

Awaiting the Therapist's Baby

A Guide
for Expectant
Parent-Practitioners

April E. Fallon • Virginia M. Brabender

Awaiting The Therapists Baby A Guide For Expectant Parent Practitioners

Sheila F. Brown



Awaiting The Therapists Baby A Guide For Expectant Parent Practitioners:

Awaiting the therapist's Baby April E. Fallon, Virginia Brabender, 2003-01-30 The passage into and through pregnancy and new parenthood is one that affects all aspects of a therapist's life including work with patients. It presents special therapeutic challenges as well as special therapeutic opportunities. Drawing on the scattered literature, interviews with people who have been in the roles of therapists and expectant parents simultaneously and their own rich experiences, the authors consider therapists' psychological lives prior to birth or adoption and examine both therapist and patient reactions to the reality of a coming child. Whatever the therapist's theoretical orientation, the patient-therapist relationship undergoes changes and therapists are faced with a number of important decisions not typically addressed in the psychotherapy literature, such as whether and when to inform the patient of what is anticipated. The authors offer practical advice that enables therapists to proceed through a sound clinical decision-making process and discuss the ways in which the changes can be harnessed in the service of treatment goals. Multiple modalities are covered, including individual, group, family, and couples therapy, which can be understood from a variety of theoretical perspectives. The needs of patients in different diagnostic categories at different developmental stages are addressed, and the relationship between therapist and practice setting is examined. Throughout, the authors illuminate their points with vivid real-life case vignettes. The issue of impending parenthood arises for male and female practitioners, adopters, and biological parents and their supervisors. All those facing it will find this book essential reading as they seek to identify and quell their anxieties and improve their clinical acumen and effectiveness.

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will find this book essential reading as they seek to identify and quell their anxieties and improve their clinical acumen and effectiveness

Marriage and Its Discontents Salman Akhtar, Ann Eichen, Andrew Smolar, 2025-06-26 With contributions from Anne Adelman Salman Akhtar Shawn Blue Ann Eichen Arpana G Inman Sameer Khan Olga Santa Maria Andrew Smolar and Pratyusha Tummala Narra The realm of marriage is affect laden and challenging on many psychosocial fronts What is the relationship between love sex and marriage Is marriage a developmental landmark Why do marriages fail Is monogamy natural What about bigamy and polygamy There are many many questions that arise about marriage and Marriage and Its Discontents seeks answers The chapters cover topics that range from the normative to deeply worrisome from customary to highly unusual from rapture to rupture from sacred to profane The book opens with a wide ranging Prologue by Ann Eichen It is followed by the first part Variations which includes chapters on same sex marriage and interracial and intercultural marriages The second part Vexations has chapters on marriages that are designated as perverse or dead The third and final part of the book Violations addresses the topics of marital infidelity and divorce Closing the book is the Epilogue by Andrew Smolar bringing his keen psychoanalytic attention to the matters of marital discord The insight and knowledge imparted by these fascinating chapters enhances the readers empathy and affective attunement to the blend of conflict and bliss found in many marriages It is essential reading for all practising clinicians and those looking for greater insight into the impact of marriage on individuals lives

Fertility Counseling: Clinical Guide Sharon N. Covington, 2022-12-08 The second edition of the essential guide for reproductive professionals is now available in a Clinical Guide and a Case Studies Guide presenting the most current knowledge on counseling diverse patients amidst rapidly advancing modern technology Follow an in depth presentation of clinical concepts in this Clinical Guide for a foundational understanding of the medical and psychosocial experience of fertility treatment Explore the areas of reproductive psychology therapeutic approaches assessment and preparation in assisted reproduction addressing the needs of diverse populations and clinical practice issues Featuring new topics such as transgender ART recurrent pregnancy loss post partum adjustment and the pregnant therapist Then in Case Studies discover the accessible real world experiences and perspectives as leading international practitioners share their stories applying clinical concepts to treatment practice An essential aid for medical and mental health professionals this comprehensive guide allows clinicians to develop and refine the skills required to address the increasingly complex psychosocial needs of fertility patients

Working with Adoptive Parents Virginia M. Brabender, April E. Fallon, 2013-05-15 Practical techniques for guiding parents through the stages of adoption and beyond Editors Virginia Brabender and April Fallon are clinical psychologists and also adoptive parents whose families are acquainted with both the uncertainty and joy of adoption In Working with Adoptive Parents they offer an in depth treatment of the distinctive needs feelings impulses expectations and conflicts that adoptive parents experience through the stages of adoption and beyond This volume offers a comprehensive picture of adoption through an exploration of the experiences and developmental processes of

the adoptive parent Featuring contributions from mental health professionals whose careers have focused on work with families through the adoption process this unique book Covers the theory research and practice of adoptive parenting throughout the life cycle Explores the issues unique to the adoptive mother and adoptive father as they traverse the stages of parenting Offers a close look at families with special needs children Acknowledges and explores the great diversity among adoptive families and the kinship networks in which they are embedded Examines attachment issues between adoptive parent and child Providing a framework for therapists to conceptualize their work with adoptive parents Working with Adoptive Parents clarifies and facilitates the journey that many of these families face *Mistrust* Salman Akhtar, 2018-03-26 Humans are weak Lacking the claws and thick skins of other animals we are forced to rely on members of our own species to survive and flourish in the world The fact that the human infant is born in an utterly helpless state also makes others protective care necessary Attachment bonding concern and mutuality thus become cornerstones of human existence Trust also enters this equation Originating in the early mother child relationship trust continues to grow get contextually refined tempered by reality testing and gain nuances throughout the subsequent adult life Its absence mistrust or malformation distrust contributes to psychopathology and is responsible for much intrapsychic distress and interpersonal strife Given its formative significance and its crucial role in the therapeutic process one is surprised by the paucity of psychoanalytic writings specifically devoted to the topic of trust and mistrust Few if any monographs on trust exist A collection of essays written specifically for this volume it deals with the ontogenesis psychopathology cultural vicissitudes and technical implications of trust and mistrust *Intimacy* Gurmeet Kanwal, Salman Akhtar, 2018-12-14 Intimacy Clinical Cultural Digital and Developmental Perspectives applies a contemporary psychoanalytic lens to the many facets of intimacy between people from romantic and sexual relationships to friendliness as well as the ways intimacy is mediated by new digital technologies Identifying commonalities and differences between a range of approaches including Classical Freudian attachment theory and interpersonal theory the book includes case studies that highlight how intimacy is framed in a variety of relationships It examines the line between privacy and intimacy as well as how intimacy changes at different stages of one's lifespan From the friends we have to the pets we own or the faith we follow a cross cultural perspective ensures that intimacy is conceived of as a broad essential element underlying all human relationships The intimacy between analyst and analysand is also examined This far reaching book will interest both practicing and training psychoanalysts and psychotherapists as well as those in related disciplines **Dincolo de adicția primară** Nina Savelle-Rocklin, Salman Akhtar, 2024 Scris de practicieni cu experiență în domeniul adicției și al psihanalizei cu o serie de vignete clinice emoționante această carte revoluționară examinează bazele psihologice ale adicției în ceea ce privește muncarea sexuală jocurile de noroc utilizarea internetului cumpărăturile și munca Pe lângă faptul că explorează rădăcinile comportamentului de adicție explicând de ce opțiunile populare de tratament cum ar fi programul n. 12 pot fi utile această carte oferă de asemenea perspective pentru rezoluții emoționale și strategii de schimbare

comportamental Dincolo de adic ia primar caut s n eleag mai degrab dec t s patologizeze comportamentele de dependen at t de r sp ndite n societ ile contemporane Va fi o lectur esen ial pentru psihanali ti psihoterapeu i i al i profesioni ti din domeniul s n t ii mentale precum i pentru clien ii lor Nina Savelle Rocklin PsyD este psihanalist specializat n tulbur ri de comportament alimentar Ea g zduie te un program de radio la LA Talk Radio i este prezent n mod constant la diverse conferin e n reviste i podcasturi inclusiv Psychology Today Real Simple The Dr Drew Podcast i multe altele Salman Akhtar MD este profesor de psihiatrie la Jefferson Medical College analist formator i supervizor la Centrul Psihanalitic din Philadelphia n anul 2012 a fost laureat al Premiului Sigourney pentru Contribu ii Deosebite n Domeniul Psihanalizei Editura trei a publicat mai multe titluri de ale sale printre care Sursele bucuriei Sursele suferin ei Frica Cercet rile care se concentreaz exclusiv asupra creierului ca surs principal a comportamentului ignor influen ele puternice ale min ii incon tiente precum i influen ele familiale sociale culturale i de alt natur care au un impact asupra creierului nostru Oamenii recurg la m ncare cu un motiv pentru confort pentru a i calma anxietatea i a i distrage aten ia de la g ndurile sup r toare sau dureroase pentru a dormi pentru a umple simbolic un gol sau pentru a se lini ti M ncatul este un mod de a gestiona st rile interne dificile Este modul n care mintea se protejeaz Nina Savelle Rocklin n ceea ce prive te adic ia de sex n sine mi se pare c a a cum se nt mpl adesea schimbat este doar ambalajul Oameni care consideram c prezint structuri ale dorin ei esen ial perverse i c sunt st p ni i de pulsuni sexuale uneori ntr o foarte mare m sur alteori mai pu in dec t se pretindea s au autointitulat i au fost diagnostica i ca dependen i de sex n contextul conversa iilor publice tot mai frecvente i a controverselor adesea tensionate cu privire la ceea ce este legitim i ilegal acceptabil i inacceptabil rezonabil i scandalos sau imoral n comportamentul sexual adic ia pare s fi devenit ca i trauma n ultimii ani o explica ie din ce n ce mai popular pentru conduite i evenimente ce pot fi lesne considerate deranjante sau sup r toare de c tre al ii Lawrence Jacobson PhD coautor The British National Bibliography Arthur James Wells,2003

Beyond the Primal Addiction Nina Savelle-Rocklin,Salman Akhtar,2019-03-05 Written by experienced practitioners in the fields of addiction and psychoanalysis and illustrated by a range of moving vignettes this groundbreaking book examines the psychological foundations of addiction in the areas of food sex gambling internet usage shopping and work This book not only explores the roots of addictive behavior explaining why popular treatment options such as the 12 Step Program often fail it also provides insights for emotional resolution and strategies for behavioral change Beyond the Primal Addiction seeks to understand rather than pathologize addictive behaviours now so pervasive in contemporary societies It will be essential reading for psychoanalysts psychotherapists and other mental health professionals as well as their clients **Besides Family** Salman Akhtar, April Fallon, Rama Rao Gogineni,2023-06-22 Collectively authored by psychoanalytic colleagues of multiple nationalities ages genders religious origins and meta theoretical persuasions Besides Family goes far beyond the usual orbit of parents and siblings Casting a wide net the contributors look at a number of key figures who may affect an individual s psychic development and functioning Each character receives a full chapter which highlights both the beneficial

and adverse possibilities within these relationships The book opens with a chapter on nannies tracing the centuries old history in the West and focusing on four renowned psychoanalysts Sigmund Freud Sandor Ferenczi John Bowlby and Wilfred Bion Next comes a discussion of neighbours using material from religious texts fiction and poetry This is followed by a chapter on childhood playmates and friends which examines the nature of friendship and how it develops across the lifespan School teachers come next using literature on teacher student relationships synthesised with psychoanalytic developmental theory Clergy is the next subject of discussion blending Judeo Christian religious customs with psychoanalytic developmental theory The developmental significance of adolescent peers is examined next using a blend of neurophysiology endocrine studies behavioral observations social cultural vectors and psychoanalytic insights A discussion of lovers and the myriad ways in which romantic relationships mirror early development is the penultimate chapter The book ends on the role of mentors and the evolution of the mentor mentee relationship taking into account the impact of age race and gender The authors integrate material from history anthropology sociology religion literature and film studies alongside vignettes from clinical practice and day to day life to bring theory to life This fascinating exploration is essential reading for practising clinicians and trainees to broaden their understanding of the impact of the wide network that surrounds us all

What Do Mothers Want? Sheila F. Brown, 2013-05-13 What do mothers want and need from their parenting partners their extended families their friends colleagues and communities And what can mental health professionals do to help them meet their daunting responsibilities in the contemporary world The talented contributors to What Do Mothers Want address these questions from perspectives that encompass differences in marital status parental status gender and sexual orientation Traversing the biological psychological cultural and economic dimensions of mothering they provide a compelling brief on the perplexing choices confronting mothers in the contemporary world Of course mothers most basically want their children to be safe and healthy But to this end they want and need many things caring partners intergenerational and community support a responsive workplace public services and opportunities to share their experiences with other mothers And they want their feelings and actions as mothers to be understood and accepted by those around them and by society at large The role of psychotherapy in reaching these latter goals is taken up by many of the contributors They reflect on the special psychological challenges of pregnancy birth and the arrival of a newborn into a couple s whether hetero or homosexual life and they address new venues of therapeutic assistance such as brief low cost therapy for at risk mothers and infants and group interventions to help couples grow into the new role of parental couples

The Mother and Her Child Salman Akhtar, 2011-12-16 The Mother and Her Child Clinical Aspects of Attachment Separation and Loss edited by Salman Akhtar focuses upon the formation of an individual s self in the crucible of the early mother child relationship Bringing together contributions from distinguished psychoanalysts and child observational researchers it elucidates the nuances of mothering the child s tie to the mother the mysteries of secure attachment and the hazards of insecure attachment These experts also

discuss issues of separation loss and alternate sources of love when the mother is absent or emotionally unavailable while highlighting the relevance of such ideas to the treatment of children and adults **Divorce** Salman Akhtar, 2016-12-07 **Divorce Emotional Impact and Therapeutic Interventions** offers a broad survey of psychodynamic observations on the antecedents and consequences of divorce In this volume distinguished clinical psychologists and psychoanalysts explore the emotional divorce that invariably precedes the one granted by a court and focus as well upon the emotional impact of the actual divorce upon the spouses children friends and family Examining a variety of modern families chapters address both short term and long term sequelae of divorce transgenerational reverberations and the occasional unsung benefits of divorce The concept of a good enough divorce further illustrates how the adverse effects of divorce can be kept at a minimum and the process itself can allow patients unexpected self reflection A valuable resource for clinicians **Divorce Emotional Impact and Therapeutic Interventions** demonstrates how therapists and patients can work through a divorce to yield deeper insights into the self greater tolerance of one s own limitations and lay the groundwork for contentment with a future partner

Medical Hypnosis Book - A Practitioner's Guide to Clinical Hypnotherapy Dr. Prof. Shaunak Ajinkya, Dr. Deepali Ajinkya , **Medical Hypnosis A Practitioner s Guide to Clinical Hypnotherapy** is a very comprehensive informative and clinically useful book for professionals as well as students Each chapter starts with an index of contents so that one can directly go to one s topic of interest It is supported by a large number of references which makes this book evidence based Most interesting is the chapter on Case Vignettes with session wise per verbatim descriptions of interactions with patients I congratulate both the authors for their hard work in bringing out this masterpiece and for their untiring contribution in this field of hypnosis DR PROF NILESH SHAH Professor Head Department of Psychiatry L T M Medical College and Sion Hospital Mumbai **Subject Guide to Books in Print** ,1991 **American Book Publishing Record** ,2003 **AUDHD and Expecting** Constantino Maria Porter, Discover the first comprehensive guide created specifically for mothers navigating pregnancy birth and early parenting with both autism and ADHD If you re an AUDHD mother feeling overwhelmed by traditional pregnancy advice that doesn t account for your unique brain this essential guide provides the understanding and practical strategies you ve been searching for From managing sensory overload during prenatal appointments to creating sustainable routines with your newborn every page addresses the real challenges you face Inside this complete mother s guide you ll find Pregnancy strategies that work with your AUDHD brain not against it managing morning sickness sensory sensitivities and executive function challenges during each trimester Birth preparation tailored for neurodivergent needs creating sensory friendly birth plans communication strategies for medical teams and advocacy tools for labor and delivery Postpartum survival techniques for the fourth trimester free fall navigating hormonal crashes sleep deprivation and building emergency support systems Feeding solutions for both you and baby addressing sensory aspects of breastfeeding executive function challenges with feeding schedules and managing your own nutrition Sleep and routine strategies that satisfy both

autism's need for predictability and ADHD's struggle with consistency co-regulation techniques and sustainable sleep approaches Building your support village differently communicating your needs finding neurodivergent parenting communities and advocating for accommodations First year milestone navigation with neurodivergent awareness managing healthcare appointments recognizing potential neurodivergent traits in your baby and maintaining your identity Redefining parenting success for AUDHD families recognizing your unique strengths healing from internalized ableism and creating sustainable approaches This guide offers validation practical tools and evidence based strategies from someone who understands that your different way of parenting isn't a problem to solve it's a strength to celebrate Each chapter includes real examples accommodation checklists communication scripts and crisis planning worksheets designed specifically for AUDHD mothers Stop trying to fit into neurotypical parenting molds Start building approaches that work with your brain's unique wiring and create the supportive understanding pregnancy and parenting experience you deserve Transform your AUDHD motherhood journey from surviving to thriving

Auditory-Verbal Therapy Warren Estabrooks, Karen MacIver-Lux, Ellen A. Rhoades, 2016-05-30 Auditory Verbal Therapy For Young Children with Hearing Loss and Their Families and the Practitioners Who Guide Them provides a comprehensive examination of auditory verbal therapy AVT from theory to evidence based practice Key features Detailed exploration of AVT including historical perspectives and current research that continue to drive clinical practice Essential use of hearing aids cochlear implants and other implantable devices and additional hearing technologies in AVT Goals of the AV practitioner and strategies used in AVT to develop listening talking and thinking Effective parent coaching strategies in AVT Blueprint of the AVT session Step by step AVT session plans for infants toddlers preschoolers and early school age children Critical partnerships of the family and the AV practitioner with the audiologist speech language pathologist physical therapist occupational therapist hearing resource teacher and psychologist Families Journeys in AVT from 12 countries around the world In AVT parents and caregivers become actively engaged as their child's first and most enduring teachers Following an evidence based framework Auditory Verbal Therapy For Young Children with Hearing Loss and Their Families and the Practitioners Who Guide Them demonstrates how AV practitioners work in tandem with the family to integrate listening and spoken language into the child's everyday life The book concludes with personal family stories of hope inspiration and encouragement written by parents from twelve countries across the world who have experienced the desired outcomes for their children following AVT This book is relevant to AVT practitioners administrators teachers of children with hearing loss special educators audiologists speech language pathologists psychologists surgeons primary care physicians and parents

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