddle up and learn to ride with this exciting new How to You ll be galloping your way to the gymkhana before you ORRRC Study Report United States. Outdoor Recreation Resources Review Commission, 1962 know it. The Equestrian's Guide: A Comprehensive Exploration of Horses and Their Care Pasquale De Marco, 2025-07-10 In the captivating pages of The Equestrian's Guide A Comprehensive Exploration of Horses and Their Care readers are invited on an extraordinary journey into the realm of horses exploring their rich history diverse breeds intricate care effective training methods and the profound impact they have had on human civilization With a captivating narrative style and stunning visuals this book delves into the world of these majestic creatures unveiling the secrets of their captivating allure From the thunderous hooves of ancient warhorses to the gentle gait of modern day trail partners horses have played an integral role in shaping human history and culture The Equestrian's Guide A Comprehensive Exploration of Horses and Their Care offers a comprehensive guide to horse care and training providing invaluable insights and practical advice for horse owners and enthusiasts alike Expert contributors share their knowledge on selecting the right horse providing proper nutrition maintaining a healthy environment and addressing common health issues The book also delves into the fascinating world of

horse training offering step by step instructions and proven techniques for establishing trust overcoming behavior problems and achieving harmonious communication Whether you re a seasoned rider or just starting your equestrian journey this book provides the essential tools and guidance you need to forge a strong and lasting bond with your equine companion Beyond the practical aspects of horse ownership The Equestrian's Guide A Comprehensive Exploration of Horses and Their Care explores the profound emotional connection between horses and humans It delves into the healing power of horses their role as therapy animals and the unique ways they enrich our lives With its captivating blend of storytelling expert insights and stunning visuals The Equestrian's Guide A Comprehensive Exploration of Horses and Their Care is an essential resource for anyone passionate about horses It is a celebration of the enduring legacy of these magnificent animals inviting readers to embark on a journey of discovery into their world and experience the transformative power of their presence If you like this Horse Makeovers Patti Dammier, PhD,2014-08-27 Horses are beautiful creatures who respond favorably to humans because we have the ability to create a positive relationship with them But how do we create a positive learning environment that will obtain desirable behavior from horses In her guidebook a professional educator and Grand Prix dressage horse trainer shares step by step lessons and powerful tools of behavior modification that will help horse trainers and riders create successful horse performance Dr Patti Dammier relies on over twenty five years of experience in horse training and professional research and education to offer an innovative approach that uses scientific evidence to teach basic principles of behavior change Through her methods case studies and key points riders and horse trainers will learn how to Establish goals and objectives specifically tailored for each horse Create reasonable and achievable lessons Develop rider aids and cues that reward behavior Decrease undesirable behavior without unnecessary force Manage risk and ensure a safe learning environment Horse Makeovers is a guidebook for anyone eager to learn an educated approach to training horses that utilizes proven scientific research resources of learning theory and techniques of positive motivation to achieve results

Teaching Tips for Horseback Riding Instructors Jo Struby, 2013-11-01 Jo holds a M A in Education with an emphasis in Equestrian Studies 1986 and a B S in Equestrian Studies with a minor in Education 1986 graduating magna cum laude Both of her academic degrees are from Salem International University West Virginia She also holds a Riding Master Diploma 1975 from Meredith Manor School of Horsemanship where she was named to the Who s Who List for Outstanding Students in American Vocational and Technical Schools 1975 As an administrator Jo was formerly Dean of Meredith Manor School of Horsemanship 1980 1985 She has a strong professional background in teacher education program administration and curriculum development While teaching at this internationally known school for 10 years she focused on the development of the jumping and teaching departments As former Vice President for the United States Combined Training Association Jo served on the executive committee from 1987 1989 and the board of governors from 1984 1989 During her tenure she developed the AHSA USCTA Combined Training Officials seminars as well as carried out the educational seminars for the

general membership including beginning the USCTA Event Colleges In 1988 she received the USCTA s Governor s Cup Award for outstanding contributions to the sport of Eventing As an educator Jo has provided equestrian education to riders and instructors nationally since 1975 From 1989 through 2002 she provided an on going education program for horseback riding instructors focusing on improving their teaching effectiveness She has also developed a working student program for Shenandoah Farm of Staunton Virginia on training and breeding and advised Wetherbee Farm of Boxboro Massachusetts on developing their Fitness by Riding Program As a rider competitor and athlete Jo has trained and competed through the Advanced Level in Eventing and the Prix St Georges Level in Dressage She earned her USDF Bronze and Silver Medal Rider Awards during the late 1970 s She has also been long listed during the 1980 s for The Eventing Olympic Team

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