

What is the **EGO**?



The **ego** is a psychological concept in Freudian theory, representing the conscious and rational part of the mind.

It mediates between the primitive, instinctual urges of the id and the societal demands represented by the superego.

The **ego** seeks to balance instinctual desires with social norms, making decisions based on reality. It plays a crucial role in managing internal conflicts and adapting to the external environment.

Freud's structural model suggests that the ego is essential for maintaining psychological equilibrium and navigating the challenges of everyday life.

Drug Dependence Aspects Of Ego Function Aspects Of Ego Function

Terry C. Jones



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