



100 Ways

to Build Self-Esteem
and Teach Values

"The
best book on
self-esteem and
parenting that I know."
— Jack Canfield,
co-author of *Chicken
Soup for the Soul*



Diana Loomans with Julia Loomans
Foreword by Jack Canfield

100 Ways To Build Selfesteem And Teach Values

Diana Loomans



100 Ways To Build Selfesteem And Teach Values:

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