

IRMA

Addictions

Circles of Recovery

Self-Help Organizations
for Addictions

Keith Humphreys

Circles Of Recovery Self Help Organizations For Addictions

Irving B. Weiner, W. Edward Craighead



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Circles of Recovery Keith Humphreys, 2003-10-30 Self help organizations across the world such as Alcoholics Anonymous Croix D Or The Links Moderation Management Narcotics Anonymous and SMART Recovery have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol This book provides an integrative international review of research on these organizations focusing in particular on the critical questions of how they affect individual members and whether self help groups and formal health care systems can work together to combat substance abuse Keith Humphreys reviews over 500 studies into the efficacy of self help groups as an alternative and voluntary form of treatment In addition to offering a critical review of the international body of research in this area he provides practical strategies for how individual clinicians and treatment systems can interact with self help organizations in a way that improves outcomes for patients and for communities as a whole

The Corsini Encyclopedia of Psychology, Volume 4 Irving B. Weiner, W. Edward Craighead, 2010-01-19 Psychologists researchers teachers and students need complete and comprehensive information in the fields of psychology and behavioral science The Corsini Encyclopedia of Psychology Volume Four has been the reference of choice for almost three decades This indispensable resource is updated and expanded to include much new material It uniquely and effectively blends psychology and behavioral science The Fourth Edition features over 1 200 entries complete coverage of DSM disorders and a bibliography of over 10 000 citations Readers will benefit from up to date and authoritative coverage of every major area of psychology

The Treatment of Drinking Problems E. Jane Marshall, Keith Humphreys, David M. Ball, 2010-09-30 The Treatment of Drinking Problems has become the definitive text in the field of alcohol problems It addresses the frontline realities of clinical practice in an informed and empathetic way whilst grounding this approach in critical scientific review Now in its fifth edition the text has been thoroughly revised and updated with new sections covering interventions for hazardous and harmful drinking dependent drinking and the different settings in which alcohol problems are encountered Clinical vignettes are used throughout the text to bring the discussion to life and to address the frontline realities of clinical practice This is a highly readable and practical guide for anyone generalist or specialist treating or caring for someone with an alcohol problem

Recovery Groups Linda Farris Kurtz, 2015 In Recovery Groups A Guide to Creating Leading and Working with Groups for Addictions and Mental Health Conditions Linda Kurtz breaks down the recovery movement for addictions and mental health care into three sections

Addiction and Recovery in the UK Jeffrey D. Roth, David Best, 2013-09-13 Addiction and Recovery in the UK captures the essence of the emerging addictions recovery movement and in particular the emerging evidence base that had been gathered around the umbrella of the Recovery Academy UK The Recovery Academy was established with the aim of creating a forum for people in recovery practitioners commissioners and academics working together to describe and understand the principles of recovery as applied across the UK Following the first annual conference researchers who had been involved in academic research on

recovery and innovative services and activities that had been evaluated were invited to outline UK initiatives This book the result of their contributions is a vibrant collection of diverse theories and models critiques and innovations ranging from two linked papers describing the growing recovery movement in Edinburgh to a recovery walking group in Wales and a model for peer activities in the North of England The projects are typically community up projects whose essence has been captured within this book and which together paint a picture of vitality and growth in the UK recovery movement This book was originally published as a special issue of the Journal of Groups in Addiction and Recovery *Broadening the Base of Addiction Mutual Support Groups* Jeffrey Roth, William White, John Kelly, 2016-04-08 Mutual help groups have proliferated diversified and adapted to emerging substance related trends over the past 75 years and have been the focus of rigorous research for the past 30 years This book reviews the history of mutual support groups for addiction that have arisen as adjuncts or alternatives to Twelve Step Programs including secular mutual support groups like Secular Organization for Sobriety Smart Recovery and Women for Sobriety and faith based mutual support groups like Celebrate Recovery It also considers the mutual support groups attended by families and friends of addicts These mutual support groups are examined in terms of their histories theoretical underpinnings and intended communities The structures common in mutual support groups have influenced the rise of a new recovery advocacy movement and new recovery community institutions such as recovery ministries recovery community centers sober cafes sober sports clubs and recovery focused projects in music theatre and the arts This volume explores how collectively these trends reflect the cultural and political awakening of people in recovery and growing recognition and celebration of multiple pathways of long term addiction recovery This book was originally published as a special issue of the Journal of Groups in Addiction and Recovery **Recovery Monographs Volume II** William White, 2015-11-06 The addictions treatment field is reaching a tipping point that is revolutionizing the ways that behavioral health leaders think about people with alcohol and other drug problems and how services and systems are developed Recovery Management Recovery Oriented Systems of Care contains six monographs by renowned recovery advocate William L White and colleagues These monographs provide insight and analysis of the topics important to today's addiction counselors and recovery coaches recovery oriented systems of care recovery management peer based recovery services and treating addiction as a chronic condition that requires ongoing management *Handbook of Community Movements and Local Organizations* Ram A. Cnaan, Carl Milofsky, 2007-12-18 Although the way associations and the organization of local social life are intertwined is one of the oldest approaches to community study the way citizens and residents come together informally to act and solve problems has rarely been a primary focus Associations are central to important and developing areas of social theory and social action This handbook takes voluntary associations as the starting point for making sense of communities It offers a new perspective on voluntary organizations and gives an integrated yet diverse theoretical understanding of this important aspect of community life **Eating Disorders, Addictions and**

Substance Use Disorders Timothy D. Brewerton, Amy Baker Dennis, 2014-07-08 Eating disorders addictions and substance use disorders are each challenging in their own right but they also commonly co occur causing major challenges for clinicians This book presents cutting edge research on the overlap of these complex disorders and reviews integrative assessment strategies and treatment approaches including enhanced cognitive behavioral therapy dialectical behavior therapy abstinence approaches motivational enhancement mindfulness meditation and pharmacotherapy The issue of whether eating disordered behaviors such as dieting binge eating and excessive exercise are merely other forms of addictive behavior is examined The authors argue both for and against the concept of food addiction in research clinical treatment and public policy The book will be of interest to psychiatrists addiction medicine physicians mental health substance abuse clinicians dieticians researchers and those affected by the disorders

Research on Alcoholics Anonymous and Spirituality in Addiction Recovery Marc Galanter, Lee Anne Kaskutas, 2008-12-05 It was once taken for granted that peer assisted groups such as Alcoholics Anonymous had no real value in recovery from addiction More recently evidence based medicine is recognizing a spiritual component in healing especially when it comes to addiction The newest edition of Recent Developments in Alcoholism reflects this change by focusing on the 12 step model of recovery as well as mindfulness meditation and other spiritually oriented activity More than thirty contributors bring together historical background research findings and clinical wisdom to analyze the compatibility of professional treatment and nonprofessional support day to day concepts of relapse prevention the value of community building in recovery and much more Among the topics covered 1 How and why 12 step groups work 2 The impact of the spiritual on mainstream treatment 3 The impact of AA on other nonprofessional recovery programs 4 AA outcomes for special populations 5 Facilitating involvement in 12 step programs 6 Methods for measuring religiousness and spirituality in alcohol research Whether one is referring clients to 12 step programs or seeking to better understand the process this is a unique resource for clinicians and social workers Developmental psychologists too will find Volume 18 Research on Alcoholics Anonymous and Spirituality in Addiction Recovery a worthy successor to the series

Psychologists' Desk Reference Gerald P. Koocher, John C. Norcross, Sam S. Hill III, 2004-11-18 Here is the revised and expanded edition of the indispensable companion for every mental health practitioner Improved over the first edition by input and feedback from clinicians and program directors the Psychologists Desk Reference Second Edition presents an even larger variety of information required in daily practice in one easy to use resource Covering the entire spectrum of practice issues from diagnostic codes practice guidelines treatment principles and report checklists to insight and advice from today's most respected clinicians this peerless reference gives fingertip access to the entire range of current knowledge Intended for use by all mental health professionals the Desk Reference covers assessment and diagnosis testing and psychometrics treatment and psychotherapy ethical and legal issues practice management and insurance and professional resources Chapters have been clearly written by master clinicians and include easy to read checklists and tables

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Handbook of Social Work with Groups, Second Edition Charles D. Garvin,Lorraine M. Gutierrez, Maeda J. Galinsky, 2017-06-27 Revised edition of

Handbook of social work with groups 2006 **Addiction Recovery Management** John F. Kelly, William L.

White, 2014-07-08 Addiction Recovery Management Theory Research and Practice is the first book on the recovery management approach to addiction treatment and post treatment support services Distinctive in combining theory research and practice within the same text this ground breaking title includes authors who are the major theoreticians researchers systems administrators clinicians and recovery advocates who have developed the model State of the art and the definitive text on the topic Addiction Recovery Management Theory Research and Practice is mandatory reading for clinicians and all professionals who work with patients in recovery or who are interested in the field Recovery Monographs Volume I

William L. White, 2015-09-16 The addictions treatment field is reaching a tipping point that is revolutionizing the ways that behavioral health leaders think about people with alcohol and other drug problems and how services and systems are developed Recovery Management Recovery Oriented Systems of Care contains six monographs by renowned recovery advocate William L. White and colleagues These monographs provide insight and analysis of the topics important to today's addiction counselors and recovery coaches recovery oriented systems of care recovery management peer based recovery services and treating addiction as a chronic condition that requires ongoing management

Social Work Practice in the Addictions Michael G. Vaughn, Brian E. Perron, 2012-12-09 Social workers represent the largest body of addiction and mental health service providers and there is a consistent need for up to date information Social Work Practice in the Addictions is a comprehensive evidence based volume Contributing authors of this volume have been carefully selected to ensure representation of the leading social work addiction researchers Additionally researchers from other allied fields including psychiatry psychology and public health will also be involved to ensure a strong interdisciplinary perspective Unlike other texts on addiction this book incorporates ideas of social justice practice with diverse communities and ethics to represent the entire knowledge base of social work

Evidence-Based Adjunctive Treatments William

O'Donohue, Nicholas A. Cummings, 2011-04-28 Adjunctive treatments in which patients are provided additional modalities that can assist in their behavior change or the maintenance of their behavior change i.e. telehealth psychoeducation

consumer driven treatment planning have a useful role in addressing problems that can't be solved by face to face meetings

The adjunctive therapies covered in this book are all based on improving patient's self management of their problems or the factors that exacerbate their problems. The book is broadly organized into two sections. The first gives a broad overview of the major adjunctive modalities and the second concentrates on a systematic description of their role in the treatment of a number of special populations while providing practical suggestions for the timing and coordination for the use of the adjunctive therapies discussed in the book.

Mental Health Self-Help Louis D. Brown, Scott Wituk, 2010-08-05 Building on earlier patient empowerment movements, consumer and advocate driven mental health self help (MHSH) initiatives currently outnumber traditional mental health organizations. At the same time, this apparent success raises significant questions about their short term efficacy and their value to lasting recovery. *Mental Health Self Help* assembles the state of the evidence on the effectiveness of MHSH, beginning with the individual and larger social factors behind the expansion of consumer directed services. Clearly organized and accessibly written, the book traces the development and evolution of MHSH as both alternative and adjunct to traditional mental health structures, offers research based perspectives on the various forms of MHSH, and identifies potential areas for consumer initiatives to work with and help improve mental health systems. Contributors weigh strengths and limitations, raise research and methodology questions, and discuss funding and training issues to give readers a deeper understanding of the field and an informed look at its future impact on mental health treatment. Individual chapters cover the spectrum of contemporary self help initiatives in mental health, including Online mutual aid groups, Consumer run drop in centers, Family and caregiver groups, Certified peer support specialists, Consumer advocacy initiatives, Technical assistance organizations, Professional self help collaborations. *Mental Health Self Help* is a bedrock guide to an increasingly influential aspect of the mental health landscape. Researchers studying these initiatives from a variety of fields, including community and clinical psychology and public health, as well as clinicians, counselors, social workers, case managers, and policymakers will find it an indispensable reference.

Treating Opioid Addiction John F. Kelly, Sarah E. Wakeman, 2019-07-15 This book addresses opioids and opioid use disorders from epidemiological, clinical, and public health perspectives. It covers detailed information on the nature of opioids, their effects on the human body, and brain prevention and treatment of opioid addiction. Unlike other texts, the first section of this volume builds a strong historical, neurobiological, and phenomenological foundation for a deep understanding of the topic and the patient. The second section addresses the most challenging issues clinicians face, including pharmacological and psychosocial treatments, harm reduction, approaches, alternative approaches to pain management for the non specialist, and prescribing guidelines. *Treating Opioid Addiction* is a valuable resource for psychiatrists, psychologists, addiction medicine physicians, primary care physicians, drug addiction counselors, students, trainees, scholars, and public health officials interested in the effects and impact of opioids in the clinical and epidemiological context.

Spirituality and Psychiatry Chris Cook, Christopher C. H. Cook, Andrew Powell, Andrew Sims, 2009-06 This book explores the nature of spirituality, its relationship to religion, and the reasons for its

importance in clinical practice Different chapters focus on the key subspecialties of psychiatry including psychotherapy child and adolescent psychiatry intellectual disability psychiatry substance misuse psychiatry and old age psychiatry

Addiction Counseling Competencies ,2006

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