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# Dropping Ashes On The Buddha The Teachings Of Zen Master Seung Sahn

**Jane Dobisz**



## **Dropping Ashes On The Buddha The Teachings Of Zen Master Seung Sahn:**

*Dropping Ashes on the Buddha* Stephen Mitchell, 2007-12-01 The classic guide for Zen students pursuing the true way Somebody comes into the Zen center with a lighted cigarette walks up to the Buddha statue blows smoke in its face and drops ashes on its lap You are standing there What can you do This is a problem that Zen Master Seung Sahn was fond of posing to his American students who attended his Zen centers *Dropping Ashes on the Buddha* is a delightful irreverent and often hilariously funny living record of the dialogue between Korean Zen Master Seung Sahn and his American students Consisting of dialogues stories formal Zen interviews Dharma speeches and letters using the Zen Master s actual words in spontaneous living interaction this book is a fresh presentation of the Zen teaching method of instant dialogue between Master and student which through the use of astonishment and paradox leads to an understanding of ultimate reality

*Dropping Ashes on the Buddha* Sungsan Tae Sönsa, 1976      **Only Don't Know** Zen Master Seung Sahn, 1999-04-06 Here is the inimitable Zen Master Seung Sahn up close and personal in selections from the correspondence that was one of his primary modes of teaching Seung Sahn received hundreds of letters per month each of which he answered personally and some of the best of which are included here His frank and funny style familiar to readers of *Dropping Ashes on the Buddha* is seen here in a most intimate form The beloved Zen master not only answers questions on Zen teaching and practice but applies an enlightened approach to problems with work relationships suffering and the teacher student relationship

**Principles of Zen Training for Educational Settings** Hugh Schuckman, 2024-10-31 This book provides insights into new developments and persistent traditions in Zen teacher training and education through the use of historical archival research and original interviews with living Zen Masters It argues that some contemporary Euro American social values of gender equality non discrimination rationality ecumenicism and democracy permeate not only the organizational aspects of the Kwan Um School of Zen case study but soteriological processes and goals of the training more widely Each chapter showcases the ways important facets of Zen education from meditation to curriculum development to school management have absorbed Euro American cultural and social ideals in both community and educational practices Giving dedicated scholarly attention and conceptualising new adaptations in transnational Zen communities it constitutes an important and timely addition to the literature and will appeal to researchers and scholars of religion and education Asian pedagogies contemporary Buddhism transnational Zen and Zen education      **Zen Master Who?** James Ishmael Ford, 2006-10-20

Surprisingly little has been written about how Zen came to North America *Zen Master Who* does that and much more Author James Ishmael Ford a renowned Zen master in two lineages traces the tradition s history in Asia looking at some of its most important figures the Buddha himself and the handful of Indian Chinese and Japanese masters who gave the Zen school its shape It also outlines the challenges that occurred as Zen became integrated into western consciousness and the state of Zen in North America today The author includes profiles of modern Zen teachers and institutions including D T Suzuki and Alan

Watts and such topics as the emergence of liberal Buddhism and Christians Jews and Zen This engaging accessible book is aimed at anyone interested in this tradition but who may not know how to start Most importantly it clarifies a great and ancient tradition for the contemporary seeker      **Zen Masters** Steven Heine,Dale Wright,2010-04-22 Extending their successful series of collections on Zen Buddhism Heine and Wright present a fifth volume on what may be the most important topic of all Zen Masters Following two volumes on Zen literature Zen Classics and The Zen Canon and two volumes on Zen practice The Koan and Zen Ritual they now propose a volume on the most significant product of the Zen tradition the Zen masters who have made this kind of Buddhism the most renowned in the world by emphasizing the role of eminent spiritual leaders and their function in establishing centers forging lineages and creating literature and art Zen masters in China and later in Korea and Japan were among the cultural leaders of their times Stories about their comportment and powers circulated widely throughout East Asia In this volume ten leading Zen scholars focus on the image of the Zen master as it has been projected over the last millennium by the classic literature of this tradition Each chapter looks at a single prominent master Authors assess the master s personality and charisma his reported behavior and comportment his relationships with teachers rivals and disciplines lines of transmission primary teachings the practices he emphasized sayings and catch phrases associated with him his historical and social context representations and icons and enduring influences      Wanting Enlightenment Is a Big Mistake Zen Master Seung Sahn,2006-08-08 A major figure in the transmission of Zen to the West Zen Master Seung Sahn was known for his powerful teaching style which was direct surprising and often humorous He taught that Zen is not about achieving a goal but about acting spontaneously from don t know mind It is from this before thinking nature he taught that true compassion and the desire to serve others naturally arises This collection of teaching stories talks and spontaneous dialogues with students offers readers a fresh and immediate encounter with one of the great Zen masters of the twentieth century      **Composting Our Karma** Barbara Rhodes,2024-12-10 Engaging teachings on the core Korean Zen practice of don t know mind that encourage us to cultivate and apply a clear mind improve our intuition feel naturally at ease and generate compassionate wisdom to face whatever arises Barbara Rhodes Zen Master Soeng Hyang offers the core Korean Zen teaching of don t know mind as an antidote to the over thinking overly stimulating modern world that is the cause of so much suffering In this collection of essays Rhodes shows us that there are ways we can work with or compost whatever we ve got in front of us digest it into energy that can get us through the rough times and cultivate a satisfying life Don t know mind Korean Zen s foremost teaching points to our clear enlightened mind before suffering arises based on concepts and judgments of like and dislike While simple it is a lifelong exercise with immediate benefits that get deeper with practice By applying don t know mind to meditation everyday existence and life s challenges readers will learn to work with their own mind s reactions to things trust their intuition perceive situations clearly and act with natural courage compassion and enthusiasm Rhodes offers fascinating insights from her professional life as a nurse her commitment to

engaged Buddhism her life experience as a member of the LGBTQ community her use of psychedelics on her spiritual path and more Readers will appreciate her down to earth wisdom compassion enthusiasm and faith in the power of this practice This book includes an afterword by Dae Bong Sunim a guiding teacher at Musangsa Monastery in Korea **Being with Dying** Joan Halifax,2024-07-09 Inspiring teachings personal stories and meditations for those near death and their caregivers by a respected Zen teacher who has worked with the dying for over 30 years Everyone who lives must inevitably face death Inspired by traditional Buddhist teachings and decades of work with the dying and their caregivers this landmark work on death and dying by beloved Buddhist teacher Joan Halifax is a source of wisdom for all those who are charged with a dying person s care facing their own death or wishing to explore and contemplate the transformative power of the dying process Relevant and powerful for people of all backgrounds her teachings affirm that all of us can open and contact our inner strength even in the face of death and that we can help others who are suffering to do the same Halifax observes that millions will have to deal with the loss of parents and loved ones and that we are largely unprepared emotionally for their deaths She presents the notion that the process of dying is a rite of passage Halifax offers stories from her personal experience as well as guided exercises and contemplations to help readers contemplate death without fear develop a commitment to helping others and transform suffering and resistance into courage Topics and exercises include Learning to see death as a rite of passage The guiding principles of bearing witness and how self awareness can help us to relate more fully with others How to take care of ourselves when we re taking care of others Contemplation on the universality of death How to transform pain and fear with lovingkindness Coupled with a new foreword by Frank Ostaseski a leader in the field of death and dying palliative care the guidance and experiences represented in **Being with Dying** are invaluable in supporting and instilling peace as the journey of life unfolds and inevitably reaches not only an end but also a new beginning **The Christ and the Bodhisattva** Donald S. Lopez,Steven C. Rockefeller,1987-01-01 In this book the authors explore and reconsider the contemporary significance of the Christ and the Bodhisattva The volume includes essays by three eminent Christian theologians Langdon Gilkey Brother David Steindl Rast and Ann Belford Ulanov that explore the significance of the Christ from the perspectives of the Roman Catholic contemplative tradition modern depth psychology and liberal Protestantism Drawing on information previously unavailable in English three distinguished scholars of Buddhism Robert Thurman Luis Gomez and His Holiness the Dalai Lama investigate the significance of the Bodhisattva in India East Asian and Tibet A substantive introduction sets the historical background for the Christ in Christianity and the Bodhisattva in Buddhism Contributors essays enhance our understanding of current presuppositions problems and prospects for the Buddhist Christian dialogue One Hundred Days of Solitude Jane Dobisz,2007-12-26 Inspired by her Korean Zen master s discipline of long solitary retreats Jane Dobisz strikes out to a lone cabin in the countryside of New England armed with nothing but determination modest food supplies and an intensely regimented daily practice schedule The unfolding story of her

experience is threaded through with Zen teachings and striking insights into the miracles and foibles of the human mind when left to its own devices with little distraction at hand Both entertaining and inspiring 100 Days of Solitude offers a poignant testament to the benefits that reflection and retreat of any duration bring to our lives Minority Religions and Fraud Amanda van Eck Duymaer van Twist,2016-04-22 Analysing both fraud and religion as social constructs with different functions and meanings attributed to them this book raises issues that are central to debates about the limits of religious toleration in diverse societies and the possible harm as well as benefits that religious organisations can visit upon society and individuals There has already been a lively debate concerning the structural context in which abuse especially sexual abuse can be perpetrated within religion Contributors to the volume proceed from the premise that similar arguments about ways in which structure and power may be conducive to abuse can be made about fraud and deception Both can contribute to abuse yet they are often less easily demonstrated and proven hence less easily prosecuted With a focus on minority religions the book offers a comparative overview of the concept of religious fraud by bringing together analyses of different types of fraud or deception financial bio medical emotional breach of trust and consent Contributors examine whether fraud is necessarily intentional or whether that is in the eye of the beholder certain structures may be more conducive to fraud followers willingly participate in it The volume includes some chapters focused on non Western beliefs Juju Occult Economies Dharma Lineage which have travelled to the West and can be found in North American and European metropolitan areas

**A Tapestry of Faiths** Winfried Corduan,2009-06-01 Christians find themselves in an increasingly diverse world The new place of worship in our neighborhood might just as likely be a Hindu temple or a Muslim mosque as a church or a synagogue How should we view other world religions and more important how should we engage our religiously oriented neighbors in conversation Do all religions teach the same thing Or are there significant differences Do we try to minimize differences and just get along Or do we hold out the Christian faith as the one true hope for all the world Drawing on his wide experience and knowledge of other religions and how they are actually lived Winfried Corduan helps us sort through the complex tapestry of faiths around the globe He contends that there are common threads of understanding that can serve to link us in meaningful discussion From these common threads we can go on to explore genuine differences Through the course of the book Corduan leads readers to explore the important issues of revelation and truth morality and guilt grace and redemption eschatology and hope Ultimately Jesus Christ he argues stands unique among religious figures and Christianity unique among the world's religions This is a book that strengthens Christians in their convictions while encouraging them to engage their neighbors with humility loved and discernment One Monk, Many Masters Paul Breiter,2017-09-05 In 1969 Paul Breiter was among the throngs of disaffected youth who traveled to the exotic East seeking to escape the cultural and spiritual upheavals at home He traveled first to India thinking that indulging the senses would be his means of finding God Instead he found himself at a monastery in Thailand taking the precepts of a Buddhist monk He would spend the next seven years in robes not

indulging the senses but depriving them One Monk Many Masters The Wanderings of a Simple Buddhist Traveler is an account of Breiter s life as a monk and his ongoing search for enlightenment after leaving the monastic robes Breiter s spiritual wanderings weave through the Theravada Zen and Tibetan Buddhist traditions under such great teachers as Ajahn Chah Ajahn Sumedho Kobun Chino Lama Gonpo and the 16th Karmapa Breiter relates his journey with self effacing modesty His knack for unadorned observation takes the reader on a worthwhile trek through modern Buddhism as journeyed by a Western layman turned monk and back again Sakula Mary Reinard Spiritual Director Portland Friends of the Dharma Breiter s experience with Buddhist teachers expressed in this book with honesty and insight is a pleasure to read The Dharma emerges throughout his memories as a sincere gift and a teaching for all who are fortunate to read it Angie Zuiko Enji Boissevain

**Zen Koans, Paradoxical Awakening** Norman McClelland,2021-04-25 What comes to mind when you hear the word koan You probably know koans as paradoxes and you may believe that they are therefore illogical or intellectually inscrutable and therefore not useful to the average person Zen Koans Paradoxical Awakenings is the tool you need to correct your perceptions of koans and become aware of the benefits of koan practice Embracing the paradox of the koan can give deeper meaning to life as well as leading to the Buddhist awakening to your real non dual nature With an experienced Zen teacher as your guide you can enter more deeply into the three essentials of Zen great faith great doubt and great determination

Power Misses II David E. James,2020-10-27 Like David James earlier collection of essays Power Misses Essays Across Un Popular Culture 1996 the present volume Power Misses II Cinema Asian and Modern is concerned with popular cultural activity that propose alternatives and opposition to capitalist media Now with a wider frame of reference it moves globally from west to east beginning with films made during the Korean Democracy Movement and then turning to socialist realism in China and Taiwan and to Asian American film and poetry in Los Angeles Several other avant garde film movements in L A created communities resistant to the culture industries centered there as did elements in the classic New York avant garde here instanced in the work of Ken Jacobs and Andy Warhol The final chapter concerns little known films about communal agriculture in the Nottinghamshire village of Laxton the only one where the medieval open field system never suffered enclosure This survival of the commons anticipated resistance to the extreme and catastrophic forms of privatization monetization and theft of the public commonweal in the advanced form of capitalism we know as neoliberalism

Im Kwon-taek David E. James,Kyung Hyun Kim,2002 This collection of ten essays written about Im Kwon Taek better known as the father of New Korean cinema takes a critical look at the situations of filmmakers in South Korea

**Blessed Relief** Gordan Peerman,2012-03-20 A thoughtful down to earth look at helpful ways to lessen human suffering This book takes you on a lively sometimes light hearted journey through nine Buddhist practices that can bring blessed relief to a wide range of human suffering and teaches you skills to reduce suffering in the long term for yourself and others The practices help you Loosen the grip of suffering Engage and question limiting views thoughts and opinions Deconstruct ten

common assumptions Be present in each moment Survive emotional storms Develop peaceful communication skills Deepen communication with your partner Appreciate mortality and the preciousness of life Cultivate compassion As you read the chapters and engage in each practice you will work with your own stories of suffering stories in which you have felt abandoned deprived subjugated defective excluded or vulnerable and you will learn how to release yourself from suffering by investigating it with curiosity and kindness

**Come and Sit** Marcia Z. Nelson, 2013-05-09 The meditation experience demystified an essential guide to what goes on in meditation centers of many spiritual traditions Today's would be student of meditation is confronted with such a wealth of available traditions from which to learn that it can make the prospect intimidating Where should I start Which one should I try Come and Sit is the perfect companion to guide you on your way From Christian centering prayer to Sufi dhikr chanting the names of God to Zen Buddhist zazen formal silent meditation this book demystifies both the kinds of meditation practiced in different spiritual traditions and the places people go to do them and gives you a real feel for which method might suit you best Why do people meditate How might meditation affect my life What kinds of meditation are there What do people do in each meditation tradition Do I have to be a member of a specific religion to practice meditation Where should I start Meditator and journalist Marcia Z. Nelson addresses all of these questions as she takes you on visits to meditation centers of seven different types Christian Zen Insight Vipassana Tibetan Hindu Sufi and Jewish representing the wide range of spiritual traditions that can now be found throughout America She shows what a typical visit to each is like and talks to the teachers and the people who go there to discover how they got started why they keep going and what benefits they derive from the practice A list of further resources for in depth exploration of each tradition a directory of centers and a glossary of terms make this guide exactly what you need to start meditating Come and Sit is not only a handbook for the beginning meditator but also an excellent resource for anyone who wants to know more about the world's great meditation traditions

*Don't-Know Mind* Richard Shrobe, 2004-05-11 Don't know mind is our enlightened mind before ideas opinions or concepts arise to create suffering Practicing with don't know mind has long been a central concern of Korean Zen Here an American Zen master in the Korean lineage brings the teaching to life by using stories about the Chinese and Korean Zen masters as jumping off points for his own teaching Don't Know Mind is a clear direct and heartfelt presentation of Zen teaching applicable to anyone both for formal practice and for all the rest of life



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